



**[www.211slo.org](http://www.211slo.org)**

2-1-1 is a non-emergency telephone number that connects individuals and families with information and community resources.

To get help, simply dial 2-1-1 to speak to a call specialist. If you are dialing from outside SLO County, the call center can be reached at (805) 549-8989 or toll-free at (800) 549-8989.

*A program of*



PO Box 14309  
San Luis Obispo, CA 93406  
(805) 541-1234  
[www.unitedwayslo.org](http://www.unitedwayslo.org)

United Way of San Luis Obispo County provides these reference exports as a courtesy for community use. We make an effort to ensure information is up-to-date and accurate. If you would like to request an update to your organization's listing, please contact us at (805) 541-1234. Inclusion of an agency or program does not imply endorsement by United Way of San Luis Obispo County. For the most current resources or to receive further assistance from a live call specialist, please dial 2-1-1.

# VETERAN'S HEALTHCARE SERVICES RESOURCE DIRECTORY

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**Agency: 5 Cities Homeless Coalition**

**Description:** Mobilizes resources, support, and hope for the homeless and those facing poverty. Programs include Information & Referral, Immediate Needs Assistance, Housing Funds Assistance, Klaproad Rapid-Rehousing, Medical Respite Care and Emergency Warming Center dependent on weather conditions.

**Business Line:** 805-574-1638

**Address:** Undisclosed, Arroyo Grande, CA 93420

**Website:** 5chc.org

**Main Email:** info@5chc.org

**Program: Homeless Services**

**Description:** Information & referral, immediate needs assistance, housing funds assistance, rapid-rehousing, medical respite care and a weather-dependent emergency warming center.

**Main Email:** info@5chc.org

**Website:** 5chc.org

**Payment Option(s):** No fee

**Hours Of Operation:** Open from 9:00 AM - 5:00 PM on weekdays.

**Agency: Access Support Network**

**Description:** The Access Support Network remains the sole community based, non-profit organization in San Luis Obispo and Monterey Counties that provides supportive services to residents living with HIV/AIDS and Hep C and their loved ones.

**Business Line:** 805-781-3660

**Toll Free:** 800-491-9141

**Address:** 1320 Nipomo Street, San Luis Obispo, CA 93401

**Website:** www.asn.org

**Program: Living Positive**

<b>Description:</b>	This program is specifically designed for HIV+ individuals, their partners and family members who want to take a proactive role in their health care. The goal is to help individuals maintain a high level of health and minimize the risk of further HIV transmission.
<b>Eligibility:</b>	Call for specific programs
<b>Main Email:</b>	dkilburn@asn.org
<b>Toll Free:</b>	800-491-9141
<b>Website:</b>	www.asn.org
<b>Application Process:</b>	HIV + or seeking to be tested for HIV
<b>Documents required:</b>	No information has been provided by Agency.
<b>Hours Of Operation:</b>	Mon-Thu 9am-5pm, Fri 9am-3pm

**Agency: Achievement House, Inc.**

<b>Description:</b>	Work services program for adults with developmental disabilities. Provides employment, vocational evaluation, work experience and rehabilitation counseling. Also provides in-home support including medical management, meal planning, shopping, banking and more.
<b>Business Line:</b>	805-543-9383
<b>Mailing and More:</b>	805-543-0412 Mailing Service Location
<b>Address:</b>	3003 Cuesta College Rd., San Luis Obispo, CA 93405
<b>Website:</b>	www.achievementhouse.org
<b>Main Email:</b>	contact@nciaffiliates.org

**Program: Community Living Services**

<b>Office:</b>	805-543-9383
<b>Description:</b>	AHI's Residential Program provides services to individuals who wish to live in the community and participate in all the activities our county has to offer.

<b>Eligibility:</b>	You must be at least 18 years old, have a mental or physical disability, have the desire to live independently and be enrolled in a fee-sponsoring agency such as the Tri-Counties Regional Center.
<b>Fees:</b>	Applicants may qualify for funding through the Tri-Counties Regional Center or Dept. of Rehabilitation.
<b>Application Process:</b>	Application form, referral information and personal interview. Call for more information.
<b>Documents required:</b>	No information has been provided by Agency.
<b>Hours Of Operation:</b>	Mon-Fri, 8 am - 4 pm

