



www.211slo.org

2-1-1 is a non-emergency telephone number that connects individuals and families with information and community resources.

To get help, simply dial 2-1-1 to speak to a call specialist. If you are dialing from outside SLO County, the call center can be reached at (805) 549-8989 or toll-free at (800) 549-8989.

A program of



PO Box 14309
San Luis Obispo, CA 93406
(805) 541-1234
www.unitedwayslo.org

United Way of San Luis Obispo County provides these reference exports as a courtesy for community use. We make an effort to ensure information is up-to-date and accurate. If you would like to request an update to your organization's listing, please contact us at (805) 541-1234. Inclusion of an agency or program does not imply endorsement by United Way of San Luis Obispo County. For the most current resources or to receive further assistance from a live call specialist, please dial 2-1-1.

VETERAN'S HEALTHCARE SERVICES RESOURCE DIRECTORY

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Agency: 5 Cities Homeless Coalition

Description: Mobilizes resources, support, and hope for the homeless and those facing poverty. Programs include Information & Referral, Immediate Needs Assistance, Housing Funds Assistance, Klaproad Rapid-Rehousing, Medical Respite Care and Emergency Warming Center dependent on weather conditions.

Business Line: 805-574-1638

Address: Undisclosed, Arroyo Grande, CA 93420

Website: 5chc.org

Main Email: info@5chc.org

Program: Homeless Services

Description: Information & referral, immediate needs assistance, housing funds assistance, rapid-rehousing, medical respite care and a weather-dependent emergency warming center.

Main Email: info@5chc.org

Website: 5chc.org

Payment Option(s): No fee

Hours Of Operation: Open from 9:00 AM - 5:00 PM on weekdays.

Agency: Access Support Network

Description: The Access Support Network remains the sole community based, non-profit organization in San Luis Obispo and Monterey Counties that provides supportive services to residents living with HIV/AIDS and Hep C and their loved ones.

Business Line: 805-781-3660

Toll Free: 800-491-9141

Address: 1320 Nipomo Street, San Luis Obispo, CA 93401

Website: www.asn.org

Program: Living Positive

Description:	This program is specifically designed for HIV+ individuals, their partners and family members who want to take a proactive role in their health care. The goal is to help individuals maintain a high level of health and minimize the risk of further HIV transmission.
Eligibility:	Call for specific programs
Main Email:	dkilburn@asn.org
Toll Free:	800-491-9141
Website:	www.asn.org
Application Process:	HIV + or seeking to be tested for HIV
Documents required:	No information has been provided by Agency.
Hours Of Operation:	Mon-Thu 9am-5pm, Fri 9am-3pm

Agency: Achievement House, Inc.

Description:	Work services program for adults with developmental disabilities. Provides employment, vocational evaluation, work experience and rehabilitation counseling. Also provides in-home support including medical management, meal planning, shopping, banking and more.
Business Line:	805-543-9383
Mailing and More:	805-543-0412 Mailing Service Location
Address:	3003 Cuesta College Rd., San Luis Obispo, CA 93405
Website:	www.achievementhouse.org
Main Email:	contact@nciaffiliates.org

Program: Community Living Services

Office:	805-543-9383
Description:	AHI's Residential Program provides services to individuals who wish to live in the community and participate in all the activities our county has to offer.

Eligibility:	You must be at least 18 years old, have a mental or physical disability, have the desire to live independently and be enrolled in a fee-sponsoring agency such as the Tri-Counties Regional Center.
Fees:	Applicants may qualify for funding through the Tri-Counties Regional Center or Dept. of Rehabilitation.
Application Process:	Application form, referral information and personal interview. Call for more information.
Documents required:	No information has been provided by Agency.
Hours Of Operation:	Mon-Fri, 8 am - 4 pm

Agency: ACI Medical

Description:	A biomedical engineering firm engaged in the research, development, manufacture and sale of therapeutic products and technologies for individuals with varying degrees of limb- and life-threatening vascular conditions.
Business Line:	760-744-4400
Toll Free:	800-667-9451
Address:	1857 Diamond St., San Marcos, CA 92078
Website:	acimedical.com
Main Email:	info@acimedical.com

Program: ACI Medical

Description:	Biomedical engineering firm. Research, development, manufacture and sale of therapeutic products and technologies for individuals with varying degrees of limb- and life-threatening vascular conditions.
Main Email:	info@acimedical.com
Website:	http://acimedical.com/
Fees:	Costs for devices varies.
Application Process:	Call 1-888-453-4356, emailing info@acimedical.com or simply downloading & printing the PDF document available on website.
Documents required:	Rental Agreement. Doctor Completed prescription form.
Hours Of Operation:	Mon-Fri, 7am-5:30pm.

Agency: ActiveLink Lifestyles Inc. (Central Coast)

Description: ActiveLink Lifestyles Inc. provides a comprehensive line of personalized Safety Programs designed to enhance your lifestyle by triggering fast responses and minimizing suffering in the event of a fall or other incident in the home. Push Button Emergency Help.

Business Line: 805-929-6062

Toll Free: 866-407-6062

Hotline: 805-929-6062

Website: www.ActiveLinkLifestyles.com

Main Email: Mark@ActiveLinkLifestyles.com

Program: ActiveLink Lifeline Central Coast

Phone: 805-929-6062

Description: Local source for ResponseLINK, a national provider of Personal Emergency Response Services. Push button emergency help.

Eligibility: None.

Application Process: No information has been provided by Agency.

Documents required: No information has been provided by Agency.

Hours Of Operation: Business Office: Mon-Fri 9am-5pm
Monitoring Center: 24 hours per day
On-call: off-hours

Agency: Adaptive Driving Systems

Description: Specializes in vehicle modifications for persons with disabilities, seniors, handicapped individuals or persons who have any need for greater mobility. ADS specializes in the installation, repair, and service of all major mobility equipment products. We are certified with California Department of Rehabilitation, and are also members of N.M.E.D.A., with a Q.A.P. Certification. At Adaptive Driving Systems we work with a variety of manufactures and product's to best fit your needs.

Business Line: 805-549-7996
Address: 3548 Empleo Street, San Luis Obispo, CA 93401
Website: <http://www.abilitycenter.com/locations/san-luis-obispo-ca/>

Program: Adaptive Driving Systems

Description: Specializes in vehicle modifications for persons with disabilities, seniors, handicapped individuals or persons who have any need for greater mobility.

Eligibility: Each customer will be evaluated on a case-by-case basis.

Application Process: No application

Documents required: No information has been provided by Agency.

Hours Of Operation: Mon-Fri Open 8 AM - 5 PM, Saturday By Appointment

Agency: Amazing Surf Adventures

Description: Amazing Surf Adventures develops community programs which utilize surfing, along with other activities, to help individuals change their perspective and overcome their personal challenges.

Offering options, providing information, and ongoing advice, recommendations, and support for alternative, healthy educational, and recreational options for those with disabilities and disenfranchisement.

Business Line: 805-544-7873

Address: 80 San Francisco Street, Avila Beach, CA 93424

Website: <http://amazingsurfadventures.org/>

Main Email: info@amazingsurfadventures.org

Program: Operation Surf/Operation Surf 4 Veterans

Description: Adaptive surfing for veterans and active duty military to overcome perceived limitations connected to their physical and psychological disabilities.

Eligibility:	Veteran
Main Email:	info@amazingsurfadventures.org
Website:	amazingsurfadventures.org
Application Process:	Contact Amazing Surf Adventures for application process.
Documents required:	DD214

Agency: American Red Cross - San Luis Obispo Chapter

Description:	Provides disaster services (either natural or man-made), facilitates communication between military personnel and their families, and trains people in first aid, CPR, lifeguarding and water safety.
Business Line:	805-543-0696
Toll Free:	800-951-5600
Address:	225 Prado Road, Unit A, San Luis Obispo, CA 93401
Website:	www.redcross.org/local/california/central-california

Program: American Red Cross - San Luis Obispo County Chapter

Description:	Provides disaster services (either natural or man-made), facilitates communication between military personnel and their families, and trains people in first aid, CPR, lifeguarding and water safety.
Website:	www.redcross.org/local/california/central-california
Fees:	No payment is requested or accepted for disaster services or services to military personnel and their families. Modest fees for health services classes. Class fees may be reduced or waived for those financially unable to pay.
Application Process:	In case of a disaster, referred by first responder (fire or police departments) or based on personal request.
Documents required:	Contact agency for details.
Hours Of Operation:	Mon-Thu, 10 AM - 3 PM

Agency: AmpSurf - Association of Amputee Surfers

Description: People with disabilities and their families experience adaptive surfing and other outdoor activities.

Business Line: 805-773-0302

Address: 340 Pomeroy Ave, Pismo Beach, CA 93449

Website: ampsurf.org

Main Email: boardmembers@ampsurf.org

Program: Learn to Surf Clinics

Description: People with disabilities, families experience adaptive surfing, outdoor activities.

Eligibility: People with disabilities (physical, developmental, etc.) and their families.

Main Email: boardmembers@ampsurf.org

Website: ampsurf.org

Fees: No fee, but there is a \$50 refundable deposit required.

Application Process: Form filled out on website.

Documents required: Signed liability waiver.

Hours Of Operation: Hours vary. Please email boardmembers@ampsurf.org or call 805-773-0302.

Clinics held during surf season, typically May- September. There is always a memorial paddle out on 9/11 that is open to everyone.

Agency: Arroyo Grande Community Hospital

Description: Arroyo Grande Community Hospital is a full service, general, acute care, medical-surgical facility; this 67 bed hospital serves residents in southern San Luis Obispo County and northern Santa Barbara County.

Business Line: 805-489-4261

Billing Information: 1-888-488-7667

Address: 345 South Halcyon Road, Arroyo Grande, CA 93420

Website: <http://www.dignityhealth.org/arroyo-grande/>

Hospital Admitting: 805-489-7640
Hospital Emergency Room Admitting: 805-489-4261 Ext 4199
Medical Records: 805-489-4261 ext. 4288
Medical Records Fax: 805-473-7683

Program: Arroyo Grande Community Hospital

Description: Arroyo Grande Community Hospital is a full service, general, acute care, medical-surgical facility; this 67 bed hospital serves residents in southern San Luis Obispo County and northern Santa Barbara County.
Eligibility: No eligibility requirements.
Website: <http://www.dignityhealth.org/arroyo-grande>
Fees: Varies based on service.
Hours Of Operation: Open 24 hours.

Program: Community Education

Balance And Fall Prevention: 805.739.3973
Description: Education programs to improve quality of life, manage symptoms, appropriate exercise, deal with fatigue, pain and isolation. Emotional, spiritual support. Support for loved ones, caregivers. Communicating effectively, on nutrition, depression management, appropriate use of medications.
 Balance and Fall Prevention Program, Healthier Living, Palliative Care, Zumba, and HeartSaver CPR/AED.
Healthier Living: 805.739.3578
Healthy For Life: 805.739.3366
Palliative Care: 805.739.3398
Zumba: 805-739-3578
Website: <http://www.dignityhealth.org/arroyo-grande/classes-and-events/community-education>

Hours Of Operation: Hours vary by program. Call for details.

Agency: Arthritis Foundation Central Coast

Description: The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

Business Line: 805-563-4685

Toll Free: 800-954-2873

Address: 2261 Las Positas Road, Santa Barbara, CA 93105

Website: www.arthritis.org

Main Email: jevans@arthritis.org

Program: Arthritis Resources

Description: Free literature and information; Youth and Family programs, medically-supervised summer camps for children with arthritis, national Juvenile Arthritis Conference; Patient educational seminars and lecture. Search the Arthritis Foundation website's resource finder to locate services in your area. Order free brochures online or by calling 800.283.7800.

Eligibility: Entire public.

Main Email: jevans@arthritis.org

Website: www.arthritis.org/california

Fees: No fee.

Payment Option(s): No fee

Application Process: Call for information or visit www.arthritis.org for online English resources. Para Español visite www.arthritis.org/espanol.

Documents required: None.

Hours Of Operation: Mon-Fri, 9am-5pm.

Agency: Balance Treatment Center

Description: Intensive Outpatient Program for adolescents and adults for mental health. Parent support groups and multi-family groups.

Business Line: 805-548-2200
Toll Free: (855) 414-8100
Address: 1551 Bishop St., Building A, Suite 103, San Luis Obispo, CA 93401
Website: <http://www.balancetreatment.com>
Main Email: tim@balancetreatment.com

Program: Intensive Outpatient Program

Description: Intensive Outpatient Programs (IOPs) treatment, aftercare following inpatient or partial hospitalization or an option for those who find that individual psychotherapy alone is not an adequate source of support for addressing their concerns. Work with people who suffer from a broad range of mental health struggles such as depression, bipolar disorder, anxiety disorders, posttraumatic stress disorder, gender and sexual identity issues, oppositional defiance, and comorbid substance abuse challenges.

Eligibility: Adolescents age 12-17 and adults 18+.

Toll Free: (855) 414-8100

Website: www.balancetreatment.com

Fees: Fees vary. Call for more information. Some Insurance accepted.

Hours Of Operation: Mon-Fri, 10am-5pm.

Agency: Behavioral Health Services

Description: San Luis Obispo County Mental Health Services provides a wide range of treatment options for adults and youth, including outpatients, crisis, and inpatient services as needed. Services are available 24/7. Our services are recovery based. Our focus is to help adults and youth learn to manage severe mental illnesses, accomplish individual goals, and to function effectively in their daily lives. We believe that recovery is possible and work to reduce stigma often associated with mental illness. Our primary mission is to serve those who are Medi-Cal eligible or who otherwise have limited resources for treatment.

Toll Free: 800-838-1381

Address: 2178 Johnson Avenue, San Luis Obispo, CA 93401

Website: www.slocounty.ca.gov/health/mentalhealthservices

Main Email: jhamm@co.slo.ca.us

Program: Veterans Outreach

Description:	San Luis Obispo County Veterans Outreach coordinates free physical activities for those who served or currently serving in the military and their families. Informs participants about community mental health resources available.
Eligibility:	Open to persons who served or are currently serving in the military and their families.
Main Email:	ggranados@co.slo.ca.us
Website:	http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Prevention-Outreach/Services/Veterans-Outreach-Program.aspx
Fees:	None.
Application Process:	None.
Documents required:	DD214
Hours Of Operation:	Monday through Friday 9 am - 5 pm. Activities are scheduled at various times, please call to verify dates and times.

Agency: Braille Institute

Description:	Santa Barbara Braille Institute provides assistance to visually impaired people in tri-counties. Free services, Mobile Solutions program, Low Vision Specialist, help you find magnifying device. Lend free books on tape, can provide a talking watch, large print calendars or a 20/20 pen.
Business Line:	805-682-6222
Address:	2031 De La Vina Street, Santa Barbara, CA 93105
Website:	www.brailleinstitute.org/santabarbara.html
Main Email:	sb@brailleinstitute.org

Program: Mobile Solutions

Description:	If your glasses cannot correct your vision, Free services, Mobile Solutions program, Low Vision Specialist, help you find magnifying
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device. Lend free books on tape, can provide a talking watch, large print calendars or a 20/20 pen.

Eligibility:	A referral from your eye specialist is helpful, but not mandatory.
Fees:	No Fee.
Payment Option(s):	No fee
Application Process:	None.
Documents required:	None.
Hours Of Operation:	Mon-Fri, 8:30am-5pm. Call for appointment.

Agency: Cal Poly State University

Description:	California Polytechnic State University is a public university in San Luis Obispo, CA.
Business Line:	805-756-1111
Address:	California Polytechnic State University, 1 Grand Avenue, San Luis Obispo, CA 93407
Website:	www.calpoly.edu
Main Email:	admissions@calpoly.edu

Program: Cal Poly Campus Health & Wellbeing

Pharmacy:	(805) 756-5260
Description:	As a result of registering and paying fees, all Cal Poly students are entitled to outpatient medical services at no additional charge. These services include: Primary Physician and Nursing Care Routine Laboratory Tests Routine X-ray Procedures Men's/Women's Health Care Health Education Programs in Nutrition, Alcohol & Drug Awareness, Sexuality & Lifestyle Wellness The Following are Available for an Additional Charge: Pharmacy Items (Prescription & Over-the-Counter Items)

Certain Lab Tests when Specimens are Sent Off Campus for Processing
 (i.e. Chem Panel, Pap)

Immunizations

Orthopedic Supplies

Required Physical Examinations

- Eligibility:** Currently enrolled Cal Poly students are eligible for Campus Health & Wellbeing Services on this campus; basic health services are also available at other CSU campuses for currently enrolled students.
- Main Email:** health-counseling@calpoly.edu
- Website:** <http://hcs.calpoly.edu/>
- Payment Option(s):** Fees vary
- Application Process:** No application.
- Documents required:** None
- Hours Of Operation:** 8 am - 4:30 pm on Mon, Tues, Thur, Fri
 9 am - 4:30 pm on Wed

Program: Cal Poly Counseling Services

Description: Cal Poly Counseling Services offers hands-on workshops; individual, couples and group therapy; crisis intervention; consultations with parents, faculty, staff; and mental health trainings. For students who want to talk about anxiety, poor academic performance, traumatic experiences, suicidal thoughts, substance use, or anything else that might be going on for them.

- Eligibility:**
- Currently enrolled Cal Poly students (graduate and undergraduate).
 - Students who have chosen not to enroll for Summer Quarter, but were registered in the - previous Spring Quarter and are registered for the following Fall Quarter.
 - For couples counseling, all partners must be currently enrolled Cal Poly students.