### **Agency: ACI Medical**

<b>Description:</b>	A biomedical engineering firm engaged in the research, development, manufacture and sale of therapeutic products and technologies for individuals with varying degrees of limb- and life-threatening vascular conditions.
<b>Business Line:</b>	760-744-4400
<b>Toll Free:</b>	800-667-9451
<b>Address:</b>	1857 Diamond St., San Marcos, CA 92078
<b>Website:</b>	acimedical.com
<b>Main Email:</b>	info@acimedical.com

### **Program: ACI Medical**

<b>Description:</b>	Biomedical engineering firm. Research, development, manufacture and sale of therapeutic products and technologies for individuals with varying degrees of limb- and life-threatening vascular conditions.
<b>Main Email:</b>	info@acimedical.com
<b>Website:</b>	http://acimedical.com/
<b>Fees:</b>	Costs for devices varies.
<b>Application Process:</b>	Call 1-888-453-4356, emailing info@acimedical.com or simply downloading & printing the PDF document available on website.
<b>Documents required:</b>	Rental Agreement. Doctor Completed prescription form.
<b>Hours Of Operation:</b>	Mon-Fri, 7am-5:30pm.

**Agency: ActiveLink Lifestyles Inc. (Central Coast)**

**Description:** ActiveLink Lifestyles Inc. provides a comprehensive line of personalized Safety Programs designed to enhance your lifestyle by triggering fast responses and minimizing suffering in the event of a fall or other incident in the home. Push Button Emergency Help.

**Business Line:** 805-929-6062

**Toll Free:** 866-407-6062

**Hotline:** 805-929-6062

**Website:** www.ActiveLinkLifestyles.com

**Main Email:** Mark@ActiveLinkLifestyles.com

**Program: ActiveLink Lifeline Central Coast**

**Phone:** 805-929-6062

**Description:** Local source for ResponseLINK, a national provider of Personal Emergency Response Services. Push button emergency help.

**Eligibility:** None.

**Application Process:** No information has been provided by Agency.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Business Office: Mon-Fri 9am-5pm  
 Monitoring Center: 24 hours per day  
 On-call: off-hours

**Agency: Adaptive Driving Systems**

**Description:** Specializes in vehicle modifications for persons with disabilities, seniors, handicapped individuals or persons who have any need for greater mobility. ADS specializes in the installation, repair, and service of all major mobility equipment products. We are certified with California Department of Rehabilitation, and are also members of N.M.E.D.A., with a Q.A.P. Certification. At Adaptive Driving Systems we work with a variety of manufactures and product's to best fit your needs.

**Business Line:** 805-549-7996  
**Address:** 3548 Empleo Street, San Luis Obispo, CA 93401  
**Website:** <http://www.abilitycenter.com/locations/san-luis-obispo-ca/>

**Program: Adaptive Driving Systems**

**Description:** Specializes in vehicle modifications for persons with disabilities, seniors, handicapped individuals or persons who have any need for greater mobility.

**Eligibility:** Each customer will be evaluated on a case-by-case basis.

**Application Process:** No application

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon-Fri Open 8 AM - 5 PM, Saturday By Appointment

**Agency: Amazing Surf Adventures**

**Description:** Amazing Surf Adventures develops community programs which utilize surfing, along with other activities, to help individuals change their perspective and overcome their personal challenges.

Offering options, providing information, and ongoing advice, recommendations, and support for alternative, healthy educational, and recreational options for those with disabilities and disenfranchisement.

**Business Line:** 805-544-7873

**Address:** 80 San Francisco Street, Avila Beach, CA 93424

**Website:** <http://amazingsurfadventures.org/>

**Main Email:** [info@amazingsurfadventures.org](mailto:info@amazingsurfadventures.org)

**Program: Operation Surf/Operation Surf 4 Veterans**

**Description:** Adaptive surfing for veterans and active duty military to overcome perceived limitations connected to their physical and psychological disabilities.

<b>Eligibility:</b>	Veteran
<b>Main Email:</b>	info@amazingsurfadventures.org
<b>Website:</b>	amazingsurfadventures.org
<b>Application Process:</b>	Contact Amazing Surf Adventures for application process.
<b>Documents required:</b>	DD214

**Agency: American Red Cross - San Luis Obispo Chapter**

<b>Description:</b>	Provides disaster services (either natural or man-made), facilitates communication between military personnel and their families, and trains people in first aid, CPR, lifeguarding and water safety.
<b>Business Line:</b>	805-543-0696
<b>Toll Free:</b>	800-951-5600
<b>Address:</b>	225 Prado Road, Unit A, San Luis Obispo, CA 93401
<b>Website:</b>	www.redcross.org/local/california/central-california

**Program: American Red Cross - San Luis Obispo County Chapter**

<b>Description:</b>	Provides disaster services (either natural or man-made), facilitates communication between military personnel and their families, and trains people in first aid, CPR, lifeguarding and water safety.
<b>Website:</b>	www.redcross.org/local/california/central-california
<b>Fees:</b>	No payment is requested or accepted for disaster services or services to military personnel and their families. Modest fees for health services classes. Class fees may be reduced or waived for those financially unable to pay.
<b>Application Process:</b>	In case of a disaster, referred by first responder (fire or police departments) or based on personal request.
<b>Documents required:</b>	Contact agency for details.
<b>Hours Of Operation:</b>	Mon-Thu, 10 AM - 3 PM

**Agency: AmpSurf - Association of Amputee Surfers**

**Description:** People with disabilities and their families experience adaptive surfing and other outdoor activities.

**Business Line:** 805-773-0302

**Address:** 340 Pomeroy Ave, Pismo Beach, CA 93449

**Website:** ampsurf.org

**Main Email:** boardmembers@ampsurf.org

### **Program: Learn to Surf Clinics**

**Description:** People with disabilities, families experience adaptive surfing, outdoor activities.

**Eligibility:** People with disabilities (physical, developmental, etc.) and their families.

**Main Email:** boardmembers@ampsurf.org

**Website:** ampsurf.org

**Fees:** No fee, but there is a \$50 refundable deposit required.

**Application Process:** Form filled out on website.

**Documents required:** Signed liability waiver.

**Hours Of Operation:** Hours vary. Please email boardmembers@ampsurf.org or call 805-773-0302.

Clinics held during surf season, typically May- September. There is always a memorial paddle out on 9/11 that is open to everyone.

### **Agency: Arroyo Grande Community Hospital**

**Description:** Arroyo Grande Community Hospital is a full service, general, acute care, medical-surgical facility; this 67 bed hospital serves residents in southern San Luis Obispo County and northern Santa Barbara County.

**Business Line:** 805-489-4261

**Billing Information:** 1-888-488-7667

**Address:** 345 South Halcyon Road, Arroyo Grande, CA 93420

**Website:** <http://www.dignityhealth.org/arroyo-grande/>

**Hospital Admitting:** 805-489-7640

**Hospital Emergency Room Admitting:** 805-489-4261 Ext 4199

**Medical Records:** 805-489-4261 ext. 4288

**Medical Records Fax:** 805-473-7683

### **Program: Arroyo Grande Community Hospital**

**Description:** Arroyo Grande Community Hospital is a full service, general, acute care, medical-surgical facility; this 67 bed hospital serves residents in southern San Luis Obispo County and northern Santa Barbara County.

**Eligibility:** No eligibility requirements.

**Website:** <http://www.dignityhealth.org/arroyo-grande>

**Fees:** Varies based on service.

**Hours Of Operation:** Open 24 hours.

### **Program: Community Education**

**Balance And Fall Prevention:** 805.739.3973

**Description:** Education programs to improve quality of life, manage symptoms, appropriate exercise, deal with fatigue, pain and isolation. Emotional, spiritual support. Support for loved ones, caregivers. Communicating effectively, on nutrition, depression management, appropriate use of medications.

Balance and Fall Prevention Program, Healthier Living, Palliative Care, Zumba, and HeartSaver CPR/AED.

**Healthier Living:** 805.739.3578

**Healthy For Life:** 805.739.3366

**Palliative Care:** 805.739.3398

**Zumba:** 805-739-3578

**Website:** <http://www.dignityhealth.org/arroyo-grande/classes-and-events/community-education>

**Hours Of Operation:**

Hours vary by program. Call for details.

### **Agency: Arthritis Foundation Central Coast**

**Description:** The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases.

**Business Line:** 805-563-4685

**Toll Free:** 800-954-2873

**Address:** 2261 Las Positas Road, Santa Barbara, CA 93105

**Website:** [www.arthritis.org](http://www.arthritis.org)

**Main Email:** [jevans@arthritis.org](mailto:jevans@arthritis.org)

### **Program: Arthritis Resources**

**Description:** Free literature and information; Youth and Family programs, medically-supervised summer camps for children with arthritis, national Juvenile Arthritis Conference; Patient educational seminars and lecture. Search the Arthritis Foundation website's resource finder to locate services in your area. Order free brochures online or by calling 800.283.7800.