- TDD - Counseling Services:** 805-756-2513
- Hotline:** 805-756-2511 Option 2
- Website:** <http://hcs.calpoly.edu/counseling>
- Fees:** Free and confidential for students.
- Payment Option(s):** No fee

Application Process:	Appointment required. Unless crisis. Refer to “getting started” section on website or call for details.
Documents required:	No information has been provided by Agency.
Hours Of Operation:	Mon - Fri 8 AM - 4:30 PM

Program: Peers Understanding Listening Supporting Educating

Description:	Peers Understanding Listening Supporting Educating (PULSE) is a Peer Health Education program that supports the health and wellbeing of all Cal Poly students. Peer Health Educators disseminate information through private one-on-one consultations and informative group presentations to the Cal Poly community in the areas of Sexual Wellbeing, Mental Wellbeing, Nutrition, and Alcohol & Drug Education.
Eligibility:	Cal Poly students
Main Email:	pulse@calpoly.edu
Website:	http://www.pulse.calpoly.edu
Fees:	No fees.
Application Process:	Call for more information
Documents required:	Cal Poly ID
Hours Of Operation:	Hours: Mon., Tues., Thurs., Fri. 8:00 a.m. - 4:30 p.m. Wed. 9:00 a.m. - 4:30 p.m. Summer hours: Monday - Friday 9:00 a.m. - 4:00 p.m. Closed 12 Noon - 1:00 p.m.

Program: San Luis Obispo Counseling Service at Cal Poly

Description:	The San Luis Obispo Counseling Service at Cal Poly offers short-term counseling and consultation for individuals, couples, child and family to San Luis Obispo County residents who do not qualify for County Mental Health Services or who cannot afford private psychotherapy. Services are provided by graduate students pursuing the Master of Science Degree in Psychology and MFT license under supervision of licensed faculty. This is NOT for crisis counseling or substance abuse counseling.
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Eligibility:	Open to San Luis Obispo County residents who do not qualify for County Mental Health Services or who cannot afford private psychotherapy.
Website:	http://www.psyecd.calpoly.edu/community-programs/counseling-clinic
Fees:	Ability to pay/Sliding scale ranging from \$3 to \$15 per session.
Payment Option(s):	Sliding scale
Application Process:	Appointment required. No walk ins. Fill out questionnaire at appointment & therapist will call back for first appointment. Call 805-756-1532.
Documents required:	No information has been provided by Agency.
Hours Of Operation:	Follows University's academic holiday calendar. Mon- Fri Open-9:00AM; Closed-7:00 PM

Agency: California Partnership to End Domestic Violence

Description:	Provides referrals to assist survivors of domestic violence in California.
Business Line:	916-444-7163
Hotline:	1-800-524-4765
Address:	1107 9th St., Ste. 910, Sacramento, CA 95814
Website:	www.thehotline.org
Main Email:	info@cpedv.org

Program: National Domestic Violence Hotline

Video Phone:	855-812-1001
Description:	Domestic Violence Hotline
Toll Free:	1-800-799-7233
Website:	http://www.thehotline.org/
Payment Option(s):	No fee
Hours Of Operation:	Available 24 hours per day.

Agency: Camp San Luis Obispo

Description: Camp San Luis Obispo training camp with field and garrison facilities. Provides operational, logistical support and training to civilian and military agencies. Heliport, warehouse complex, workshops, maintenance facilities, administrative buildings, chapels, service clubs, theaters, laundry and post exchange.

Business Line: (805) 594-6500

Address: 10 Sonoma Ave, San Luis Obispo, CA 93405

Website: <http://www.calguard.ca.gov/cslo/Pages/default.aspx>

Main Email: generalinfo@ca.ngb.army.mil

Program: Camp San Luis Obispo

PX: (805) 541-3285

Description: Camp San Luis Obispo training camp with field and garrison facilities. Provides operational, logistical support and training to civilian and military agencies. Heliport, warehouse complex, workshops, maintenance facilities, administrative buildings, chapels, service clubs, theaters, laundry and post exchange.

Eligibility: Active and Inactive Military. Civilians.

Main Email: generalinfo@ca.ngb.army.mil

Website: <http://www.calguard.ca.gov/cslo/Pages/default.aspx>

Hours Of Operation: Call for hours.

Agency: Cancer Support Community California Central Coast

Description: A local non-profit located in Templeton, CA supporting the needs of cancer patients and their families free of charge for non-medical and psychosocial needs.

Business Line: 805-238-4411

Address: 1051 Las Tablas Rd., Templeton, CA 93465

Website: <http://www.cscslo.org/>

Main Email: info@cscslo.org

Program: Doctor is In

Description:	Specialists present various lectures and dialogues of interest to cancer patients and their loved ones. Learning opportunities on various topics and means of recovery through activities.
Eligibility:	Anyone with cancer or affected by cancer, public is welcome too.
Main Email:	info@cscslo.org
Website:	http://www.cscslo.org
Fees:	No fees.
Payment Option(s):	No fee
Application Process:	RSVP is requested.
Documents required:	None.
Hours Of Operation:	Dates and times vary. Check Calendar on website or call for dates and times.

Program: Educational Seminars

Description:	Monthly presentations by doctors, nurses, researchers, and other professionals. Includes Q&A sessions.
Eligibility:	Those with cancer or affected by cancer, the public the welcome too.
Main Email:	info@cscslo.org
Website:	http://www.cscslo.org/
Fees:	No Fees.
Payment Option(s):	No fee
Application Process:	RSVP is requested.
Documents required:	None.
Hours Of Operation:	Hours vary - call or see website for details.

Agency: Catholic Charities

Description:	Catholic Charities provides specialized human services to the poor and disadvantaged, to promote justice, peace, human dignity, self-determination and self-sufficiency in accord with the Gospel Teachings, and to cooperate with other individuals and groups for goodwill to strengthen our communities.
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Business Line: 805-706-8565
Office: 805-541-9110
Address: 3592 Broad Street, Suite 104, San Luis Obispo, CA 93401
Website: catholiccharitiescentralcoast.org

Program: Family Supportive Services

Office: 805-541-9110
Description: Family Supportive Services offers two financial stability programs, a long term Pathway to Stability, and a short term Hope in Home. Programs include areas of in depth assessment, case management, direct financial aid for rent and/or utilities, financial education and referrals to community programs.
Eligibility: Call for phone consultation.
Main Email: cblanco@catholiccharitiescentralcoast.org
Website: www.CatholicCharitiesCentralCoast.org
Fees: None
Payment Option(s): No fee
Application Process: Call for an appointment
Documents required: No information has been provided by Agency.
Hours Of Operation: Mon-Fri 9:00 am - 5 pm. Please call for an appointment.

Agency: Central Coast Kidney Foundation

Description: A peer support group for patients and family members of pre-dialysis, dialysis, kidney and all other organ transplants.
Business Line: 805-464-0915
Address: 1344 Nipomo Street, San Luis Obispo, CA 93401
Website: http://www.centralcoastkidneyfoundation.org
Main Email: centralcoastkidney@gmail.com

Program: Kidney Foundation Support Group

Description:	A peer support group for patients and family members of pre-dialysis, dialysis, kidney and all other organ transplants.
Eligibility:	Transplant patients and their caregivers.
Website:	http://www.centralcoastkidneyfoundation.org
Fees:	No fees.
Payment Option(s):	No fee
Application Process:	None.
Documents required:	None.
Hours Of Operation:	Meets the 1st Saturday of each month from 9:30 a.m. -11:30 a.m. Call for more information. Sat: Open-9:30 AM; Closed-11:30 AM

Agency: Central Coast Veteran's Helping Veterans

Description:	Mentoring and advocacy to help veterans integrate back in to their community.
Business Line:	805-242-5575
Website:	http://www.ccvhv.com/
Main Email:	ccvetshelpingvets@gmail.com

Program: Mentor Program

Description:	Mentorship and advocacy for Veterans participating in Veteran's Treatment Court.
Eligibility:	Veterans participating in the Veterans Treatment Court or any veteran that needs assistance integrating back into the community.
Main Email:	ccvetshelpingvets@gmail.com
Website:	http://www.ccvhv.com
Fees:	None.

Payment Option(s): No fee
Application Process: Call for interview.
Documents required: Proof of service.

Agency: Coast Caregiver Resource Center

Description: Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, legal consultations, group or individual counseling, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments are also available.

Business Line: (805) 569-8950

Toll Free: 888-488-6555, ext. 14

Alyce Crawford: 805-534-9234 Family Consultant San Luis Obispo County

Address: 2415 De La Vina St., Santa Barbara, CA 93101

Website: www.coastcrc.org

Main Email: info@coastcrc.org

Program: Coast Caregiver Resource Center

Phone - Alyce Crawford - Services for San Luis Obispo County: 805-534-9234

Description: Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments also available.

Eligibility: Unpaid caregivers and adults with brain impairments. Services and eligibility vary according to grant funding.

Phone - Intake number: 805-962-3600 ext. 14

Main Email: info@coastcrc.org

Toll Free: 888-488-6555, x14

Website: www.coastcrc.org
Fees: Free.
Payment Option(s): No fee
Application Process: Call for intake.
Documents required: None.
Hours Of Operation: Mon-Thu 8:30 am-5 pm.

Agency: Community Action Partnership of San Luis Obispo County (CAPSLO)

Description: The Community Action Partnership of San Luis Obispo County is committed to eliminating the causes of poverty by empowering low-income individuals and families to achieve self-sufficiency through a wide array of community-based collaborations and programs.

Business Line: 805-544-4355

Address: 1030 Southwood Dr, San Luis Obispo, CA 93401

Website: www.capslo.org

Main Email: hotline@capslo.org

Program: Adult Wellness and Prevention Screening

TDD: 805-549-9219

Description: Adult Wellness and Prevention Screening program is a mobile health screening clinic out in the community that provides free preventative and maintenance health screening, education and referrals for adults over 50 years of age.

Eligibility: Men and women, ages 50 and over; no one turned away.

Main Email: hmurphy@capslo.org

Website: <http://www.capslo.org/programs/sec-health-services/adult-wellness-and-prevention-screening>

Payment Option(s): No fee

Hours Of Operation: Hours vary - call for details.

Program: Child Care Resource Connection

Description:	Assists parents in choosing a childcare provider. Offers education to child care providers. Helps low-income families to determine their eligibility for subsidized child care.
Eligibility:	No eligibility factors Child care referrals. Subsidized child care programs varied eligibility requirements. Call (805) 541-2272 to find out if you qualify for one of these programs.
Main Email:	hotline@capslo.org
Website:	http://www.capslo.org/programs/sec-cyf-services/menu-child-care-resource-connection
Fees:	No fee.
Payment Option(s):	No fee
Application Process:	Call, walk-in or referral by Department of Social Services.
Documents required:	If documents are required, that will be known after making contact with the office.
Hours Of Operation:	Mon-Fri, 8 am - 5 pm.

Program: Generation Next Teen Resource Center

Description:	Beginning August 2013: The Generation Next site offers a peer driven drop in resource and referral site for teens. We serve to meet teens and encourage them to overcome obstacles that may arise through connecting them with services. Other offerings include Life Skills classes, onsite service learning and leadership opportunities, computers, a coffee and snack area and a multitude of community partners serving youth.
Eligibility:	For youth ages 12-18 years
Website:	www.capslo.org or Generation Next Youth Leadership of Facebook
Fees:	None.
Payment Option(s):	No fee
Application Process:	None
Documents required:	None

Hours Of Operation: Mon - Fri 3:00 – 6:00 p.m.

Program: Liberty Tattoo Removal Program

Description:	Assists people with the removal of unwanted, anti-social and/or gang-related tattoos that inhibit employment or otherwise interfere with life. All clients need to be clean and sober.
Eligibility:	-Must be clean and sober -Must do the community work service or make a donation -Must have appropriate tattoos -Must live in SLO County
Main Email:	kjolicoeur@capslo.org
Website:	https://www.capslo.org/programs/sec-health-services/menu-lib-tat-removal
Fees:	Volunteer hours required. (Payment in lieu of volunteer hours on a case by case basis).
Payment Option(s):	No fee
Application Process:	Call office for application. Screening done on the phone for appropriateness to program. Do not accept parolees from Santa Maria.
Documents required:	Completed application, and signed community work service forms.
Hours Of Operation:	Hours vary, only open 32 hours per week.

Program: State Child Development Programs

TDD:	805-549-9219
Description:	Early childhood education, nutrition and health services for income-eligible children ages newborn to 5 years, as well as parent support, social services and child development services.
Eligibility:	Children newborn to 5 years may be enrolled. Need to qualify as low-income.
Website:	https://www.capslo.org/programs
Fees:	Depending on the program enrolled in, there may be no fees, or range from \$2.50 per day to \$7.50 per day.
Payment Option(s):	No fee

Application Process: Telephone main office or walk-in.
Documents required: Income/Health/Need Documentation.
Hours Of Operation: Main office, Mon-Fri 8 am - 5 pm.

Program: Supportive Services for Veteran Families (SSVF)

Description: Provides housing assistance and other basic needs to veterans and their families. Rapid re-housing, Homeless Prevention, and case management.

Eligibility: Be a Veteran (who served in the United States military who was discharged under conditions other than dishonorable), or member of a family which the head of household or the spouse of the head of household is a Veteran.

Annual income cannot exceed 50% of San Luis Obispo County area median income (AMI).

Be homeless or at imminent risk of becoming homeless.

Meet eligibility requirements.

Main Email: bellis@capslo.org

Website: <http://www.capslo.org/programs/ssvf>

Fees: No Fees.

Application Process: None.

Documents required: DD214.

Hours Of Operation: Monday through Friday from 8 am - 5 pm.

Program: Teen Academic Parenting Program (TAPP)

Description: Teen Academic Parenting Program (TAPP) advocates for of expectant and parenting teens and their children by providing: case management, parent support groups, and coordination of community resources to encourage self-sufficiency.

Eligibility: Females and males between 12 years and 21 years old.

Main Email: jbenham@capslo.org

Website: <http://www.capslo.org/programs/sec-health-services/menu-health-education/menu-tapp>

Payment Option(s): No fee

Application Process: Referral and appointment required. May be referred by the Public Health Department, Social Services Department, school or other entity.

Hours Of Operation: This program is in transition. Call 544-2484 for information regarding hours.

Monday and Thursday afternoons in San Luis Obispo, and Tuesday and Friday afternoons in Arroyo Grande.

Program: The Center for Health & Prevention Clinics

Health Services Arroyo Grande Clinic: 805-489-4026

Description: Comprehensive reproductive healthcare, including all forms of contraception, emergency contraception, pregnancy testing and counseling, reproductive health exams, testing and treatment of sexually transmitted infections, HIV testing and counseling, Hep C testing and counseling, screening for breast/cervical/testicular cancers and menopausal services. Teen peer-provided hours offered.

Eligibility: Teens, Women & Men up to age 64.

Fax- Health Services Arroyo Grande: 805-489-7013

Health Services San Luis Obispo: 805-544-2498

Fax - Health Services San Luis Obispo: 805-544-3649

TDD: 805-549-9219

Main Email: thecenter@capslo.org

Website: <http://www.capslo.org/programs/sec-health-services/the-center-for-health-and-prevention>

Fees: Accepts Medi-Cal, enrolls individuals in Medicaid's Family PACT and Cancer Detection programs. Private insurance not accepted. Sliding fee scale available.

Payment Option(s): No fee; Sliding scale; Accepts Medi-Cal; Donation requested

Application Process: Through program. Contact The Center for details.

Documents required: All information collected is self-report. Verification of income, immigration status, etc. not required.

Hours Of Operation: San Luis Obispo

Mon, Thu 8:30-6:00, Tues, Wed, Fri 8:30-5:30

Teen Clinic Hours Mon & Thurs 3-6 pm

Arroyo Grande

Mon, Wed, Thu, F 8:30-5:30

Teen Clinic Hours Tuesday 3-6pm and Friday 3-5:30

Agency: Community Counseling Center (CCC) of San Luis Obispo County, Inc.

Description: Community Counseling Center is a non-profit, community organization staffed by qualified, state-licensed, volunteer therapists or graduate level, supervised interns. To assist individuals and families during times of transition, confusion, depression or grief.

Business Line: 805-543-7969

Address: 1129 Marsh Street, San Luis Obispo, CA 93401

Website: www.cccslo.com

Main Email: director@cccslo.com

Program: Community Counseling Center

Description: Provide short term therapy to low-income, uninsured individuals, couples, families, teens, and children. For San Luis Obispo County residents whose circumstances are not appropriate for existing public mental health resources or who cannot afford private services.

Eligibility: Economically disadvantaged and under-insured residents of the Central Coast

Does not accept clients who are seeking court-ordered therapy, or address chronic mental health problems.

Website: www.cccslo.com

Fees: Sliding scale, Accepts Cencal. No insurance accepted.

Payment Option(s): Sliding scale; Accepts most insurance

Application Process: Call for appointment. Intake fees are \$15.

Documents required: No information has been provided by Agency.

Hours Of Operation: Mon-Fri 9am-5:30pm

Agency: Community Health Centers of the Central Coast (CHC)

Description: Community Health Centers of the Central Coast (CHC) is the largest non-profit network of health care providers on the Central Coast. With 29 licensed sites, clinics are located from San Miguel down the coast to Lompoc and as far east as New Cuyama. CHC provides access to quality, affordable medical, dental and behavioral services.

Toll Free: 866-614-4636

Toll Free - Transportation Information: 877-743-3242

Address: 150 Tejas Place, Nipomo, CA 93444

Website: www.communityhealthcenters.org

Main Email: smahr@chccc.org

Program: Community Health Centers of the Central Coast

Fax - CHC Dental - Nipomo (Corporate Headquarters): 805-931-2569

Description: Community Health Centers offer, fully accredited medical, dental and mental health services as well as health education and specialty services.

Eligibility: Varies by program.