**Eligibility:** Entire public.

**Main Email:** [jevans@arthritis.org](mailto:jevans@arthritis.org)

**Website:** [www.arthritis.org/california](http://www.arthritis.org/california)

**Fees:** No fee.

**Payment Option(s):** No fee

**Application Process:** Call for information or visit [www.arthritis.org](http://www.arthritis.org) for online English resources. Para Español visite [www.arthritis.org/lespanol](http://www.arthritis.org/lespanol).

**Documents required:** None.

**Hours Of Operation:** Mon-Fri, 9am-5pm.

### **Agency: Balance Treatment Center**

**Description:** Intensive Outpatient Program for adolescents and adults for mental health. Parent support groups and multi-family groups.

**Business Line:** 805-548-2200  
**Toll Free:** (855) 414-8100  
**Address:** 1551 Bishop St., Building A, Suite 103, San Luis Obispo, CA 93401  
**Website:** <http://www.balancetreatment.com>  
**Main Email:** [tim@balancetreatment.com](mailto:tim@balancetreatment.com)

**Program: Intensive Outpatient Program**

**Description:** Intensive Outpatient Programs (IOPs) treatment, aftercare following inpatient or partial hospitalization or an option for those who find that individual psychotherapy alone is not an adequate source of support for addressing their concerns. Work with people who suffer from a broad range of mental health struggles such as depression, bipolar disorder, anxiety disorders, posttraumatic stress disorder, gender and sexual identity issues, oppositional defiance, and comorbid substance abuse challenges.

**Eligibility:** Adolescents age 12-17 and adults 18+.

**Toll Free:** (855) 414-8100

**Website:** [www.balancetreatment.com](http://www.balancetreatment.com)

**Fees:** Fees vary. Call for more information. Some Insurance accepted.

**Hours Of Operation:** Mon-Fri, 10am-5pm.

**Agency: Behavioral Health Services**

**Description:** San Luis Obispo County Mental Health Services provides a wide range of treatment options for adults and youth, including outpatients, crisis, and inpatient services as needed. Services are available 24/7. Our services are recovery based. Our focus is to help adults and youth learn to manage severe mental illnesses, accomplish individual goals, and to function effectively in their daily lives. We believe that recovery is possible and work to reduce stigma often associated with mental illness. Our primary mission is to serve those who are Medi-Cal eligible or who otherwise have limited resources for treatment.

**Toll Free:** 800-838-1381

**Address:** 2178 Johnson Avenue, San Luis Obispo, CA 93401

**Website:** [www.slocounty.ca.gov/health/mentalhealthservices](http://www.slocounty.ca.gov/health/mentalhealthservices)

**Main Email:** [jhamm@co.slo.ca.us](mailto:jhamm@co.slo.ca.us)

**Program: Veterans Outreach**

<b>Description:</b>	San Luis Obispo County Veterans Outreach coordinates free physical activities for those who served or currently serving in the military and their families. Informs participants about community mental health resources available.
<b>Eligibility:</b>	Open to persons who served or are currently serving in the military and their families.
<b>Main Email:</b>	ggranados@co.slo.ca.us
<b>Website:</b>	<a href="http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Prevention-Outreach/Services/Veterans-Outreach-Program.aspx">http://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Prevention-Outreach/Services/Veterans-Outreach-Program.aspx</a>
<b>Fees:</b>	None.
<b>Application Process:</b>	None.
<b>Documents required:</b>	DD214
<b>Hours Of Operation:</b>	Monday through Friday 9 am - 5 pm.  Activities are scheduled at various times, please call to verify dates and times.

**Agency: Braille Institute**

<b>Description:</b>	Santa Barbara Braille Institute provides assistance to visually impaired people in tri-counties. Free services, Mobile Solutions program, Low Vision Specialist, help you find magnifying device. Lend free books on tape, can provide a talking watch, large print calendars or a 20/20 pen.
<b>Business Line:</b>	805-682-6222
<b>Address:</b>	2031 De La Vina Street, Santa Barbara, CA 93105
<b>Website:</b>	<a href="http://www.brailleinstitute.org/santabarbara.html">www.brailleinstitute.org/santabarbara.html</a>
<b>Main Email:</b>	sb@brailleinstitute.org

**Program: Mobile Solutions**

<b>Description:</b>	If your glasses cannot correct your vision, Free services, Mobile Solutions program, Low Vision Specialist, help you find magnifying
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device. Lend free books on tape, can provide a talking watch, large print calendars or a 20/20 pen.

<b>Eligibility:</b>	A referral from your eye specialist is helpful, but not mandatory.
<b>Fees:</b>	No Fee.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Mon-Fri, 8:30am-5pm. Call for appointment.

### **Agency: Cal Poly State University**

<b>Description:</b>	California Polytechnic State University is a public university in San Luis Obispo, CA.
<b>Business Line:</b>	805-756-1111
<b>Address:</b>	California Polytechnic State University, 1 Grand Avenue, San Luis Obispo, CA 93407
<b>Website:</b>	www.calpoly.edu
<b>Main Email:</b>	admissions@calpoly.edu

### **Program: Cal Poly Campus Health & Wellbeing**

<b>Pharmacy:</b>	(805) 756-5260
<b>Description:</b>	<p>As a result of registering and paying fees, all Cal Poly students are entitled to outpatient medical services at no additional charge. These services include:</p> <p>Primary Physician and Nursing Care</p> <p>Routine Laboratory Tests</p> <p>Routine X-ray Procedures</p> <p>Men's/Women's Health Care</p> <p>Health Education Programs in Nutrition, Alcohol &amp; Drug Awareness, Sexuality &amp; Lifestyle Wellness</p> <p>The Following are Available for an Additional Charge:</p> <p>Pharmacy Items (Prescription &amp; Over-the-Counter Items)</p>

Certain Lab Tests when Specimens are Sent Off Campus for Processing  
 (i.e. Chem Panel, Pap)

Immunizations

Orthopedic Supplies

Required Physical Examinations

<b>Eligibility:</b>	Currently enrolled Cal Poly students are eligible for Campus Health & Wellbeing Services on this campus; basic health services are also available at other CSU campuses for currently enrolled students.
<b>Main Email:</b>	health-counseling@calpoly.edu
<b>Website:</b>	<a href="http://hcs.calpoly.edu/">http://hcs.calpoly.edu/</a>
<b>Payment Option(s):</b>	Fees vary
<b>Application Process:</b>	No application.
<b>Documents required:</b>	None
<b>Hours Of Operation:</b>	8 am - 4:30 pm on Mon, Tues, Thur, Fri 9 am - 4:30 pm on Wed

### **Program: Cal Poly Counseling Services**

<b>Description:</b>	Cal Poly Counseling Services offers hands-on workshops; individual, couples and group therapy; crisis intervention; consultations with parents, faculty, staff; and mental health trainings. For students who want to talk about anxiety, poor academic performance, traumatic experiences, suicidal thoughts, substance use, or anything else that might be going on for them.
<b>Eligibility:</b>	<ul style="list-style-type: none"> <li>- Currently enrolled Cal Poly students (graduate and undergraduate).</li> <li>- Students who have chosen not to enroll for Summer Quarter, but were registered in the - previous Spring Quarter and are registered for the following Fall Quarter.</li> <li>- For couples counseling, all partners must be currently enrolled Cal Poly students.</li> </ul>
<b>TDD - Counseling Services:</b>	805-756-2513
<b>Hotline:</b>	805-756-2511 Option 2
<b>Website:</b>	<a href="http://hcs.calpoly.edu/counseling">http://hcs.calpoly.edu/counseling</a>
<b>Fees:</b>	Free and confidential for students.
<b>Payment Option(s):</b>	No fee

<b>Application Process:</b>	Appointment required. Unless crisis. Refer to “getting started” section on website or call for details.
<b>Documents required:</b>	No information has been provided by Agency.
<b>Hours Of Operation:</b>	Mon - Fri 8 AM - 4:30 PM

**Program: Peers Understanding Listening Supporting Educating**

<b>Description:</b>	Peers Understanding Listening Supporting Educating (PULSE) is a Peer Health Education program that supports the health and wellbeing of all Cal Poly students. Peer Health Educators disseminate information through private one-on-one consultations and informative group presentations to the Cal Poly community in the areas of Sexual Wellbeing, Mental Wellbeing, Nutrition, and Alcohol & Drug Education.
<b>Eligibility:</b>	Cal Poly students
<b>Main Email:</b>	pulse@calpoly.edu
<b>Website:</b>	http://www.pulse.calpoly.edu
<b>Fees:</b>	No fees.
<b>Application Process:</b>	Call for more information
<b>Documents required:</b>	Cal Poly ID
<b>Hours Of Operation:</b>	Hours: Mon., Tues., Thurs., Fri. 8:00 a.m. - 4:30 p.m. Wed. 9:00 a.m. - 4:30 p.m. Summer hours: Monday - Friday 9:00 a.m. - 4:00 p.m. Closed 12 Noon - 1:00 p.m.