Phone - CHC Nipomo (Corporate Headquarters): 805-929-3211

Phone - CHC Nipomo - Dental: 805-929-3254

Phone - Paso Robles CHC: 805-238-7250

Phone - Arroyo Grande CHC Fair Oaks: 805-270-1700

Toll Free: 877-743-3242

Fees: CHC's sliding fee scale offers discounts to individuals and families who qualify on the basis of limited income and/or family size. CHC accepts private pay, fully- or partially-insured, Medi-Cal and Medicare patients.

Payment Option(s): Accepts Medi-Cal; Accepts Medicare

Application Process: Vary by client.

Documents required: Varies. Photo ID, insurance card, Medi-cal or Medicare card.

Hours Of Operation: Varies by site. During hours when the clinics are closed, health care providers are readily available by telephone via 24-hour answering service to assist with emergency and critical care situations.

Agency: Dental Society, Central Coast

Description: Refers clients with special needs to local dentists in good standing who can provide the service. Offers a speaker's bureau, dental screening for schools, and peer review for complaints against dentists.

Business Line: (805) 544-1113

Address: Central Coast Dental Society, 1356 Marsh Street, San Luis Obispo, CA 93401

Website: www.centralcoastds.org

Main Email: CCDS@charter.net

Program: Dental Society - Central Coast

Description: Refers clients with special needs to local dentists in good standing who can provide the service. Offers a speaker's bureau, dental screening for schools, and peer review for complaints against dentists.

Eligibility: No requirements.

Main Email: CCDS@charter.net

Website: http://www.centralcoastds.org/

Fees: No fees.

Payment Option(s): No fee

Application Process: None.

Documents required: None.

Hours Of Operation: Mon-Thu 8:30 am- 5 pm.

Agency: Department of Rehabilitation

Description: The California Department of Rehabilitation (DOR) is an employment and independent living resource for people with disabilities.

Business Line: 805-549-3361

Address: 3220 Higuera St., Unit 102, San Luis Obispo, CA 93401

Website: www.rehab.cahwnet.gov

Main Email: Dor@ca.gov

Program: Department of Rehabilitation

Description: The California Department of Rehabilitation (DOR) works in Partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.

Eligibility: Have a physical or mental impairment that substantially impedes his or her ability to secure employment and VR services are required to prepare for, secure, retain, or regain employment consistent with the applicant's unique strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice. You must be able to benefit from the DOR services in terms of an employment outcome in an integrated setting.

Main Email: Dor@ca.gov

Website: dor.ca.gov

Fees: Must use similar benefits if available in the community. Some services can require share of cost depending on consumers' financial ability to pay.

Payment Option(s): No fee

Application Process: Contact local office to sign up for orientation. Anyone may apply on line at dor.ca.gov

Documents required: Must be a U.S. Citizen or national, or must have legal documentation to work in the U.S. Green cards are suitable.

Hours Of Operation: Mon-Fri 8 am - 5 pm.

Agency: Department of Social Services (DSS)

Description:

DSS partners with the community to enhance self-sufficiency while ensuring that safety and basic human needs are met for the people of San Luis Obispo County.

Business Line: (805) 781-1600

Hotline: (800) 838-1381

24-Hour Line - 24 hr child abuse referrals (toll free): 800-834-5437

Address: 3433 S. Higuera Street, San Luis Obispo, CA 93401

Website: www.slocounty.ca.gov/dss

24-Hour Line - 781-KIDS - 24 hr child abuse referrals: 805-781-5437

Adult Services (Elder/Dependent Adult Reporting): 805-781-1790

Program: Medically Indigent Services Program (MISP)

DSS Main Office: 805-781-1600

Description: Limited authorized medical care for county residents between 19 and 64 who are not eligible for Medi-Cal and have received an exemption from the Affordable Care Act Individual mandate to obtain health insurance.

Eligibility: Call the office for more information.

Payment Option(s): No fee; Call for fee information

Application Process: Contact office to apply.

Documents required: Contact office for detailed information.

Hours Of Operation: Mon-Fri 8 am-5 pm.

Agency: Easter Seals Southern California

Description: Offers direct services and assistance to individuals with physical, sensory and developmental disabilities. Education, outreach, and advocacy. Job training, volunteer opportunities, alternatives to institutionalized living and services ensuring people live independent lives. Assistance securing medical services and equipment.

Business Line: 714-834- 1111

Address: 1570 E. 17th Street, Santa Ana, CA 92705

Website: <http://www.easterseals.com/southernca/>

Program: Easter Seals Southern California

Ventura Child Development Center: 805-647-1141

Description: Offers direct services and assistance to individuals with physical, sensory and developmental disabilities.

Eligibility: Disabled individuals and their families.

Website: <http://www.easterseals.com/southernca/?referrer=http://www.easterseals.com/southernca/connect-locally/southern-california.html>

Fees: No fee.

Payment Option(s): No fee

Application Process: Call 714-834-1111

Documents required: Call for more information.

Hours Of Operation: Mon-Fri 8 am - 4 pm.

Agency: Elks Lodge

Description: The Elks, San Luis Obispo Lodge #322 provides occupational therapy, physical therapy and speech-language therapy services to children (birth to 18) in their homes. Provide preschool vision screening, monetary coverage to eligible children for pediatric vision services. Students with disabilities may apply for post-secondary school scholarships.

Business Line: 805-543-0322

Address: 222 Elks Lane, San Luis Obispo, CA 93401

Website: www.elks.org

Main Email: office@bposeslo322.com

Program: Therapy Services for Children

Description: Therapy services are provided to children in their homes at no cost. Preschool vision screening program for children in preschool, nursery

school, daycare centers and private schools. Monetary coverage available for eligible children for pediatric vision exams, treatment and glasses if denied by other resources.

Eligibility: Must be under 18 years, and have a disability, speech or vision problem. Must be 2-5 years for vision screening.

Fees: No Fee

Payment Option(s): No fee

Application Process: Call 559-255-4531 for more information or the SLO lodge at 805-543-0322

Documents required: Referral from doctor.

Agency: Escuela Del Rio

Description: Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services. Functional life skills, communication skills, self-advocacy, independent living skills, and vocational skills training, integrated community services, integrated work training and experience, individual work placements.

Business Line: 805-466-4438

Address: 5940 Rosario Ave, Atascadero, CA 93423

Website: www.escueladelrio.org

Main Email: dargano@escueladelrio.org

Program: Escuela Del Rio

Description: Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services.

Eligibility: Client must be at least 18 years old, diagnosed as developmentally disabled, and referred by Tri-Counties Regional Center.

Main Email: dargano@escueladelrio.org

Website: http://www.escueladelrio.org/

Fees: Call for more information.

Payment Option(s): Call for fee information

Application Process: Registration packet needs to be filled out after getting referred by Tri-Countries Regional Center.

Documents required: Call for more information.

Hours Of Operation: Program Hours: 9:15 am - 2:45 am.
Administration Office: Mon-Fri 8 am- 3:30 pm.

Agency: First Presbyterian Church

Description: Presbyterian Church in San Luis Obispo, CA. Offers an assistance program.

Business Line: 805-543-5451

Address: 981 Marsh Street, San Luis Obispo, CA 93401

Website: www.fpcslo.org

Main Email: churchoffice@fpcslo.org

Program: Green Pastures

Description: Provides charity assistance, such as food, utility assistance, sleeping bags, gas vouchers, bus/rail tickets, and auto repair/insurance/registration assistance.

Eligibility: Call office for details.

Main Email: churchoffice@fpcslo.org

Website: http://www.fpcslo.org/green-pastures/

Fees: No fee.

Payment Option(s): No fee

Application Process: At promptly 1:00 pm all people present may enter their name into a drawing and the first ten names drawn are guaranteed to be seen. If time allows, more than ten people are seen.

Documents required: Varies depending on services needed.

Hours Of Operation: Wednesdays from 1:00-3:45 pm.
Wed: Open-1:00PM; Closed-3:45 PM

Agency: French Hospital Medical Center

Description: French Hospital provides affordable healthcare services and works toward improving the quality of life.

Business Line: 805-543-5353

French Hospital Physician Referral: 805-270-2513

Address: 1911 Johnson Avenue, San Luis Obispo, CA 93401

Website: www.frenchmedicalcenter.org

Program: Dignity Health Wellness Programs

Description: Community Health Education. Free workshops on varied health topics. Nutrition. Healthier Living. Diabetes.

Eligibility: Most have no eligibility requirements. Some serve those living with a specific condition. Call to confirm eligibility for specific workshops.

Website: <https://www.dignityhealth.org/central-coast/locations/frenchhospital/classes-and-events/community-education>

Fees: No fees.

Application Process: Call to find location and to RSVP to workshops.

Documents required: None.

Hours Of Operation: Location, Dates, and Times vary by workshop. Call for workshop information.

Program: French Hospital Medical Center

Megan Maloney, Volunteer Coordinator: 805-542-6498

Description: French Hospital Medical Center offers affordable health care services and works toward improving the quality of life.

Eligibility: No eligibility requirements.

Website: <https://www.dignityhealth.org/central-coast/locations/frenchhospital>

Fees: Varies based on service and client ability to pay; Medi-Cal, Medicare and private insurance accepted.

Payment Option(s): Fees vary; Accepts Medi-Cal; Accepts Medicare; Accepts most insurance

Application Process: Telephone, walk-in, appointment or referral

Documents required: Vary.

Hours Of Operation: Open 24 hours.

Agency: Friends Outside Visiting Center

Description: Emergency assistance (clothing & food) for visitors of California Men's Colony. Crises intervention, information and referrals for visitors. Provide transportation to and from Greyhound Bus Depot, AMTRAK Train Station, San Luis Obispo County Airport, local motels. Child care for inmates' children on Saturdays and Sundays, 9 am - 3 pm.

Business Line: 805-543-3888

Address: California Men's Colony, Highway 1, San Luis Obispo, CA 93405

Website: www.friendsoutside.org

Program: Friends Outside Visiting Center

Description: Emergency assistance, crises intervention, information, referrals, transportation for visitors for visitors of California Men's Colony.

Eligibility: Call for information.

Website: http://www.friendsoutside.org

Fees: None.

Payment Option(s): No fee

Application Process: Telephone and walk-in.

Documents required: Call for information.

Hours Of Operation: Saturday and Sunday 8am-4pm
 Visiting hours and on 4th of July, Thanksgiving, Christmas, and New Year's Day usually from 8:30am-3pm.

Agency: Healing Through Reckoning and Responsibility (HTRR)

Description: Brings Veterans and Civilians together in nonsectarian based workshops to heal the wounds of PTSD.

Business Line: 805-316-0212

Address: 925 Bluebell Way, San Luis Obispo, CA 93401

Website: <http://www.elderwarrior.com>

Main Email: elderwarriormjc@gmail.com

Program: Healing Through Reckoning and Responsibility

Description: Provide retreat experiences promoting the healing of PTSD and to provide education and training of a healing ethos and practice to concerned members of the community.

Eligibility: Veterans, Active Duty Service Members and Civilians.

Main Email: elderwarriormjc@gmail.com

Website: <http://www.elderwarrior.com>

Fees: Program provides scholarships for veterans and family members.

Payment Option(s): Fees vary; Call for fee information

Application Process: For a workshop application visit elderwarriormjc@gmail.com or contact Mike Cicanto at 805-316-0212.

Documents required: Call for more information.

Hours Of Operation: Event locations, dates and times vary. Please call for more information.

Agency: Health Agency, County Of San Luis Obispo

Description: The Health Agency Services through the County of San Luis Obispo includes the Behavioral Health Department (Drug and Alcohol Services and Mental Health Services) and the Public Health Department, along with Animal Services and Public Guardian. Together, these units provide health-related assistance and services to county residents across a broad scope of programs.

Business Line: 805-781-5500

Address: 2180 Johnson Ave. Annex, San Luis Obispo, CA 93401

Program: Behavioral Health Services

San Luis Obispo: Youth:	805-781-4179
Description:	Offers mental health treatment services for SLO county's youth, adults, and senior citizens and help with family, personal, or psychiatric issues. Also has clinics located in the North County, South County, and in San Luis Obispo.
South County: Adults:	805-474-2154
South County: Youth:	805-473-7060
North County: Youth & Adults:	805-461-6060
Psychiatric Health Facility (Inpatient):	805-781-4711
Hotline:	1-800-783-0607
Toll Free:	1-800-838-1381
Fees:	Call for information.
Application Process:	Call 1-800-838-1381 during business hours for how to get started.
Documents required:	Call for information.
Hours Of Operation:	All locations Monday - Friday 8:00 am - 5:00 pm.

Program: Public Health Services

Office - Paso Robles Office:	805-237-3050
Description:	The San Luis Obispo Public Health Department improves and maintains community health by identifying health issues, preventing disease and injury, influencing policy development, and promoting healthy behaviors through leadership, collaborative partnerships, education, direct services, surveillance, and case management and payment for eligible indigent medical care.
Atascadero Office:	805-461-6050
Grover Beach Office:	805-473-7050

Morro Bay Office: 805-772-6380

Application Process: Call for programs and services available.

Documents required: No information has been provided by Agency.

Hours Of Operation: Mon-Fri 8:30am-5pm

Agency: Hearst Cancer Resource Center

Description: The Hearst Cancer Resource Center (HCRC) is a free resource center in San Luis Obispo for those living with cancer and their families.

Business Line: 805-542-6234

Address: French Hospital Medical Center, 1941 Johnson Avenue, Suite 201 A, San Luis Obispo, CA 93401

Website: <http://www.dignityhealth.org/frenchhospital/services/cancer-center>

Program: Hearst Cancer Resource Center

Description: Free cancer education and support for patients and their families ranging from those newly diagnosed with cancer, in treatment, in recovery and survivors. Community education seminars and resources.

Website: <http://www.dignityhealth.org/frenchhospital/services/cancer-center>

Fees: No Fees.

Payment Option(s): No fee

Application Process: No Application Process.

Documents required: None.

Hours Of Operation: Open Monday - Friday 9:00am - 4:30pm

Agency: HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County

Description: Broad-based, self-appointed community group formed to make decisions and monitor funds allocated to San Luis Obispo County for services to people with HIV/AIDS and their families and funds allocated for AIDS education and prevention activities.

Business Line: 805-781-4878

Address: 2191 Johnson Avenue, San Luis Obispo, CA 93401

Website: <http://www.slocounty.ca.gov/health/publichealth/famhealth/phclinic.htm>

Program: HIV Care Consortium of San Luis Obispo County

Office: 805-781-5540

Description: Broad-based, self-appointed community group formed to make decisions and monitor funds allocated to San Luis Obispo County for services to people with HIV/AIDS and their families and funds allocated for AIDS education and prevention activities. Meets every other month. Call for information.

The following services are provided to people with HIV/AIDS: benefits counseling, dental services, professional counseling, health insurance continuation, transportation, housekeeping services, and emergency utility and rent subsidies. These services can be accessed by calling the AIDS Support Network at 781-3660.

Eligibility: Services are available to people who are HIV+ and their families who meet specific needs. Call for more information.

Fees: No fees.

Payment Option(s): No fee

Application Process: No information has been provided by Agency.

Documents required: No information has been provided by Agency.

Hours Of Operation: Mon-Fri 8am-5pm

Agency: Independent Living Resource Center

Description: ILRC provides a wide range of non-medical rehabilitative services to persons with disabilities, peer/benefits counseling, independent living skills, training, sign language interpretation, advocacy, employment and hiring services, information and referrals to other service provider organizations.

Business Line: 805-462-1162

San Luis Obispo Video Phone: 805-464-3203

Address: 1411 Marsh Street, Suite 109, San Luis Obispo, CA 93401

Website: www.ilrc-trico.org

Santa Maria Office: 805-925-0015 Voice or Text

Santa Maria Video Phone: 805-354-5948

Santa Maria Fax: 805-349-2416

Main Email: info@ilrc-trico.org

Program: Independent Living Resource Center

Video Phone:	805-464-3203
Description:	ILRC provides a range of non-medical rehabilitative services to persons with disabilities, peer/benefits counseling, independent living skills, training, sign language interpretation, advocacy, employment and hiring services, information and referrals to other service provider organizations.
Eligibility:	Anyone with a significant disability and desire to live independently
Main Email:	info@ilrc-trico.org
Website:	www.ilrc-trico.org
Fees:	None.
Payment Option(s):	No fee
Application Process:	Applicants fill out an Independent Living Plan (ILP) with the help of an advocate.
Documents required:	Depends upon the applicant's needs and requirements.
Hours Of Operation:	Mon-Fri, 9 am - 12 noon; 1 pm - 5 pm.

Agency: Latino Outreach Program

Description:	Mental health services and early intervention in Spanish (se habla Español).
Toll Free:	800-838-1381
Address:	1989 San Vicente, San Luis Obispo, CA 93401
Website:	http://www.slocounty.ca.gov/health/mentalhealthservices.htm

Program: Latino Outreach Program

Description:	Mental health services and early intervention available in Spanish.
Eligibility:	Participants must meet medical necessity for Specialty Mental Health Services and want their services in Spanish.
Toll Free:	1-800-838-1381
Website:	http://www.slocounty.ca.gov/health/mentalhealthservices.htm
Fees:	If full scope Medi-Cal, there is no fee for services. For share of cost Medi-Cal, a fee will be set on a sliding scale. For Educationally Related Mental Health Services “ERMHS”, there is no cost for services.
Application Process:	Please call (800) 838-1381 for more information or to schedule an appointment.
Documents required:	Medi-Cal card.
Hours Of Operation:	This service is available throughout the year during regular business hours except during scheduled holidays. Mon - Fri: Open-8:00 AM; Closed-5:00 PM

Agency: Lifeline Crisis Pregnancy Center

Description:	A pro-life Christian ministry provides free pregnancy testing, supplies, material needs, pregnancy and post-abortion counseling, childbirth classes, education and presentations.
Business Line:	805-481-4987
Address:	1447 Grand Avenue, Grover Beach, CA 93433
Website:	lifelinepregnancycenter.org
Main Email:	patriciaslifeline@gmail.com

Program: Lifeline Crisis Pregnancy Center

Description:	A pro-life Christian ministry providing free pregnancy testing, supplies & material needs, pregnancy & post-abortion counseling, childbirth classes, education, presentations. Points system to use towards diapers, formula, clothes, etc.
Main Email:	patriciaslifeline@gmail.com

Website: lifelinepregnancycenter.org

Payment Option(s): Call for fee information

Application Process: No application process.