**Program: San Luis Obispo Counseling Service at Cal Poly**

<b>Description:</b>	The San Luis Obispo Counseling Service at Cal Poly offers short-term counseling and consultation for individuals, couples, child and family to San Luis Obispo County residents who do not qualify for County Mental Health Services or who cannot afford private psychotherapy. Services are provided by graduate students pursuing the Master of Science Degree in Psychology and MFT license under supervision of licensed faculty. This is NOT for crisis counseling or substance abuse counseling.
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<b>Eligibility:</b>	Open to San Luis Obispo County residents who do not qualify for County Mental Health Services or who cannot afford private psychotherapy.
<b>Website:</b>	<a href="http://www.psyed.calpoly.edu/community-programs/counseling-clinic">http://www.psyed.calpoly.edu/community-programs/counseling-clinic</a>
<b>Fees:</b>	Ability to pay/Sliding scale ranging from \$3 to \$15 per session.
<b>Payment Option(s):</b>	Sliding scale
<b>Application Process:</b>	Appointment required. No walk ins. Fill out questionnaire at appointment & therapist will call back for first appointment.  Call 805-756-1532.
<b>Documents required:</b>	No information has been provided by Agency.
<b>Hours Of Operation:</b>	Follows University's academic holiday calendar.  Mon- Fri Open-9:00AM; Closed-7:00 PM

### **Agency: California Partnership to End Domestic Violence**

<b>Description:</b>	Provides referrals to assist survivors of domestic violence in California.
<b>Business Line:</b>	916-444-7163
<b>Hotline:</b>	1-800-524-4765
<b>Address:</b>	1107 9th St., Ste. 910, Sacramento, CA 95814
<b>Website:</b>	<a href="http://www.thehotline.org">www.thehotline.org</a>
<b>Main Email:</b>	<a href="mailto:info@cpedv.org">info@cpedv.org</a>

### **Program: National Domestic Violence Hotline**

<b>Video Phone:</b>	855-812-1001
<b>Description:</b>	Domestic Violence Hotline
<b>Toll Free:</b>	1-800-799-7233
<b>Website:</b>	<a href="http://www.thehotline.org/">http://www.thehotline.org/</a>
<b>Payment Option(s):</b>	No fee
<b>Hours Of Operation:</b>	Available 24 hours per day.

**Agency: Camp San Luis Obispo**

**Description:** Camp San Luis Obispo training camp with field and garrison facilities. Provides operational, logistical support and training to civilian and military agencies. Heliport, warehouse complex, workshops, maintenance facilities, administrative buildings, chapels, service clubs, theaters, laundry and post exchange.

**Business Line:** (805) 594-6500

**Address:** 10 Sonoma Ave, San Luis Obispo, CA 93405

**Website:** <http://www.calguard.ca.gov/cslo/Pages/default.aspx>

**Main Email:** [generalinfo@ca.ngb.army.mil](mailto:generalinfo@ca.ngb.army.mil)

**Program: Camp San Luis Obispo**

**PX:** (805) 541-3285

**Description:** Camp San Luis Obispo training camp with field and garrison facilities. Provides operational, logistical support and training to civilian and military agencies. Heliport, warehouse complex, workshops, maintenance facilities, administrative buildings, chapels, service clubs, theaters, laundry and post exchange.

**Eligibility:** Active and Inactive Military. Civilians.

**Main Email:** [generalinfo@ca.ngb.army.mil](mailto:generalinfo@ca.ngb.army.mil)

**Website:** <http://www.calguard.ca.gov/cslo/Pages/default.aspx>

**Hours Of Operation:** Call for hours.

**Agency: Cancer Support Community California Central Coast**

**Description:** A local non-profit located in Templeton, CA supporting the needs of cancer patients and their families free of charge for non-medical and psychosocial needs.