Documents required: None.

Hours Of Operation: Mon-Wed 10am-4pm
Thurs 12pm-4pm

Agency: Lifestyles Recovery Center, Inc.

Description: The Lifestyles Recovery Center provides a safe place for people seeking recovery from substance abuse. Works with youth anger management/violence prevention, spiritual guidance, and HIV/AIDS prevention.

Business Line: 805-238-2290

Address: 715 24th Street, Unit P, Paso Robles, CA 93447

Website: www.lifestylesrecoverycenter.org

Main Email: Kllondon@hotmail.com

Program: Lifestyles Recovery Center

Description: Individual drug and alcohol counseling, HIV prevention workshops, self-esteem seminars, walk-in clinic and referral services. 12-step recovery meetings, anger management/violence prevention courses and drug/alcohol education classes.

Website: www.lifestylesrecoverycenter.org

Application Process: No information has been provided by Agency.

Documents required: No information has been provided by Agency.

Hours Of Operation: Mon-Fri 12 - 4 PM

Agency: Lin Care

Description: Lincare provides in-home respiratory care, infusion therapy and medical equipment.

Business Line: 805-543-2665

Toll Free: 800-999-6009
Santa Maria Lin Care: 805-922-8466
Address: 2945 McMillan Avenue, #144, San Luis Obispo, CA 93401
Website: www.lincare.com
Santa Maria Lin Care Fax: 805-349-0878

Program: Lin Care

Description: Lincare provides in-home respiratory care, infusion therapy, sleep therapy, and medical equipment.
Eligibility: Physician's Referral.
Santa Maria Lin Care: 805-922-8466
Santa Maria Lin Care Fax: 805-349-0878
Toll Free: 800-999-6009
Website: https://www.lincare.com
Fees: Varies by service.
Payment Option(s): Call for fee information
Application Process: Call for more information.
Documents required: Physician's referral.
Hours Of Operation: Monday - Friday 8 am - 5 pm.

Agency: Marian Regional Medical Center

Description: 226-bed Comprehensive award winning hospital with Level 3 Trauma Emergency Department, NICU, Mission Hope Cancer Center, several outpatient laboratories, imaging centers, home health, hospice and more.
Business Line: 805-739-3000
Toll Free: 805-739-3000
Address: 1400 East Church St., Santa Maria, CA 93454

Website: www.marianmedicalcenter.org

Program: Dignity Health Home Health Services

Description: Dignity Health Home Health staff members are part of an interdisciplinary team of skilled, compassionate professionals. Before joining the team, each staff member is screened and interviewed to ensure that their skills represent the most qualified nursing personnel available.

Toll Free: 800-549-9609

Website: www.dignityhealth.org/centralcoast

Payment Option(s): Call for fee information

Hours Of Operation: Hours vary - call for details. On-call 24 hours per day.

Agency: Med World, Inc.

Description: Provides information, sales, and service on hospital beds, wheel chairs (both power and manual) oxygen concentrators, bariatric equipment, commodes, CPAP/BiPAPS, nebulizers, and shower chairs.

Business Line: 805-739-1700

Address: 2045 Preisker Lane, Suite H, Santa Maria, CA 93454

Website: www.medworld.com

Main Email: info@medworld.com

Program: Med World

Description: Provides information, sales, and service on hospital beds, wheel chairs, oxygen concentrators, bariatric equipment, commodes, CPAP/BiPAPS, nebulizers, and shower chairs.

Eligibility: Dependent on services needed.

Main Email: info@medworld.com

Website: http://www.medworld.com/

Fees: Fees Vary.

Payment Option(s): Fees vary; Membership fee

Application Process: None.

Documents required: Some services require prescriptions. Call for more information.

Hours Of Operation: Mon-Fri 8am-5pm.
Sat 9am-12pm by appointment.

Agency: Military Parents & Friends on the Central Coast

Description: A support group for parents of members of the military.

Business Line: 805-234-5547

Address American Legion Hall, 1661 Mill St, San Luis Obispo, CA 93401

Program: Military Parents on the Central Coast Support Group

Phone: 805-549-9199

Description: A group for parents of members of the military. Parents offer support and information to one another. Meeting with other parents help them to relieve their anxiety by talking about their children to people who care.

Phone: 805-783-4418

Application Process: None.

Documents required: None.

Hours Of Operation: Meets the 1st Monday of every month at 6:30pm

Agency: NCI Affiliates, Inc.

Description: NCI Affiliates, Inc. nonprofit agency providing vocational training, community living services and programs for adults with intellectual and physical disabilities. Aimed at training and placing individuals into useful and productive jobs, assisting adults who wish to live independently within the community.

Business Line: 805-238-6630

Corporate Office: 805-238-3345

Address: 496 Linne Road, Paso Robles, CA 93446

Website: www.nciaffiliates.org

Paso Thrift Store: 805-237-7901
Atascadero Thrift Store: 805-462-0500
Orange Dog Cafe: 805-460-0252
E-waste: 805-434-3811
Main Email: info@nciaffiliates.org

Program: Community Living Services

Description: Provide assistance to individuals who wish to live in the community independently. These services promote a safe, self-sufficient and communal lifestyle.

Eligibility:

- You must be at least 18 years old.
- You must want to live independently.
- You must be enrolled with a fee-sponsoring agency such as Tri-Counties Regional Center.
- You must have a development disability diagnosed prior to the age of 18.

Main Email: info@nciaffiliates.org

Website: nciaffiliates.org

Fees: Tri-Counties Regional Center contracted rates.

Payment Option(s): Call for fee information

Application Process: Call for more information. Must be referred by Tri-Counties Regional Center.

Documents required: Regional Center will supply necessary documents.

Hours Of Operation: Hours are contracted through Tri-Counties Regional Center.

Agency: New Life K9's

Description: Provide trained service dogs to veterans.

Business Line: 805-544-5433

Address: 173 Buckley Rd, San Luis Obispo, CA 93401

Website: www.newlifek9s.org

newlife@newlifek9s.org

Program: New Life K9s

Description: Provide professionally trained service dogs at no cost to veterans in order to prevent suicide, enrich relationships and reduce homelessness.

Eligibility: Dogs are placed with veterans or first responders with PTSD only.

Main Email: newlife@newlifek9s.org

Website: www.newlifek9s.org

Fees: No fee, but client is responsible for supporting the dog financially.

Payment Option(s): No fee

Application Process: Application available online and is completed by primary care physician.

Hours Of Operation: Tue - Sat: Open-9:00am; Closed-6:00pm

Agency: Noor Foundation

Description: -Provides free, high quality health care to uninsured people in San Luis Obispo.
-Provides medical, dental, and educational services to our patients.
-Offers discount prescription information at local pharmacies.

Business Line: 805-439-1797

Address: 1428 Phillips Lane, Suite B-4, San Luis Obispo, CA 93401

Website: slonoorfoundation.org

Main Email: slonoorfoundation@gmail.com

Program: SLO Noor Clinic

Dental Clinic: 805-552-2240

Description: Free Basic Primary Care. Patient education. Disease prevention, screening physical exams, laboratory testing, eye clinic, referrals, physical therapy, diabetes prevention.

Eligibility: 18 to 64 WITHOUT medical, dental or vision insurance.

Main Email: slonoorfoundation@gmail.com

Website: slonoorfoundation.org

Fees: No fee.

Payment Option(s): No fee

Application Process: Dental clinic requires an application. Call for information.

Documents required: Call for information.

Hours Of Operation: Primary Clinic: Mon-Fri 9 am - 5pm.
 Vision Care Clinic: By appointment only.
 Dental Clinic: By appointment only.

Agency: North County Abolitionists

Description: North County Abolitionists expose and assist in the eradication of human trafficking. Provide information, presentations regarding human trafficking. Raise awareness. Advocate for services/rights for victims and provide practical care for survivors. Documentaries for the public as education. Training. Trauma Support Groups.

Business Line: 805-296-2317

California Coalition to Abolish Slavery and Trafficking (CAST): 1-888-539-2373

Website: <https://www.nocoabolitionists.org/>

The National Human Trafficking Resource Center: 1-888-373-7888

Main Email: pscarter@charter.net

Program: North County Abolitionists

California Coalition to Abolish Slavery and Trafficking (CAST): 1-888-539-2373

Description: Provide information, presentations regarding human trafficking. Advocate for services/rights for victims and provide practical care for

survivors. Documentaries for the public as education. Training. Trauma Support Groups.

Eligibility:	No requirements.
The National Human Trafficking Resource Center:	1-888-373-7888
Website:	https://www.nocoabolitionists.org/
Fees:	No fee.
Application Process:	None.
Documents required:	None.
Hours Of Operation:	Telephone Line available 24/7.

Agency: Options Family of Services

Description:	Provides behavior modification programs, independent living skills training, residential services, supported living, vocational evaluation and training programs for the developmentally disabled and for people recovering from TBI (traumatic brain injury).
Business Line:	805-772-6066
Address:	800 Quintana Road, Unit 2C, Morro Bay, CA 93443
Website:	www.optionsfs.org
Main Email:	info@optionsfs.org

Program: Options Family of Services

Description:	Provides behavior modification programs, independent living skills training, residential services, vocational evaluation and training. Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.
Eligibility:	Funding source must be identified prior to acceptance. Disability must be associated with brain injury, developmental disability or similar neurological impairment. Eligible individuals must be able to benefit from services designed to increase appropriate social behaviors and adaptive living skills, and

must have a desire to eventually live and work independently in the community.

Preference will be given to individuals with acute need.

Referral. Must be 18 years old and eligible for regional center.

Main Email: info@optionsfs.org

Website: www.optionsccnbc.org

Fees: Fees vary. OPTIONS will accept funding through private insurance, third party payees, legal liens, and certain government agencies.

Payment Option(s): No fee; Fees vary; Accepts Medi-Cal

Application Process: Call 805-772-6066 for application process.

Documents required: Call for details.

Hours Of Operation: Office hours: Monday through Friday 8 am to 4:00 pm.

Program: Orcutt Residential Services

Options Main Office: 805-772-6066

Description: Group home provides intensive instruction and intervention to reduce challenging behaviors and cognitive deficits in people with developmental disabilities and/or other neurological impairments

Main Email: info@optionsfs.org

Website: optionsfs.org

Payment Option(s): Accepts Medi-Cal

Application Process: must be referred by Regional Center

Hours Of Operation: No office hours.

Agency: Partners in Equestrian Therapy

Description: Riding program for Veterans, children and adults with special needs. The P.E.T. provides opportunity to increase physical skills, confidence and self-esteem through equestrian therapy (therapeutic horseback riding).

Business Line: 805-235-2787

Address: 9961 Santa Clara Road, Atascadero, CA 93422

Website: www.petslo.com

Main Email: petslo@gmail.com

Program: Partners in Equestrian Therapy

Description: Partners in Equestrian Therapy provides therapeutic horseback riding for people with disabilities. We also offer a Veteran's Riding program for veterans and their families.

Eligibility: Call to determine eligibility.

Main Email: petslo@gmail.com

Website: www.petslo.com

Fees: \$25 half hour sessions, \$50 Hour sessions.

Payment collected at time of service, currently not accepting insurance.

Payment Option(s): Set program fee

Application Process: Rider Registration Packet must be submitted in advance.

Documents required: Therapeutic riders need a release form signed by their physician. Veteran and family riders sign a release form. (Forms provided by PET.)

Hours Of Operation: Tuesday, Thursday, and Saturday. Please call to make an appointment.

Agency: Partnership for the Children of San Luis Obispo County

Description: Provides pediatric dentistry, focused on dental care for Medi-Cal insured children & uninsured children whose families do not qualify for subsidized insurance, but cannot afford private insurance costs. Services include preventive, restorative (including dental surgery) & emergency treatment, and oral health education focused on prevention.

SLO Office: 805-592-2445

Address: 717 Walnut Drive, Paso Robles, CA 93446

Website: www.tolosachildrendental.org

Paso Robles Office: 805-238-5334

Main Email: ptcinfo@tolosadental.org

Program: Tolosa Children's Dental Center

Message - PTC:	805-541-8666
Description:	Provides pediatric dentistry, focused on dental care for Medi-Cal insured children & uninsured children whose families do not qualify for subsidized insurance, but cannot afford private insurance costs. Services include preventive, restorative (including dental surgery) & emergency treatment, and oral health education focused on prevention.
Eligibility:	Age 12 and under or Foster Care Program children under the age of 18.
Tolosa Dental:	805-238-5334
Noor Clinic:	805-592-2445
Main Email:	ptcinfo@tolosadental.org
Website:	www.tolosachildrendental.org
Fees:	Medi-Cal program; sliding scale; private insurance
Payment Option(s):	Sliding scale; Accepts most insurance.
Application Process:	Clinic Hours: 8 am - 12 noon, 1 pm - 5 pm. Please call 805-238-5334 to schedule an appointment at the clinic.
Documents required:	2-3 months proof of income for sliding scale fee qualification; Insurance ID card.
Hours Of Operation:	Mon -Fri: Open-8:00 am; Closed-5:00 pm Closed for lunch from 12:00pm - 1:00pm

Agency: Paso Cares

Description:	Volunteers who together share a vision of providing food, clothing and shelter for our fellow citizens in need.
Business Line:	805-712-7067
Address:	No permanent physical address,
Website:	www.pasocares.org
Main Email:	pasocares@gmail.com

Program: RV's for Veterans

Description: RV (Recreational Vehicle) donation program for homeless veterans in the San Luis Obispo area.

Eligibility: Homeless Veteran in San Luis Obispo area.

Payment Option(s): No fee; Call for fee information

Application Process: Call for more information.

Documents required: Call for more information.

Hours Of Operation: Please call for more information.

Agency: People Helping People

Description: Medical Equipment Loan Program and food giveaway.

Business Line: 805-528-2626

Address 2180 Palisades Ave, Los Osos, CA 93402

Program: Medical Equipment Loan

Description: Over 200 pieces of medical equipment available for loan.

Eligibility: No requirements.

Fees: Deposit (if possible) for equipment.

Payment Option(s): No fee.

Application Process: Call for details.

Documents required: ID

Hours Of Operation: Monday - Friday 9 am - 1 pm.

Agency: Planned Parenthood of Santa Barbara, Ventura & San Luis Obispo Counties, Inc.

Description: Planned Parenthood California Central Coast provides affordable, high-quality reproductive health services (Pap tests and breast exams, pregnancy testing and counseling, tests for sexually transmitted infections), education (provides parents, professionals, teens and young adults with the sexual health information), and advocacy.

Business Line: 805-898-3806
Toll Free: 888-898-3806
Address: 743 Pismo Street, San Luis Obispo, CA 93401
Website: www.plannedparenthood.org
Main Email: info@ppsbsvslo.org

Program: Planned Parenthood

Description: Provides comprehensive family planning services including complete reproductive health exams for males and females, birth control, testing and treatment for sexually transmitted infections, abortion services, mid-life services and emergency contraception. Also offers a variety of education and training programs designed to promote family planning and reproductive health.

Main Email: info@ppcentralcoast.org

Toll Free: 888-898-3806

Website: <https://www.plannedparenthood.org/planned-parenthood-california-central-coast>

Fees: Fees are determined on a sliding fee scale based on family size and income. State funding available for those who are eligible. Accepts Family Pact, Medi-Cal and most Insurance plans.

Payment Option(s): Sliding scale; Accepts Medi-Cal; Accepts most insurance

Application Process: Call or walk-in. No doctor referral is needed.

Documents required: Picture ID if applying for state funding. If patient has Medi-Cal or Insurance they should bring card and picture ID.

Hours Of Operation: Mon 9am-6pm
Tues 11am-8pm
Wed-Sat 8am-5pm

Agency: Public Health Services

Description: The Public Health Department, a division within the Health Agency, is responsible for protecting and improving the health of all San Luis Obispo County residents. Through disease surveillance, health education, direct services, and health policy development.

Business Line: (805) 781-5500

24-Hour Recorded Information Line: (805) 788-2903

Address: 2191 Johnson Avenue, San Luis Obispo, CA 93401

Website: <http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health.aspx>

Program: Prevention & Education

Description: Public Health Department works within the community to promote healthy behaviors.

Eligibility: Open to the public.

Website: <http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/Prevention-Education.aspx>

Hours Of Operation: Monday - Friday
8:30 am - 5 pm.

Program: Public Health

24-Hour Recorded Information Line: (805) 788-2903

Eligibility: Available to the public.

Website: <http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health.aspx>

Hours Of Operation: Mon-Fri: 8:00 a.m. to 5:00 p.m.
(excluding County Holidays)

Program: Women, Infants and Children Program (WIC)

Description: Women, Infants and Children (WIC) is a nutrition education program that helps families eat well and stay healthy. WIC provides healthy foods, nutrition counseling and education, breastfeeding support, referrals to health care and other helpful services.

Eligibility:

Eligible women who are pregnant breastfeeding women for up to 1 year after delivery, women who recently had a baby up to 6 months after delivery (including miscarriages), infants, children under 5 years old.

To be eligible for WIC families need to have a low to medium income and live in San Luis Obispo County.

Toll Free:

(800) 660-3313

Website:

[http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/All-Public-Health-Services/Women,-Infants-and-Children-\(WIC\).aspx](http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/All-Public-Health-Services/Women,-Infants-and-Children-(WIC).aspx)

Fees:

This service is provided free of charge.

Application Process:

Please call (805) 781-5570 or (800) 660-3313 to schedule an appointment.

Documents required:

Identification for the persons applying for WIC, such as a birth certificate, driver's license, crib card, military ID, photo ID, Social Security card, hospital record, or Medi-Cal card.

Proof of all family income (pay stubs or Medi-Cal card).

Proof of street address (mail, utility bill, rent/mortgage receipt).

All enrollment forms sent to you by WIC.

Hours Of Operation:

Monday - Friday 8 am - 5 pm.

Agency: Regional Transit Authority (RTA)

Description:

The SLO Regional Transit Authority provides safe, reliable and efficient transportation services within San Luis Obispo County. Connects cities throughout SLO County including Arroyo Grande, Morro Bay, Paso Robles, Pismo Beach, San Luis Obispo, Cambria, Los Osos, and San Miguel. Oversees South County Transit (SCT) which operates in the Five Cities area between Shell Beach, Pismo Beach, Grover Beach, Oceano and Arroyo Grande. San Luis Obispo County, from San Miguel to Santa Maria and everywhere in between.

Business Line:

805-781-4472

Schedule Information:

805-541-2228 RTA schedule information & lost/found

Address:

179 Cross Street, Suite A, San Luis Obispo, CA 93401

Website:

www.slorta.org

Administration:

805-781-4833

Morro Bay Transit:

805-772-2744

South County Transit:

805-541-2228

**RTA: ADA Paratransit -
 Runabout:**

(805) 781-4833 To obtain an application or for specific answers about the application process.

Main Email: info@slorta.org

Program: Dial-A-Ride Services

Office - Paso Robles Dial-A-Ride: 805-239-8747

Description: Dial-A-Ride Services offer riders curb-to-curb transportation within local communities. Provide rides within Nipomo, Morro Bay, Templeton, Shandon/Paso, Paso Robles, Atascadero and San Luis Obispo. Dial-A-Ride Services.

Office - Atascadero Dial-A-Ride: 805-466-7433

**Office -
 Templeton/Shandon/Paso Dial-A-Ride:** 805-226-4242

Office- Morro Bay Dial-A-Ride: 805-772-2744

Office- Nipomo Dial-A-Ride: 805-929-2881

Main Email: info@slorta.org

Website: <http://www.slorta.org/services/dial-a-ride/>

Fees: Fees vary among different cities. Call for information.

Payment Option(s): Fees vary

Application Process: Call to make a reservation and arrange for pick up and drop off.

Please call by 12:00 noon the day before your trip.

Hours Of Operation:
 Atascadero: Mon-Fri, 7:30 am - 3:30 pm
 Morro Bay: Mon-Fri, 6:30 am - 5:30 pm
 Nipomo: Mon-Fri, 6:30 am - 6:30 pm
 Paso Robles: Mon-Fri, 7 am - 1 pm
 San Luis Obispo: Mon-Sat, 7 am - 6 pm

See website for hours.

Program: Paso Express

Description:	The Paso Express provides transit and Dial-A-Ride service throughout the City of Paso Robles. Directional route service, connecting with RTA Route 9. Fixed route services at all dedicated stops around the city on Routes A and B.
Eligibility:	None. Available to the public.
Main Email:	info@slorta.org
Website:	http://www.slorta.org/schedules-fares/paso-express/
Fees:	Various, discounts available for K-12 students, people with disabilities, and seniors 65 and older.
Application Process:	None.
Documents required:	None.
Hours Of Operation:	Monday–Friday / Lunes–Viernes First trip starts at 6:45 am. Last full trip starts at 6:15 pm and service ends at 7:05 pm. Saturday / Sabado First trip starts at 7:45 am. Last full trip starts at 5:15 pm and service ends at 6:05 pm. Sunday / Domingo No service.

Program: Regional Transit Authority (RTA)

Schedule Information:	805-541-2228
Description:	Public Transportation. Schedules are available at public places around the county. For a complete list of bus routes, call 805-541-2228 or visit their web site at www.slorta.org .
Main Email:	info@slorta.org
Website:	http://www.slorta.org
Fees:	Fares vary by zone traveled. Call for information. Usually exact change is required.
Application Process:	Passengers are recommended to arrive at their bus stop before the scheduled arrival time. Each bus is equipped with racks that can hold 6 bicycles.

Hours Of Operation: Mon-Fri 8am-4:30pm.

Agency: Ride-On Transportation

Description: Ride-On provides safe and affordable transportation to all residents of San Luis Obispo County, assist social service agencies to improve their transportation services with free consultation.

Business Line: 805-541-8751

Ride Request: 805-541-8747

Address: 3620 Sacramento Drive, Unit 201, San Luis Obispo, CA 93401

Website: www.ride-on.org

Main Email: contact@ride-on.org

Program: Ride-On Transit Management Association (TMA)

Ride Requests: 805-541-8747

Description: Ride-On TMA provides transportation services for the general public with vanpools, airport/Amtrak shuttles, Guaranteed Ride Home, Lunchtime Express, Visitor Shuttles, Special Event, and Medical Shuttles.

Ride-On: 805-541-8751

Website: http://www.ride-on.org

Fees: Call for a quote.

Payment Option(s): Call for fee information

Application Process: Speak with Bob Armstrong.

Documents required: Speak with Bob Armstrong.

Hours Of Operation: Call for appointment.

Program: Veteran's Express

Ride Requests: 805-541-8747

Description: Available to all veterans living in San Luis Obispo County. Provides rides from home to local VA clinic or to bus stop going to VA clinics outside the county.

Eligibility: Veteran.

Ride-On - Administration: 805-541-8751

Main Email: contact@ride-on.org

Website: http://www.ride-on.org

Fees: \$3.00 each way

Payment Option(s): Call for fee information

Application Process: Call for reservations at least 2-3 days in advance.

Documents required: None.

Hours Of Operation: Operating hours are 24 hours per day, seven days per week.

Agency: RISE

Description: Provides emergency shelter, crisis intervention and counseling for all family members.

Business Line: 805-226-5400

Toll Free: 1-866-RISE (7473)

Address: 1030 Vine Street, Paso Robles, CA 93446

Website: www.riseslo.org

Main Email: contact@riseslo.org

Program: Counseling Program

Description: Individual and group counseling for those experiencing intimate partner or sexual violence. For adults and children, teens, members of the LGBT community. Bilingual. In San Luis Obispo, Paso Robles.

Eligibility: Affected by intimate partner or sexual violence.

Main Email: contact@RISEslo.org

Toll Free: 1-855-886- RISE (7473)

Website:	RISEslo.org
Fees:	Low cost to no cost.
Payment Option(s):	Sliding scale; Donation requested
Application Process:	None.
Documents required:	None.
Hours Of Operation:	San Luis Obispo: Mon-Fri 9am-5pm Paso Robles: Mon-Fri 9am-5pm

Program: RISE

Description:	RISE provides crisis intervention and treatment services to survivors of sexual and intimate partner violence and their loved ones. Services: 24 hour crisis line, accompaniment and advocacy, case management, emergency shelter, legal support, counseling, and prevention education.
Eligibility:	Must be affected by sexual assault or intimate partner violence.
Main Email:	contact@riseslo.org
Toll Free:	1-855-886-RISE (7473)
Website:	www.RISEslo.org
Fees:	No fee, donation requested.
Payment Option(s):	No fee; Donation requested
Application Process:	None.
Documents required:	None.
Hours Of Operation:	Paso Location: Mon-Fri, 9:00 am - 5 pm. Closed: noon-1pm for lunch. San Luis Location: Monday 9am-5pm Fri: Open-9:00 AM; Closed-5:00 PM

Program: Shelter Program

Description:	Two 24-hour emergency shelters available to house individuals and their families, no matter gender, who need emergency assistance and a safe place to stay. All other RISE services are available to people staying in our shelters.
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Eligibility: Those affected by intimate partner violence and sexual assault.

Main Email: contact@RISEslo.org

Toll Free: 1-855-886- RISE (7473)

Website: www.RISEslo.org

Fees: No fee.

Payment Option(s): No fee.

Hours Of Operation: Mon-Fri 9am- 5pm

Agency: Saint Vincent De Paul Society

Description: Saint Vincent De Paul Society provides food vouchers, transportation, medication, eyeglasses, partial rent, utility assistance and identification cards.

Business Line: 805-544-7041

Address Old Mission Parish Center, 751 Palm St., San Luis Obispo, CA 93401

Program: Saint Vincent De Paul Society

Description: Emergency gas assistance, food vouchers for families with young children, may provide utility assistance. Residents of San Luis Obispo.

Eligibility: Call for eligibility requirements.

Application Process: Cal to make an appointment.

Documents required: Vary. Call for more information.

Hours Of Operation: By appointment only.
 Tue - Thu: Open-2pm; Closed-3:30pm

Agency: San Luis Legal Assistance Foundation

Description: Free legal-aid services, assistance in self-representation, and conflict resolution for low and moderate income individuals, seniors and veterans. Direct legal representation, educating clients for self-representation, and facilitating conflict resolution.

Business Line: (805) 543-5140

Veterans Assistance Program: 805- 541-2272 ext. 4730

Address: 3437 Empresa Drive, San Luis Obispo, CA 93401

Website: www.slolaf.org

Legal Assistance for Victims Program: 805-781-6418

Main Email: info@slolaf.org

Program: Veterans Assistance Program

SLO Legal Assistance Foundation: (805) 543-5140

Description: Free legal aid for veterans who qualify for services through CAPSLO's SSVF (Supportive Services for Veterans Families) program.

Eligibility: Veteran households who are homeless or at imminent risk of becoming homeless. Eligibility process handled through CAPSLO.

Main Email: info@slolaf.org

Website: <http://www.capslo.org/programs/ssvf>

Payment Option(s): No fee

Application Process: Call (805) 541-2272 ext. 4730 to be connected with a CAPSLO case worker who can help determine eligibility.

Hours Of Operation: Hours vary - call (805) 541-2272 ext. 4730 for details.

Agency: San Luis Obispo County of Child Support Services Department

Description: Assist to establish, modify or enforce child support and health insurance.

Office - Ombudsperson: 805-781-5729

Address: 1200 Monterey Street, San Luis Obispo, CA 93401

Website: www.slocounty.ca.gov/css

Office: 805-781-5734

Program: Child Support Services Department

Ombudsmen person: 805-781-5729

Description: Assist to establish, modify or enforce child support and health insurance.

Toll Free: 866-901-3212

Payment Option(s): Call for fee information

Hours Of Operation: Walk In Hours: Mon-Fri, 8 am - 5 pm.
 Telephone Hours: Mon-Fri, 1pm-5pm.

Agency: SART (Suspected Abuse Response Team)

Description: SART functions under the San Luis Obispo County Public Health Department, to provide forensic services for residents of SLO County, State agencies and other Counties.

SART (Suspected Abuse Response Team): 805-781-4878

Address: 2191 Johnson Ave, San Luis Obispo, CA 93401

SART - General Inquiries: 805-781-5500

Urgent - SART - After Hours: 805-781-4550

Program: SART (Suspected Abuse Response Team)

Office - SART (Suspected Abuse Response Team): 805-781-4878

Description: Our mission is to ensure that victims of assault (not necessarily sexual) receive compassionate care and professional treatment that will support their emotional, mental and physical health to the fullest extent possible. The program brings together specifically trained forensic doctors and nurses with Law Enforcement agencies, Child Welfare Services and advocates in a multidisciplinary team approach to provide compassionate, comprehensive and culturally-sensitive treatment for sexual assault survivors.

Eligibility: SART exams are done only at the request of Law Enforcement or Child Welfare Services. The exam becomes part of the criminal investigation.

Urgent - SART - After Hours: 805-781-4550

Application Process: No information has been provided by Agency.
Documents required: No information has been provided by Agency.
Hours Of Operation: Mon - Fri 8am-12pm, 1pm-5pm
 After hours call: 805-781-4550
 or call the rape-crisis hotline at 805-545-8888

Agency: Services Affirming Family Empowerment (SAFE) South County

Description: Services Affirming Family Enrichment (SAFE) provides a variety of services, including information and referral, coordinates community resources to keep children safe, healthy, at home, in school, and out of trouble.

Business Line: 805-474-2105

Oceano Family Resource Center: 805-474-3690

Address: 1086 Grand Ave., Arroyo Grande, CA 93420

Nipomo Family Resource Center: 805-474-2105

AGHS Student Support Center: 805-474-3200 x2195

Main Email: msquellati@capslo.org

Program: Family Resource Center

Oceano Resource Center: (805) 474-3690

Description: Offer families easy access to social services programs. Direct Services and Case Management, individual and family counseling, parent education and basic needs assistance.

Eligibility: Family must live in southern San Luis Obispo County (Avila - Nipomo). Families with children ages 0-18.

Nimpo Resource Center: (805) 474-2105

AGHS Student Support Center: (805) 474-3200 x2195

Main Email: msquellati@capslo.org

Payment Option(s): Fees vary; Accepts Medi-Cal

Application Process: Parents or teachers may call the number closest to them for information.

Hours Of Operation: Mon-Fri 8 am - 5 pm.

Agency: Sierra Vista Regional Medical Center

Description: Sierra Vista Regional Medical Center is a Level III Trauma Center, full-service emergency room, hospital. Services: Only specialized pediatric unit in the county, heart care, pregnancy, orthopedics, respiratory therapy, digestive disorders, nursing care and specialists who provide intensive and transitional care, trauma, and more.

Business Line: 805-546-7600

Administration: 805-546-7686

Address: 1010 Murray Avenue, San Luis Obispo, CA 93405

Website: www.sierravistaregional.com

Billing & Insurance: 866-904-6871

Adult Services/Children's Services: (855) 874-8446

Birth Center/Cancer Center: (855) 874-8446

Orthopedics/Rehabilitation Services: (855) 874-8446

Program: Sierra Vista Regional Medical Center

Description: Sierra Vista Regional Medical Center is a Level III Trauma Center, full-service emergency room, hospital.

Eligibility: No eligibility requirements.

Website: https://www.sierravistaregional.com

Payment Option(s): Fees vary

Hours Of Operation: Open 24 hours

Agency: SLO Hep C Project

Description: The San Luis Obispo County Hepatitis C Task Force is dedicated to educational outreach, public awareness, and the on-going study of community needs regarding the impact of Hepatitis C. Provides bilingual services, health counseling, public/private benefits counseling, referrals to local physicians, mental health counseling referrals, and nutritional counseling.

Business Line: 805-543-4372

Address: 1320 Nipomo Street, San Luis Obispo, CA 93401

Website: www.slohepc.org

Main Email: dkilburn@asn.org

Program: SLO Hep C Project

Description: SLO Hep C project services include health counseling, benefits counseling, financial assistance, assistance from volunteers for daily needs and walk-in Hep C antibody testing. Informational forums for clients and interested community members.

Eligibility: Anyone living with Hepatitis C, family and friends. No requirements for walk-in testing.

Toll Free: 805-543-4372

Website: <http://www.slohepc.org/>

Fees: No fees.

Payment Option(s): No fee

Application Process: For appointments with counselors, call 805-543-4372.

Documents required: Photo ID, confirmation of chronic Hep C lab testing or note from doctor

Hours Of Operation: Mon-Thu, 9 am - 5 pm; Fri, 9 am - 3 pm.

Agency: Soul of the Wounded Healer

Description:

Business Line: 805-470-9290

Address: No information has been provided by Agency.

Website: www.soulofthewoundedhealer.com

Main Email: edward@soulofthewoundedhealer.com

Program: Soul of the Wounded Healer

Description:	
Eligibility:	No information has been provided by Agency.
Toll Free:	805-470-9290
Website:	www.soulofthewoundedhealer.com
Fees:	No information has been provided by Agency.
Payment Option(s):	No information has been provided by Agency.
Application Process:	No information has been provided by Agency.
Documents required:	No information has been provided by Agency.
Hours Of Operation:	Call for information.

Agency: Transcendental Meditation San Luis Obispo County

Description:	Transcendental Meditation program offers the Transcendental Meditation technique for inner peace and wellness. Resilient Warrior Program available to military community.
Business Line:	805-471-9100
Toll Free:	1-888-LEARN TM
Hotline:	1-888-LEARN TM
Address:	Teaching location varies on individual needs., Teachers serve all of San Luis Obispo County, CA
Website:	http://www.tm.org/transcendental-meditation-san-luis-obispo

Program: Resilient Warrior Program

Description:	Transcendental Meditation-based approach to relieving symptoms of PTSD, major depression, and developing resilience to stress in Veterans and military community.
Eligibility:	Accessible to Veterans, civilian and active military.
Hotline:	1-888-LEARN TM

- Toll Free:** 1-888-LEARN TM
- Fees:** Veterans participating In Resilient Warrior Program are eligible for partial to full scholarship depending on level of need.
- Application Process:** Attending first introductory presentation on Transcendental Meditation-based Resilient Warrior Program and completing confidential online pre-survey. Veterans should call to arrange appointment.
- Documents required:** None. Based on honor system.
- Hours Of Operation:** Hours by appointment only.

Agency: Transitions-Mental Health Association

- Description:** Transitions-Mental Health Association is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. Housing, employment, case management and life-skills support to teens and adults with mental illness, support, resources and education for their loved ones.
- Business Line:** 805-540-6500
- Hotline:** 800-783-0607
- Address:** 784 High Street, San Luis Obispo, CA 93401
- Website:** www.t-mha.org
- Main Email:** info@t-mha.org

Program: Family Services - Youth Family Partners

- Rolando Rojas, SLO & South SLO County:** 805-458-6388
- Description:** Direct, immediate support for parents, siblings, foster parents, grandparents and guardians who have children with mental health issues. The Youth Family Partner helps families maneuver through financial, legal, school system and healthcare challenges while providing them with a resource for further support, education and respite.
- Eligibility:** Families, guardians, and caregivers with a minor child who has special mental health needs.

Call for more information.
- Patty Ramirez, SLO & North SLO County:** 805-458-2596

Laura Gaisie, SLO & North SLO Coast: 805-503-0009

Main Email: info@t-mha.org

Website: www.t-mha.org

Fees: No Fees.

Payment Option(s): No fee.

Application Process: Call for more information.

Documents required: Call for more information.

Hours Of Operation: Days and hours vary; call for more information.

Program: Mental Health Advocacy and Education

Description: Helps adults with mental health challenges lead fuller, healthier lives. Classes, presentations, support groups. Mental Health Advocates available to meet one-on-one. Behavioral Health Navigators. Health Integration Project. Transition Assistance and Relapse Prevention. Peer Advisory & Advocacy Team. MH Advocates are peers who have lived with mental illness themselves.

Eligibility: All programs are available to all adults.

Main Email: info@t-mha.org

Website: www.t-mha.org

Fees: No Fee.

Payment Option(s): No fee

Application Process: Call 805-540-6576 or email jvieira@t-mha.org.

Documents required: None.

Hours Of Operation: Mon-Fri, 8am-5pm.

Program: SLO Hotline

Description: Provides confidential mental health support, crisis and suicide prevention helpline. Also available to answer non-emergency calls from anyone in need of emotional or mental health information or referrals.

Eligibility: Available to anyone in suicidal or mental health crisis or emotional distress or in need of non-emergency emotional support or mental health referrals.

Main Email: info@t-mha.org

Hotline: 805-783-0607

Toll Free: 800-783-0607

Website: www.t-mha.org

Payment Option(s): No fee.

Application Process: None.

Documents required: None.

Hours Of Operation: Available 24 hours per day, 7 days per week.

Program: TMHA Wellness Centers

Description: SLO Wellness Centers offer person-centered, recovery-based supports designed for life enrichment, personal development, peer support, community resources, recovery education, social skill development, and various wellness workshops.

Eligibility: Call for more information.

Hope House- SLO: 805-541-6813

Life House- ATASC: 805-464-0512

Safe Haven- Arroyo Grande: 805-489-9659

Main Email: info@t-mha.org

Toll Free: 800-783-0607

Website: www.t-mha.org

Fees: No Fees.

Payment Option(s): No fee.

Application Process: Walk In.

Documents required: Member Information Packet & Oath of Confidentiality are to be filled out upon arrival to the Center.

Hours Of Operation: Hours vary by center. Call location or visit website for site schedules.

Agency: Twin Cities Community Hospital

Description: Twin Cities hospital delivers acute care services of the communities in the San Luis Obispo County region. Specialize in maternity care, emergency services, surgery and joint replacement, array of medical, surgical and outpatient services.

Business Line: 805-434-3500

Billing & Insurance: 1-866-904-6871

Address: 1100 Las Tablas Road, Templeton, CA 93465

Website: www.twincitieshospital.com

Medical Record Fax: (805) 434-4586 twi-requestmyrecords@tenethealth.com

Program: Twin Cities Community Hospital

Description: Twin Cities acute care hospital delivers personalized, quality care, and advances to the communities in the San Luis Obispo County region. Maternity care, emergency services, surgery and joint replacement, array of medical, surgical and outpatient services.

Eligibility: No eligibility requirements.

Website: https://www.twincitieshospital.com/

Fees: Varies based on service.

Payment Option(s): Fees vary

Application Process: Contact agency for more information.

Hours Of Operation: Open 24 hours.

Agency: United Cerebral Palsy of San Luis Obispo County

Description: United Cerebral Palsy of San Luis Obispo County is dedicated to advancing the independence of people with developmental disabilities throughout the county. Weekend and evening transportation in SLO county, out-of-county weekend trips, Saturday outings and week-long summer camp. In-home respite workshops and family events. Assists parents with education information for their special needs children.

Business Line: 805-543-2039

North County Office: 805-237-8333
Address: 3620 Sacramento Street, Unit 201, San Luis Obispo, CA 93401
Website: www.ucp-slo.org
Volunteer Phone: 805-541-8751
Family Services: 805-543-7102
Family Advocacy: 805-781-6265
Main Email: veronica@ucp-slo.org

Program: Adult Inclusion

Description: Adult Inclusion Program offers Community Interaction Program (CIP) transportation and tours in the evenings and weekends. Camp Kelley Creek, week-long residential camp for adults in SLO county.

Eligibility: Any adult with developmental disabilities can participate in these programs. Call the main office at 805-543-2039 for more information.

Website: <http://ucp-slo.org/>

Fees: Varies, call for more details 805-543-2039.

Application Process: Call the office for information at 805-543-2039.

Documents required: State ID, passport, or birth certificate.

Hours Of Operation: Mon-Fri, 8 am - 5 pm

Program: Central Coast Assistive Technology Center

Description: Provides comprehensive resources to individuals with disabilities regarding assistive technology. Professional consultation, assessment and referral services concerning assistive technology to individuals with disabilities, families and service providers.

Eligibility: Individuals with disabilities. Call for more information.

Main Email: slomortola@aol.com

Website: www.ccatc.org

Fees: Mo charges for most services.

Payment Option(s): Sliding scale.
Application Process: Call for more information.
Documents required: Call for more information.
Hours Of Operation: Call for an appointment.

Agency: VA Central California Health Care System

Description: Provides medical, mental health and specialty care to Veterans. Veterans and family members living in San Luis Obispo County may be eligible for services.
Business Line: 559-228-6933
Toll Free: 888-826-2838
Address: 2615 E. Clinton Avenue, Fresno, CA 93703
Website: www.fresno.va.gov

Program: VA Fresno Medical Center

Description: The Fresno Medical Center is a General Medicine and Surgery teaching hospital providing medical, mental health and specialty care to Veterans. Veterans and family members living in San Luis Obispo County may be eligible for services.
Eligibility: Veterans and family members.
Toll Free: 888-826-2838
Website: fresno.asp
Application Process: Call for an appointment and for more information.
Documents required: Call for more information.
Hours Of Operation: Clinic Hours:
 Monday-Friday, 8:00 am - 4:30 pm, excluding holidays
 Hospital Visiting Hours:
 Unrestricted, unless the clinical area has safety restrictions
 Emergency Room Hours:
 24/7

Cafeteria Hours:
Monday-Friday, 7:30 am - 2:30 pm

Agency: VA Greater Los Angeles Healthcare System

Description: VA Greater Los Angeles Healthcare System one of largest health care facilities within the Department of Veterans Affairs. Offering services to Veterans residing in Southern California. Ambulatory care centers, tertiary care facility and community outpatient clinics. Serves Veterans in: Los Angeles, Ventura, Kern, Santa Barbara, and San Luis Obispo Counties.

Business Line: (310) 478-3711

Sepulveda Ambulatory Care Center: (818) 891-7711

Address: 11301 Wilshire Blvd, Los Angeles, CA 90073

Website: <https://www.losangeles.va.gov/>

Los Angeles Ambulatory Care Center: (213) 253-2677

Telephone Care Line: 1-877-252-4866 Medical advice/questions about your medication.

Pharmacy Representative: 1-800- 952-4852 To speak to pharmacy representative.

Medical Records: (310) 268-4119 Requests for medical records.

Program: VA Los Angeles Ambulatory Care Center

Description: VA Los Angeles Ambulatory Care Center offers healthcare services for Veterans.

Eligibility: Veterans.

Fees: Part of Veteran Services.

Documents required: Military Government Issued ID.

Hours Of Operation: Monday through Friday 8 am - 4 pm.

Program: VA Sepulveda Ambulatory Care Center

Description: VA Sepulveda Ambulatory Care Center offers healthcare services to Veterans.

Eligibility: Veterans.

Fees: Part of Veterans Services.

Documents required: Government Military Issued ID.

Hours Of Operation: Monday through Friday 8 am - 4 pm.

Program: West Los Angeles Medical Center

Description: The West Los Angeles Healthcare Center offers healthcare services for Veterans.

Eligibility: Veterans.

Fees: Part of Veterans Services.

Documents required: Government Military Issued ID.

Hours Of Operation: Monday through Friday 8 am - 4 pm.

Agency: VA Outpatient Clinic, San Luis Obispo

Description: Provides veterans' patient care and benefits.

Business Line: 805-543-1233

Hotline: Veterans Crisis Line

VA Telephone Advice Nurse: 1-877-252-4866 Veteran patients and their caregivers can talk to a VA Registered Nurse.

Address: 1288 Morro Street, Suite 200, San Luis Obispo, CA 93401

Website: <https://www.myhealth.va.gov/>

VA Pharmacy Refills: 1-800-952-4825 Veteran Patients can call to refill their VA medication prescriptions.

Veterans Crisis Line: 838255 Text Messaging

Phone5: www.veteranscrisisline.net

Program: Choice Program

Description:	If you are already enrolled in VA health care, the Choice Program allows you to receive health care within your community.
Eligibility:	<p>To be eligible for the program, you must be enrolled in VA health care and must also meet at least one of the following criteria:</p> <ul style="list-style-type: none"> - You are told by your local VA medical facility that you will need to wait more than 30 days for an appointment. - Your residence is more than a 40 mile driving distance from the closest VA medical facility with a fulltime primary care physician. - You need to travel by air, boat, or ferry to the VA medical facility closest to your house. - You face an unusual or excessive burden in traveling to the closest VA medical facility based on a geographic challenge, environmental factor, medical condition, or other specific clinical decisions. Staff at your local VA medical facility will work with you to determine if you are eligible for any of these reasons. - You reside in a State or a United States Territory without a full-service VA medical facility that provides hospital care, emergency services and surgical care, and reside more than 20 miles from such a VA medical facility.
Toll Free:	1-866-606-8198
Website:	https://www.va.gov/opa/choiceact/
Fees:	No fees for Veterans.
Application Process:	Call the VCP Call Center at 866-606-8198 or visit the Veterans Choice Program website to verify eligibility and set up an appointment.
Documents required:	Call for more information.
Hours Of Operation:	Call for more information.

Program: VA Outpatient Clinic - SLO

VA Telephone Advice Nurse:	1-877-252-4866
Description:	Health clinic for veterans.
Eligibility:	Must be a veteran.
VA Pharmacy Refills:	1-800-952-4825
Choice Program:	1-866-606-8198
Veterans Crisis Line:	838255



www.211slo.org
www.unitedwayslo.org



Phone5: www.veteranscrisisline.net

Toll Free: 1-800-273-TALK (8255) and Press 1

Payment Option(s): Call for fee information.

Application Process: 1010-EZ, available online or in the office.

Documents required: DD214.

Agency: Vandenberg Air Force Base

Description: Vandenberg Air Force Base is headquarters for the 30th Space Wing. Manages Department of Defense space and missile testing, and placing satellites into polar orbit from the West Coast, using expendable boosters.

Business Line: (805) 606-1110

Base Straight Talk Line: (805) 606-8263

Address: 747 Nebraska Ave, Vandenberg AFB, CA 93437

Website: <http://www.vandenberg.af.mil>

Commanders Action Line: (805) 606-7850

30th Space Wing Public Affairs: (805) 606-3595

Space and Missile Heritage Center: (805) 605-8300

Program: Vandenberg Air Force Base

Description: Military Base. Headquarters for the 30th Space Wing.

Eligibility: Active and Inactive Military. Civilians.

Website: <http://www.vandenberg.af.mil/Home/Welcome/>

Hours Of Operation: Call for department hours.

Agency: Vet Center

Description: Offers individual and group counseling to Combat veterans on readjustment issues. Vet centers are authorized to provide services to any combat veteran, and parents, spouses and children of Armed Forces personnel who died while in service to their

country, Combat Service Support who provided direct emergency medical, mental health, mortuary or unmanned aerial support services to personnel involved in combat operations or hostilities, and any who suffered sexual assault or harassment during their service in the military.

Business Line: 805-782-9101
Toll Free: 877-927-8387
Address: 1070 Southwood Drive, San Luis Obispo, CA 93401
Website: www.vetcenter.va.gov

Program: Vet Center

Description: Offers individual and group counseling to Combat veterans on readjustment issues. Also parents, spouses and children of Armed Forces personnel who died while in service to their country, those Combat Service Support who provided direct emergency medical, mental health, mortuary or unmanned aerial support services to personnel involved in combat operations or hostilities, and any who suffered sexual assault or harassment during their service.

Eligibility: Call for exact information.

Website: www.vetcenter.va.gov

Payment Option(s): Call for fee information.

Application Process: Call Vet Center for information.

Documents required: DD214.

Hours Of Operation: Mon-Fri, 8am-5:30pm.
 1st Sat of month 8am-4:30pm.

Program: Vet Center Call Center

Description: 24/7 confidential call center when combat Veterans and their families can talk about their military experiences or any other issue they are facing in their readjustment to civilian life.

Eligibility: Combat Veterans and their families.

Toll Free: 1-877-WAR-VETS(927-8387)

Website: https://www.vetcenter.va.gov/media/call-center-psa.asp

Fees: Benefit is prepaid though Veteran's military service.

Application Process: None.
Documents required: None.
Hours Of Operation: Available 24/7.

Agency: Veterans Falconry Initiative

Description: Veteran community providing a source for getting Vets involved in falconry as a therapy source by providing training, access, and experience working with raptors.
Business Line: 805-704-4823
Address: 9161 Sullivan Ct, Atascadero, CA 93422
Website: <https://www.facebook.com/VetFalconry>
Main Email: vetfalconry@gmail.com

Program: Vet Falconry

Description: Veterans involved in falconry as a therapy source by providing training, access, and experience working with raptors.
Eligibility: Veteran
Main Email: vetfalconry@gmail.com
Website: <https://www.facebook.com/pg/VetFalconry>
Fees: No Fees.
Application Process: None.
Documents required: None.
Hours Of Operation: Dates, location, and hours vary. Please call for details.

Agency: Veterans Services Office

Description: Veterans Services Department provides assistance to the men and women who serve in the Armed Forces of America, their dependents, survivors, and the general public, in obtaining benefits such as compensation, pension, veterans home, vocational rehabilitation, veterans and dependents education, VA Hospital, and Cal-Vet home loans, from the U.S. Department of Veterans Affairs, and other programs for veterans and their families.

Business Line: 805-781-5766

Hotline: 1-800-273-8255 and Press 1

Veteran Crisis Line: 838255 Text message

Address: Veterans Memorial Building, 801 Grand Avenue, San Luis Obispo, CA 93408

Website: www.slocounty.ca.gov/veteran.htm

VA Telephone Advice Nurse: 1-877-252-4866 Veteran patients and their caregivers can talk to a VA Registered Nurse.

Phone4: www.veteranscrisisline.net

Program: VA Outpatient Clinic

Parent Facility: Los Angeles VAMC (GLA): 310-478-3711

Description: Veterans Affairs Outpatient Clinic is a VHA Medical Center providing health care to Veterans.

 General care health evaluation and counseling, disease prevention, nutrition counseling. Mental health evaluation and assistance. Management and screening of chronic conditions. Reproductive health care. Rehabilitation, home care, and long-term care referrals. Patient Advocates available.

Eligibility: To be eligible for VA health care benefit programs one must have served in the active military, naval or air service and separated under any condition other than dishonorable.

Santa Maria VA Outpatient Clinic: 805-354-6000

VA Telephone Advice Nurse: 1-877-252-4866

Hotline: 1-800-273-8255 and Press 1

Website: http://www.slocounty.ca.gov/veteran/health_and_wellbeing/va_outpatient_clinic_locations.htm

Payment Option(s): No fee; Fees vary; Call for fee information

Application Process: Application for health care benefits, VA Form 10-10EZ.

Hours Of Operation: Monday through Friday, 8 am to 4:30 pm.

Program: Veterans Crisis Line

Text message: 838255

Description: The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.

Eligibility: Veterans in crisis and their families and friends

Toll Free: 1-800-273-8255

Website: <https://www.veteranscrisisline.net/>

Application Process: Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support.

Documents required: None.

Hours Of Operation: 24 hours a day, 7 days a week, 365 days a year.

Program: Veterans Services Office

Description: The San Luis Obispo County Department of Veterans Services was created to help local veterans and their families obtain veterans' benefits from federal, state and local agencies, including the U. S. Department of Veterans Affairs.

Eligibility: Veterans and their dependents and survivors.

Fees: No fee.

Payment Option(s): No fee.

Application Process: Call 805-781-5766 for more information.
 Appointments are always required.

Documents required: DD214.

Hours Of Operation: Mon-Fri 9 am - 5 pm in San Luis Obispo. For Paso Robles and Arroyo Grande offices, call for an appointment.

Agency: VFW National Home for Children

Description: The VFW National Home for Children serves as a living memorial to America's veterans by helping our nation's veteran and military families. Through our Helpline and our on-campus programs, we help families and children through times of crisis, both on our beautiful campus and in their own communities nationwide.

Business Line: 517-663-1521
Toll Free: 800-313-4200
Hotline: 800-313-4200
Address: 3573 S. Waverly Rd., Eaton Rapids, MI
Website: www.vfwnationalhome.org
Main Email: help@vfwnationalhome.org

Program: Helpline

Description: Our Helpline is staffed by caring professionals who understand the unique challenges faced by today's military and veteran families. This free service offers information, creates connections and gives hope to struggling families, wherever they are. It can also serve as a future resident's first step to moving to the National Home.

Eligibility: Veterans, current active duty military, National Guard Members and their families.

Main Email: help@vfwnationalhome.org

Hotline: 800-313-4200

Website: www.vfwnationalhome.org

Fees: Free

Payment Option(s): No fee

Application Process: Please call or email the Helpline, 800.313.4200 or help@vfwnationalhome.org.

Documents required: No information has been provided by Agency.

Hours Of Operation: Mon-Fri 8am-4:30pm Eastern Time (5am-1:30pm Pacific Time)

Agency: Vietnam Vet Family Support

Description: Phone support for families of Vietnam veterans.

Sharlot Sunshine: 805-528-4954

Address: Phone only resource, San Luis Obispo, CA

Program: Vietnam Vet Family Support

Sharlot Sunshine: 805-528-4954
Description: Phone support for families of Vietnam veterans.
Application Process: None.
Documents required: None.
Hours Of Operation: Call for information.

Agency: Visiting Angels Living Assistance Services

Description: Provides Seniors and adults the needed assistance to continue living at home.
Business Line: 805-546-2080
Address: 1317 Broad St #B, San Luis Obispo, CA 93401
Website: <http://www.visitingangels.com>

Program: Senior Home Care Services

Description: Provides Seniors and adults the needed assistance to continue living at home.
Eligibility: Seniors and adults.
Website: <https://www.visitingangels.com>
Fees: Fees vary by level of service.
Application Process: Call for more information.
Documents required: Call for more information.
Hours Of Operation: Business hours: Monday - Friday 8:00am - 5:00pm.
24/7 Multiple Shift Care available.

Agency: Visiting Nurse & Hospice Care

Description: Consists of multiple sites throughout Santa Barbara and San Luis Obispo Counties who loan out medical equipment (such as walkers, wheelchairs, commodes, canes,

crutches, toilet and shower chairs) free of charge to people in temporary need of the equipment. Contact individual sites for more information.

Business Line: 805-965-5555
Address: CA
Website: <http://www.vnhcsb.org/>
Main Email: INFO@VNHCSB.ORG

Program: Home Health

Lompoc: 805-735-4444

Description: Visiting Nurse & Hospice Care provides Home Health Care to individuals who are recovering from illness, accident or injury. Patient services include post-surgical rehabilitation, wound care, patient and family education, diabetes management, and home safety assessment.

Santa Ynez: 805-693-5555

Website: <http://www.vnhcsb.org/skilled-nursing/>

Fees: Rehabilitation services provided under the direction of your doctor may be paid for by Medicare or other health insurance. Please find more information under Payment for Services.

Skilled nursing services provided under the direction of your doctor may be paid for by Medicare or other health insurance. Please find more information under Payment for Services.

Program: Hospice Services

Lompoc: 805-735-4444

Description: Hospice care provides comfort and quality of life for people of all ages who face life-limiting illness and medical treatment that no longer offers a cure. Visiting Nurse & Hospice Care offers hospice care that is family-centered and takes place in a patient's home or at Serenity House, our inpatient hospice house, an option if needs cannot be met at home. Together the hospice team and each patient's doctor provide expert medical care, pain and symptom relief, and emotional and spiritual support to the patient and the family.

Eligibility: Hospice is available for many life-limiting conditions, such as cancer, Alzheimer's disease, heart failure, or even just old age.

Santa Ynez: 805-693-5555

Website: <http://www.vnhcsb.org/hospice-care/>

Fees:

Hospice Care is a benefit under Medicare, Medi-Cal and most private insurances. Please visit <http://www.vnhcsb.org/hospice-care/> for more information.

Agency: Vista del Mar Hospital (VDMH)

Description: Vista del Mar Hospital (VDMH) provides inpatient care for military service members and their families. Inpatient adult, adolescent stabilization, safety and adult partial hospitalization. Inpatient Trauma Treatment Program, Women’s Military Support Program. Active duty military, veterans diagnosed with PTSD, Acute Stress Disorder and/or other co-occurring conditions.

Business Line: (805) 653-6434

Toll Free: (800) 776-0040

Military Liaison: 805-653-6434 x209 Monday through Friday, 0900-1700 hours

Address: 801 Seneca Street, Ventura, CA 93001

Website: <http://www.vistadelmarhospital.com>

After-hour admissions: 805-889-4459

Program: Detox and Dual Diagnosis Program

Military Liaison: 805-653-6434 x209

Description: Stabilization treatment for service members struggling with mental health issues compounded by chemical dependency. Medically supervised detoxification, group therapy focused on psychoeducation, relapse prevention, and a 12-step program.

Eligibility: Veterans, military service members and their families.

After-hour admissions: 805-889-4459

Toll Free: 877-518-1110

Website: <http://www.vistadelmarhospital.com/Military%20Support>

Fees: Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.

Application Process: Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

Documents required: Please contact Assessment and Referral Department at 805-653-6434 for more information.

Hours Of Operation: Hospital is open 24 hours a day, 7 days a week.

Program: Military Mental Health Care for Dependents

Military Liaison: 805-653-6434 x209

Description: VDMH offers support to military families (spouses and dependents) with short, intensive inpatient hospitalization, detox/dual diagnosis and partial hospitalization programs to military spouses and adult dependents.

After-hour admissions: 805-889-4459

Toll Free: 877-518-1110

Website: <http://www.vistadelmarhospital.com/Military%20Support>

Hours Of Operation: Hospital is open 24 hours a day, 7 days a week.

Program: Partial Hospitalization Program

Military Liaison: 805-653-6434 x209

Description: For service members that are in need of short-term outpatient treatment or those that are stepping down from inpatient care, Partial Hospitalization Program offers day treatment at Ventura hospital for psychiatric conditions or dual-diagnosis issues.

Eligibility: For service members that are in need of short-term outpatient treatment or those that are stepping down from inpatient care

After-hour admissions: 805-889-4459

Toll Free: 877-518-1110

Website: <http://www.vistadelmarhospital.com/Military%20Support>

Fees: Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.

Payment Option(s): Fees vary; Call for fee information

Application Process: Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

Documents required: Please contact Assessment and Referral Department at 805-653-6434 for more information.

Hours Of Operation: Offered weekdays from 9:00 am – 3:00 pm.

Program: Trauma Treatment Program for Veterans with PTSD

Military Liaison: 805-653-6434 x209

Description: 30-day inpatient mental health program that follows an evidence-based curriculum for treating PTSD, Acute Stress Disorder and Combat Operational Stress, as well as co-occurring substance abuse disorders and mood disorders for the Management of PTSD.

Eligibility: Active duty military and veterans diagnosed with PTSD, Acute Stress Disorder and/or other co-occurring conditions.

After-hour admissions: 805-889-4459

Toll Free: 877-518-1110

Website: <http://www.vistadelmarhospital.com/Military%20Support>

Fees: Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.

Payment Option(s): Fees vary; Call for fee information

Application Process: Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

Documents required: Please contact Assessment and Referral Department at 805-653-6434 for more information.

Hours Of Operation: Hospital is open 24 hours a day, 7 days a week.

Program: Women's Military Mental Health Program

Military Liaison: 805-653-6434 x209

Description: Gender-sensitive inpatient program focuses on the treatment of female service members suffering from traumatic stress reactions related to combat exposure, Military Sexual Trauma (MST), sexual assault, childhood abuse (physical or sexual) or domestic violence.

Eligibility: Female service members.

After-hour admissions: 805-889-4459

Toll Free: 877-518-1110

Website: <http://www.vistadelmarhospital.com/Military%20Support>

Fees: Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.

Payment Option(s): Fees vary

Application Process: Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

Documents required: Please contact Assessment and Referral Department at 805-653-6434 for more information.

Hours Of Operation: Hospital is open 24 hours a day, 7 days a week.

Agency: Wallace Home Medical Supplies

Description: Full retail store carrying Lift Chairs, Oxygen Therapy, Manual and Power Wheelchairs, Scooters, Aids To Daily Living (ADL), Bath Safety, Canes, Cervical Pillows and Bed Supplies, Compression Stockings, Hospital Beds, Nebulizers, Podiatry Products, Orthopedic Braces and Splints, TENS Units, Wound Care, Walkers (Standard, 3 Wheel, and 4 Wheel). Deliver.

Business Line: 805-238-3935

Address: 549 10th St, Paso Robles, CA 93446

Website: www.wallacehms.com

Main Email: trago@wallacehms.com

Program: Wallace Home Medical Supplies

Paso Robles: 805-238-3935

Description: Full retail store carrying Lift Chairs, Oxygen Therapy, Manual and Power Wheelchairs, Scooters, Aids To Daily Living (ADL), Bath Safety, Canes, Cervical Pillows and Bed Supplies, Compression Stockings, Hospital Beds, Nebulizers, Podiatry Products, Orthopedic Braces and Splints, TENS Units, Wound Care, Walkers (Standard, 3 Wheel, 4 Wheel)

San Luis Obispo: 805-543-5966

Main Email: trago@wallacehms.com

Website: wallacehms.com

Agency: Waypoint

Description: Waypoint Coaching and Consulting partners with individuals and organizations to facilitate the change process toward the desired future. Services for returning veterans, readjustment coaching, career coaching, and vet garden.

Business Line: 805-464-7692

Website: <http://www.waypointcoach.com>

Main Email: deb@waypointcoach.com

Program: Readjustment and Career Coaching

Description: Offers recently returning veterans, transition coaching into civilian life. Move forward in sorting out a new direction in life, work or school. Educate employers about returning veterans' strengths, needs.

Eligibility: Returning veteran.

Main Email: deb@waypointcoach.com

Website: <http://www.waypointcoach.com>

Fees: No fees.

Application Process: Call Vet Phone: 805.464.7692 for more information.

Hours Of Operation: Hours by appointment.

Program: Vet Garden

**Andrew Rodriguez,
Vet Center:** 805-782-9101

Description: Garden beds dedicated specifically to returning veterans at SLO Creek Farms apple orchard/organic garden.

Eligibility: Returning veterans.

Website: <http://www.waypointcoach.com/vet-garden/>

Fees: No Fees.

Payment Option(s): No fee

Application Process: Contact Andrew Rodriguez, Vet Center, 805-782-9101 to get more information.

Hours Of Operation: SLO Creek Farms Organic Community Garden Open Seven days a week from 11:00am to 5:00pm, April through December.

Agency: Wilshire Community Services

Description: Wilshire Community Services non-profit division of Wilshire Health & Community Services. Supports individuals and families facing difficult circumstances and life transitions. Provide positive life changes for healing, connection, resolution and renewal. Programs and services, clients experience new connections, trusted listening, and conflict resolution forum.

Business Line: 805-547-7025

Address: 285 South Street, Suite J, San Luis Obispo, CA 93401

Website: www.wilshirehcs.org

Main Email: wcsinfo@wilshirehcs.org

Program: Senior Peer Counseling

Description: Provides free, in-home counseling to seniors age 60 and older.

Eligibility: Restricted to persons 60 years and older.

Main Email: seniorpeer@wilshirehcs.org

Website: www.seniorpeercounseling.org

Fees: No Fee.

Payment Option(s): No fee

Application Process: In-home intake, call for appointment.

Documents required: None.

Hours Of Operation: Mon-Fri, 8 am - 5 pm.

Agency: Wilshire Home Health

Description: Provides skilled care to patients in all areas of the county on a part-time, intermittent basis. Patient care is provided by licensed professionals. Hospital, home evaluations. Subset of Wilshire Health and Community Services.

Business Line: 805-782-8600

Paso Robles Office: 805-238-0538

Address: 277 South Street, Ste W, San Luis Obispo, CA 93401

Website: www.wilshirehomehealthcc.org

Santa Maria Office: 805-925-8694

Main Email: whhinfo@wilshirehcs.org

Program: Wilshire Home Health Program

Paso Robles Office: 805-238-0538

Description: Provides skilled care to patients on a part-time, intermittent basis. Hospital and home evaluations.

Eligibility: Patients must be under a physician's care and require a skilled service.

Santa Maria Office: 805-925-8694

Main Email: whhinfo@wilshirehcs.org

Website: www.wilshirehomehealthcc.org

Fees: Services are covered by Medicare, Medi-Cal, private insurance, private funds or charity if the appropriate criteria are met.

Payment Option(s): Accepts Medi-Cal; Accepts Medicare; Accepts most insurance

Application Process: Doctor's Referral.

Documents required: None.

Hours Of Operation: Mon-Fri, 8 am - 5 pm.
 On call 24/7.

Agency: Wilshire Hospice

Description: Hospice provides support and care in the last phases of incurable disease and illness so that people may live as fully and as comfortable as possible.

Business Line: 805-782-8608

Address: 277 South Street, Suite R, San Luis Obispo, CA 93401
Website: www.wilshirehospicecc.org
Main Email: whocinfo@wilshirehcs.org

Program: Hospice Care

Description: Hospice care, family-centered and team of licensed professionals and trained volunteers. Focus on the dying patient's needs. Keeping the patient in the environment of choice, as pain and symptom-free and lucid as desired, loved ones nearby.

Eligibility: Terminally ill and given 6 months or less to live.

Main Email: whocinfo@wilshirehcs.org

Website: www.wilshirefoundation.org

Fees: Medicare or Medical accepted, call for more info.

Payment Option(s): Call for fee information

Application Process: Referral from doctor or call Wilshire to request doctor's referral, a nurse will perform an in-home assessment.

Documents required: Signed consent form.

Hours Of Operation: Office Hours: Mon-Fri, 8am-5pm.
Services are available 24 hours a day, 365 days a year.

Agency: Women's Shelter Program of San Luis Obispo County

Description: The Women's Shelter Program of SLO County (WSP) is committed to alleviating domestic violence and abuse. WSP programs: emergency shelter, counseling, case management, child abuse treatment and legal services. Serves both women AND men.

Business Line: 805-781-6401

Hotline: 805-781-6400

Counseling Services: (805) 473-6507

Address: 51 Zaca Lane, Suite 150, San Luis Obispo, CA 93401

Website: www.wsp slo.org

Main Email: info@wsp slo.org

Program: WSP Center for Alternatives to Domestic Violence (CADV)

Description:	Offers individual counseling for family members affected by intimate partner violence and child abuse: women, children, teens, and men. Individual counseling sessions are available during daytime, evening and weekend hours.
Eligibility:	Men, women, and children, including Victims of Crime (VOC). Individuals seeking counseling do not need to be residents at our Safe house/shelter.
Main Email:	info@wspsoo.org
Hotline:	805-781-6400
Website:	www.womensshelterslo.org
Fees:	Sliding-scale fee, based on ability to pay.
Payment Option(s):	Fees vary
Application Process:	Call 805-473-6507 to schedule an assessment.
Hours Of Operation:	Main office: Mon-Fri 9am-5pm. After Hours crisis intervention available by dialing 781-6400.

Program: WSP Emergency Shelter

Description:	Safe House is a confidential shelter that provides safety, support and referrals to victims of intimate partner violence and their children. The program consists of safe shelter, legal assistance, advocacy, and counseling services.
Eligibility:	Victim of intimate partner violence (IPV)
Main Email:	info@wspso.org
Hotline:	805-781-6400
Website:	http://www.womensshelterslo.org
Fees:	Free.
Payment Option(s):	No fee
Documents required:	For parents with children, custody paperwork may be requested.

Hours Of Operation: No office hours. Call Agency for assistance.

Agency: YMCA

Description: The YMCA is a local non-profit organization offering fun, healthy and educational programs for children, families and adults throughout San Luis Obispo County. Volunteers, business leaders, program participants and other community neighbors guide the Y in its service to our community. Focused on building strong kids, strong families and strong communities, YMCA programs appeal to all ages, from the young to the young at heart, and are available regardless of race, creed, nationality or disability.

Main YMCA Office in SLO: 805-543-8235

Address: SLO County YMCA, 1020 Southwood Dr, San Luis Obispo, CA 93401

Website: www.sloymca.org

Main Email: info@sloymca.org

Program: YMCA of San Luis Obispo County

Main YMCA Office in SLO: 805-543-8235

Description: Offers a variety of healthy and educational programs for children, families and adults throughout San Luis Obispo County.

Eligibility: No information has been provided by Agency.

Application Process: Call the main office at 805-543-8235 for information on the many programs offered for all ages around the county.

Documents required: No information has been provided by Agency.

Hours Of Operation: Call for information.

DIRECTORY OF PROGRAMS BY NAME

(Agencies are alphabetical by name in the preceding list)

PROGRAM NAME	AGENCY NAME
Intensive Outpatient Program	Balance Treatment Center
ACI Medical	ACI Medical
ActiveLink Lifeline Central Coast	ActiveLink Lifestyles Inc. (Central Coast)
Adaptive Driving Systems	Adaptive Driving Systems
Adult Inclusion	United Cerebral Palsy of San Luis Obispo County
Adult Wellness and Prevention Screening	Community Action Partnership of San Luis Obispo County (CAPSLO)
American Heart Association Central Coast	American Heart Association Central Coast
American Red Cross - San Luis Obispo County Chapter	American Red Cross - San Luis Obispo Chapter
Arroyo Grande Community Hospital	Arroyo Grande Community Hospital
Arthritis Resources	Arthritis Foundation Central Coast
Behavioral Health Services	Health Agency, County Of San Luis Obispo
Cal Poly Campus Health & Wellbeing	Cal Poly State University
Cal Poly Counseling Services	Cal Poly State University
California AgrAbility Program	UC Davis
California West Nile Virus Website	California West Nile Virus Website
Camp San Luis Obispo	Camp San Luis Obispo
Central Coast Assistive Technology Center	United Cerebral Palsy of San Luis Obispo County
Child Care Resource Connection	Community Action Partnership of San Luis Obispo County (CAPSLO)
Child Support Services Department	San Luis Obispo County of Child Support Services Department
Choice Program	VA Outpatient Clinic
Coast Caregiver Resource Center	Coast Caregiver Resource Center
Coast Healthy Start	Coast Healthy Start

Community Counseling Center

Community Counseling Center (CCC) of San Luis
 Obispo County, Inc.

Community CPR Course

French Hospital Medical Center

Community Education

Arroyo Grande Community Hospital

Community Health Centers of the Central Coast

Community Health Centers of the Central Coast (CHC)

Community Living Services

Achievement House, Inc.

Community Living Services

NCI Affiliates, Inc.

Counseling Program

RISE

Dental Society - Central Coast

Dental Society, Central Coast

Department of Rehabilitation

Department of Rehabilitation

Detox and Dual Diagnosis Program

Vista del Mar Hospital (VDMH)

Dial-A-Ride Services

Regional Transit Authority (RTA)

Dignity Health Home Health Services

Marian Regional Medical Center

Dignity Health Wellness Programs

French Hospital Medical Center

Doctor is In

Cancer Support Community California Central Coast

Easter Seals Southern California

Easter Seals Southern California

Educational Seminars

Cancer Support Community California Central Coast

Escuela Del Rio

Escuela Del Rio

Family Resource Center

Services Affirming Family Empowerment (SAFE) South
 County

Family Services - Youth Family Partners

Transitions-Mental Health Association

Family Supportive Services

Catholic Charities

French Hospital Medical Center

French Hospital Medical Center

Friday Night Live

Friday Night Live

Friends Outside Visiting Center

Friends Outside Visiting Center

Generation Next Teen Resource Center

Community Action Partnership of San Luis Obispo
 County (CAPSLO)

Green Pastures

First Presbyterian Church

Healing Through Reckoning and Responsibility

Healing Through Reckoning and Responsibility (HTRR)

Hearst Cancer Resource Center

Hearst Cancer Resource Center

HIV Care Consortium of San Luis Obispo County	VFW National Home for Children
Home Health	HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County
Homeless Services	Visiting Nurse & Hospice Care
Hospice Care	5Cities Homeless Coalition
Hospice Services	Wilshire Hospice
Immigration & Citizenship Services	Visiting Nurse & Hospice Care
Independent Living Resource Center	Catholic Charities
Kidney Foundation Support Group	Independent Living Resource Center
Latino Outreach Program	Central Coast Kidney Foundation
Learn to Surf Clinics	Latino Outreach Program
Liberty Tattoo Removal Program	AmpSurf - Association of Amputee Surfers
Lifeline Crisis Pregnancy Center	Community Action Partnership of San Luis Obispo County (CAPSLO)
Lifestyles Recovery Center	Lifeline Crisis Pregnancy Center
Lin Care	Lifestyles Recovery Center, Inc.
Little Swimmers/Water Warriors	Lin Care
Living Positive	Jack's Helping Hand, Inc.
Lupus International	Access Support Network
Med World	Lupus International
Medical Equipment Loan	Med World, Inc.
Medically Indigent Services Program (MISP)	People Helping People
Mental Health Advocacy and Education	Department of Social Services (DSS)
Mentor Program	Transitions-Mental Health Association
Military Mental Health Care for Dependents	Central Coast Veteran's Helping Veterans
Military Parents on the Central Coast Support Group	Vista del Mar Hospital (VDMH)
Mobile Solutions	Military Parents & Friends on the Central Coast
National Domestic Violence Hotline	Braille Institute
New Life K9s	California Partnership to End Domestic Violence
	New Life K9's

North County Abolitionists	North County Abolitionists
Operation Surf/Operation Surf 4 Veterans	Amazing Surf Adventures
Options Family of Services	Options Family of Services
Orcutt Residential Services	Options Family of Services
Partial Hospitalization Program	Vista del Mar Hospital (VDMH)
Partners in Equestrian Therapy	Partners in Equestrian Therapy
Paso Express	Regional Transit Authority (RTA)
Peers Understanding Listening Supporting Educating	Cal Poly State University
Planned Parenthood	Planned Parenthood of Santa Barbara, Ventura & San Luis Obispo Counties, Inc.
Prevention & Education	Public Health Services
Public Health	Public Health Services
Public Health Services	Health Agency, County Of San Luis Obispo
Readjustment and Career Coaching	Waypoint
Regional Transit Authority (RTA)	Regional Transit Authority (RTA)
Resilient Warrior Program	Transcendental Meditation San Luis Obispo County
Ride-On Transit Management Association (TMA)	Ride-On Transportation
RISE	RISE
RV's for Veterans	Paso Cares
Saint Vincent De Paul Society	Saint Vincent De Paul Society
San Luis Obispo Counseling Service at Cal Poly	Cal Poly State University
SART (Suspected Abuse Response Team)	SART (Suspected Abuse Response Team)
Senior Home Care Services	Visiting Angels Living Assistance Services
Senior Peer Counseling	Wilshire Community Services
Shelter Program	RISE
Sierra Vista Regional Medical Center	Sierra Vista Regional Medical Center
SLO Hep C Project	SLO Hep C Project
SLO Hotline	Transitions-Mental Health Association
SLO Noor Clinic	Noor Foundation

State Child Development Programs

Community Action Partnership of San Luis Obispo
 County (CAPSLO)

Supportive Services for Veteran Families (SSVF)

Community Action Partnership of San Luis Obispo
 County (CAPSLO)

Teen Academic Parenting Program (TAPP)

Community Action Partnership of San Luis Obispo
 County (CAPSLO)

The Center for Health & Prevention Clinics

Community Action Partnership of San Luis Obispo
 County (CAPSLO)

Therapy Services for Children

Elks Lodge

TMHA Wellness Centers

Transitions-Mental Health Association

Tolosa Children's Dental Center

Partnership for the Children of San Luis Obispo County

Trauma Treatment Program for Veterans with PTSD

Vista del Mar Hospital (VDMH)

Twin Cities Community Hospital

Twin Cities Community Hospital

University of California Cooperative Extension

University of California Cooperative Extension

VA Fresno Medical Center

VA Central California Health Care System

VA Los Angeles Ambulatory Care Center

VA Greater Los Angeles Healthcare System

VA Outpatient Clinic

Veterans Services Office

VA Outpatient Clinic - SLO

VA Outpatient Clinic

VA Sepulveda Ambulatory Care Center

VA Greater Los Angeles Healthcare System

Vanderberg Air Force Base

Vanderberg Air Force Base

Vet Center

Vet Center

Vet Center Call Center

Vet Center

Vet Falconry

Veterans Falconry Initiative

Vet Garden

Waypoint

Veteran Crisis Line

Veterans Services Office

Veterans Assistance Program

San Luis Legal Assistance Foundation

Veteran's Express

Ride-On Transportation

Veterans Outreach

Behavioral Health Services

Veterans Services Office

Veterans Services Office

Vietnam Vet Family Support

Vietnam Vet Family Support

Vision Testing Program

Vision Testing Program



www.211slo.org
www.unitedwayslo.org



Wallace Home Medical Supplies

Wallace Home Medical Supplies

West Los Angeles Medical Center

VA Greater Los Angeles Healthcare System

Wilshire Home Health Program

Wilshire Home Health

Women, Infants and Children Program (WIC)

Public Health Services

Women's Military Mental Health Program

Vista del Mar Hospital (VDMH)

WSP Center for Alternatives to Domestic Violence (CADV)

Women's Shelter Program of San Luis Obispo County

WSP Child Abuse Treatment Program (CHAT)

Women's Shelter Program of San Luis Obispo County

WSP Emergency Shelter

Women's Shelter Program of San Luis Obispo County

YMCA of San Luis Obispo County

YMCA

Soul of the Wounded Healer

DIRECTORY OF SERVICES

(Agencies are alphabetical by name in the preceding list.)

5Cities Homeless Coalition - PROGRAM: Homeless Services

Access Support Network - PROGRAM: Living Positive

Achievement House, Inc. - PROGRAM: Community Living Services

ACI Medical - PROGRAM: ACI Medical

ActiveLink Lifestyles Inc. (Central Coast) - PROGRAM: ActiveLink Lifeline Central Coast

Adaptive Driving Systems - PROGRAM: Adaptive Driving Systems

Amazing Surf Adventures - PROGRAM: Operation Surf/Operation Surf 4 Veterans

American Heart Association Central Coast - PROGRAM: American Heart Association Central Coast

American Red Cross - San Luis Obispo Chapter - PROGRAM: American Red Cross - San Luis Obispo County Chapter

AmpSurf - Association of Amputee Surfers - PROGRAM: Learn to Surf Clinics

Arroyo Grande Community Hospital - PROGRAM: Arroyo Grande Community Hospital

Arroyo Grande Community Hospital - PROGRAM: Community Education

Arthritis Foundation Central Coast - PROGRAM: Arthritis Resources

Balance Treatment Center - PROGRAM: Intensive Outpatient Program

Behavioral Health Services - PROGRAM: Veterans Outreach

Braille Institute - PROGRAM: Mobile Solutions

Cal Poly State University - PROGRAM: Cal Poly Campus Health & Wellbeing

Cal Poly State University - PROGRAM: Cal Poly Counseling Services

Cal Poly State University - PROGRAM: Peers Understanding Listening Supporting Educating

Cal Poly State University - PROGRAM: San Luis Obispo Counseling Service at Cal Poly

California Partnership to End Domestic Violence - PROGRAM: National Domestic Violence Hotline

California West Nile Virus Website - PROGRAM: California West Nile Virus Website

Camp San Luis Obispo - PROGRAM: Camp San Luis Obispo

Cancer Support Community California Central Coast - PROGRAM: Doctor is In

Cancer Support Community California Central Coast - PROGRAM: Educational Seminars

Catholic Charities - PROGRAM: Family Supportive Services

Catholic Charities - PROGRAM: Immigration & Citizenship Services

Central Coast Kidney Foundation - PROGRAM: Kidney Foundation Support Group

Central Coast Veteran's Helping Veterans - PROGRAM: Mentor Program

Coast Caregiver Resource Center - PROGRAM: Coast Caregiver Resource Center

Coast Healthy Start - PROGRAM: Coast Healthy Start

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Adult Wellness and Prevention Screening

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Child Care Resource Connection

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Generation Next Teen Resource Center

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Liberty Tattoo Removal Program

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: State Child Development Programs

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Supportive Services for Veteran Families (SSVF)

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Teen Academic Parenting Program (TAPP)

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: The Center for Health & Prevention Clinics

Community Counseling Center (CCC) of San Luis Obispo County, Inc. - PROGRAM: Community Counseling Center

Community Health Centers of the Central Coast (CHC) - PROGRAM: Community Health Centers of the Central Coast

Dental Society, Central Coast - PROGRAM: Dental Society - Central Coast

Department of Rehabilitation - PROGRAM: Department of Rehabilitation

Department of Social Services (DSS) - PROGRAM: Medically Indigent Services Program (MISP)

Easter Seals Southern California - PROGRAM: Easter Seals Southern California

Elks Lodge - PROGRAM: Therapy Services for Children

Escuela Del Rio - PROGRAM: Escuela Del Rio

First Presbyterian Church - PROGRAM: Green Pastures

French Hospital Medical Center - PROGRAM: Community CPR Course

French Hospital Medical Center - PROGRAM: Dignity Health Wellness Programs

French Hospital Medical Center - PROGRAM: French Hospital Medical Center

Friday Night Live - PROGRAM: Friday Night Live

Friends Outside Visiting Center - PROGRAM: Friends Outside Visiting Center

Healing Through Reckoning and Responsibility (HTRR) - PROGRAM: Healing Through Reckoning and Responsibility

Health Agency, County Of San Luis Obispo - PROGRAM: Behavioral Health Services

Health Agency, County Of San Luis Obispo - PROGRAM: Public Health Services

Hearst Cancer Resource Center - PROGRAM: Hearst Cancer Resource Center

HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County - PROGRAM: HIV Care Consortium of San Luis Obispo County

Independent Living Resource Center - PROGRAM: Independent Living Resource Center

Jack's Helping Hand, Inc. - PROGRAM: Little Swimmers/Water Warriors

Latino Outreach Program - PROGRAM: Latino Outreach Program

Lifeline Crisis Pregnancy Center - PROGRAM: Lifeline Crisis Pregnancy Center

Lifestyles Recovery Center, Inc. - PROGRAM: Lifestyles Recovery Center

Lin Care - PROGRAM: Lin Care

Lupus International - PROGRAM: Lupus International

Marian Regional Medical Center - PROGRAM: Dignity Health Home Health Services

Med World, Inc. - PROGRAM: Med World

Military Parents & Friends on the Central Coast - PROGRAM: Military Parents on the Central Coast Support Group

NCI Affiliates, Inc. - PROGRAM: Community Living Services

New Life K9's - PROGRAM: New Life K9s

Noor Foundation - PROGRAM: SLO Noor Clinic

North County Abolitionists - PROGRAM: North County Abolitionists

Options Family of Services - PROGRAM: Options Family of Services

Options Family of Services - PROGRAM: Orcutt Residential Services

Partners in Equestrian Therapy - PROGRAM: Partners in Equestrian Therapy

Partnership for the Children of San Luis Obispo County - PROGRAM: Tolosa Children's Dental Center

Paso Cares - PROGRAM: RV's for Veterans

People Helping People - PROGRAM: Medical Equipment Loan

Planned Parenthood of Santa Barbara, Ventura & San Luis Obispo Counties, Inc. - PROGRAM: Planned Parenthood

Public Health Services - PROGRAM: Prevention & Education

Public Health Services - PROGRAM: Public Health

Public Health Services - PROGRAM: Women, Infants and Children Program (WIC)

Regional Transit Authority (RTA) - PROGRAM: Dial-A-Ride Services

Regional Transit Authority (RTA) - PROGRAM: Paso Express

Regional Transit Authority (RTA) - PROGRAM: Regional Transit Authority (RTA)

Ride-On Transportation - PROGRAM: Ride-On Transit Management Association (TMA)

Ride-On Transportation - PROGRAM: Veteran's Express

RISE - PROGRAM: Counseling Program

RISE - PROGRAM: RISE

RISE - PROGRAM: Shelter Program

Saint Vincent De Paul Society - PROGRAM: Saint Vincent De Paul Society

San Luis Legal Assistance Foundation - PROGRAM: Veterans Assistance Program

San Luis Obispo County of Child Support Services Department - PROGRAM: Child Support Services Department

SART (Suspected Abuse Response Team) - PROGRAM: SART (Suspected Abuse Response Team)

Services Affirming Family Empowerment (SAFE) South County - PROGRAM: Family Resource Center

Sierra Vista Regional Medical Center - PROGRAM: Sierra Vista Regional Medical Center

SLO Hep C Project - PROGRAM: SLO Hep C Project

Transcendental Meditation San Luis Obispo County - PROGRAM: Resilient Warrior Program

Transitions-Mental Health Association - PROGRAM: Family Services - Youth Family Partners

Transitions-Mental Health Association - PROGRAM: Mental Health Advocacy and Education

Transitions-Mental Health Association - PROGRAM: SLO Hotline

Transitions-Mental Health Association - PROGRAM: TMHA Wellness Centers

Twin Cities Community Hospital - PROGRAM: Twin Cities Community Hospital

UC Davis - PROGRAM: California AgrAbility Program

United Cerebral Palsy of San Luis Obispo County - PROGRAM: Adult Inclusion

United Cerebral Palsy of San Luis Obispo County - PROGRAM: Central Coast Assistive Technology Center

University of California Cooperative Extension - PROGRAM: University of California Cooperative Extension

VA Central California Health Care System - PROGRAM: VA Fresno Medical Center

VA Greater Los Angeles Healthcare Sytem - PROGRAM: VA Los Angeles Ambulatory Care Center

VA Greater Los Angeles Healthcare Sytem - PROGRAM: VA Sepulveda Ambulatory Care Center

VA Greater Los Angeles Healthcare Sytem - PROGRAM: West Los Angeles Medical Center

VA Outpatient Clinic - PROGRAM: Choice Program

VA Outpatient Clinic - PROGRAM: VA Outpatient Clinic - SLO

Vanderberg Air Force Base - PROGRAM: Vanderberg Air Force Base

Vet Center - PROGRAM: Vet Center

Vet Center - PROGRAM: Vet Center Call Center

Veterans Falconry Initiative - PROGRAM: Vet Falconry

Veterans Services Office - PROGRAM: VA Outpatient Clinic

Veterans Services Office - PROGRAM: Veteran Crisis Line

Veterans Services Office - PROGRAM: Veterans Services Office

VFW National Home for Children - PROGRAM: Helpline

Vietnam Vet Family Support - PROGRAM: Vietnam Vet Family Support

Vision Testing Program - PROGRAM: Vision Testing Program

Visiting Angels Living Assistance Services - PROGRAM: Senior Home Care Services

Visiting Nurse & Hospice Care - PROGRAM: Home Health

Visiting Nurse & Hospice Care - PROGRAM: Hospice Services

Vista del Mar Hospital (VDMH) - PROGRAM: Detox and Dual Diagnosis Program

Vista del Mar Hospital (VDMH) - PROGRAM: Military Mental Health Care for Dependents

Vista del Mar Hospital (VDMH) - PROGRAM: Partial Hospitalization Program

Vista del Mar Hospital (VDMH) - PROGRAM: Trauma Treatment Program for Veterans with PTSD

Vista del Mar Hospital (VDMH) - PROGRAM: Women's Military Mental Health Program

Wallace Home Medical Supplies - PROGRAM: Wallace Home Medical Supplies

Waypoint - PROGRAM: Readjustment and Career Coaching

Waypoint - PROGRAM: Vet Garden

Wilshire Community Services - PROGRAM: Senior Peer Counseling

Wilshire Home Health - PROGRAM: Wilshire Home Health Program

Wilshire Hospice - PROGRAM: Hospice Care

Women's Shelter Program of San Luis Obispo County - PROGRAM: WSP Center for Alternatives to Domestic Violence (CADV)

Women's Shelter Program of San Luis Obispo County - PROGRAM: WSP Child Abuse Treatment Program (CHAT)

Women's Shelter Program of San Luis Obispo County - PROGRAM: WSP Emergency Shelter

YMCA - PROGRAM: YMCA of San Luis Obispo County