**Business Line:** 805-238-4411

**Address:** 1051 Las Tablas Rd., Templeton, CA 93465

**Website:** <http://www.cscslo.org/>

**Main Email:** [info@cscslo.org](mailto:info@cscslo.org)

**Program: Doctor is In**

<b>Description:</b>	Specialists present various lectures and dialogues of interest to cancer patients and their loved ones. Learning opportunities on various topics and means of recovery through activities.
<b>Eligibility:</b>	Anyone with cancer or affected by cancer, public is welcome too.
<b>Main Email:</b>	info@cscslo.org
<b>Website:</b>	http://www.cscslo.org
<b>Fees:</b>	No fees.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	RSVP is requested.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Dates and times vary. Check Calendar on website or call for dates and times.

#### **Program: Educational Seminars**

<b>Description:</b>	Monthly presentations by doctors, nurses, researchers, and other professionals. Includes Q&A sessions.
<b>Eligibility:</b>	Those with cancer or affected by cancer, the public the welcome too.
<b>Main Email:</b>	info@cscslo.org
<b>Website:</b>	http://www.cscslo.org/
<b>Fees:</b>	No Fees.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	RSVP is requested.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Hours vary - call or see website for details.

#### **Agency: Catholic Charities**

<b>Description:</b>	Catholic Charities provides specialized human services to the poor and disadvantaged, to promote justice, peace, human dignity, self-determination and self-sufficiency in accord with the Gospel Teachings, and to cooperate with other individuals and groups for goodwill to strengthen our communities.
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**Business Line:** 805-706-8565  
**Office:** 805-541-9110  
**Address:** 3592 Broad Street, Suite 104, San Luis Obispo, CA 93401  
**Website:** [catholiccharitiescentralcoast.org](http://catholiccharitiescentralcoast.org)

**Program: Family Supportive Services**

**Office:** 805-541-9110  
**Description:** Family Supportive Services offers two financial stability programs, a long term Pathway to Stability, and a short term Hope in Home. Programs include areas of in depth assessment, case management, direct financial aid for rent and/or utilities, financial education and referrals to community programs.  
**Eligibility:** Call for phone consultation.  
**Main Email:** [cblanco@catholiccharitiescentralcoast.org](mailto:cblanco@catholiccharitiescentralcoast.org)  
**Website:** [www.CatholicCharitiesCentralCoast.org](http://www.CatholicCharitiesCentralCoast.org)  
**Fees:** None  
**Payment Option(s):** No fee  
**Application Process:** Call for an appointment  
**Documents required:** No information has been provided by Agency.  
**Hours Of Operation:** Mon-Fri 9:00 am - 5 pm. Please call for an appointment.

**Agency: Central Coast Kidney Foundation**

**Description:** A peer support group for patients and family members of pre-dialysis, dialysis, kidney and all other organ transplants.  
**Business Line:** 805-464-0915  
**Address:** 1344 Nipomo Street, San Luis Obispo, CA 93401  
**Website:** <http://www.centralcoastkidneyfoundation.org>  
**Main Email:** [centralcoastkidney@gmail.com](mailto:centralcoastkidney@gmail.com)

**Program: Kidney Foundation Support Group**

<b>Description:</b>	A peer support group for patients and family members of pre-dialysis, dialysis, kidney and all other organ transplants.
<b>Eligibility:</b>	Transplant patients and their caregivers.
<b>Website:</b>	<a href="http://www.centralcoastkidneyfoundation.org">http://www.centralcoastkidneyfoundation.org</a>
<b>Fees:</b>	No fees.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Meets the 1st Saturday of each month from 9:30 a.m. -11:30 a.m. Call for more information.  Sat: Open-9:30 AM; Closed-11:30 AM

**Agency: Central Coast Veteran's Helping Veterans**

<b>Description:</b>	Mentoring and advocacy to help veterans integrate back in to their community.
<b>Business Line:</b>	805-242-5575
<b>Website:</b>	<a href="http://www.ccvhv.com/">http://www.ccvhv.com/</a>
<b>Main Email:</b>	<a href="mailto:ccvetshelpingvets@gmail.com">ccvetshelpingvets@gmail.com</a>

**Program: Mentor Program**

<b>Description:</b>	Mentorship and advocacy for Veterans participating in Veteran's Treatment Court.
<b>Eligibility:</b>	Veterans participating in the Veterans Treatment Court or any veteran that needs assistance integrating back into the community.
<b>Main Email:</b>	<a href="mailto:ccvetshelpingvets@gmail.com">ccvetshelpingvets@gmail.com</a>
<b>Website:</b>	<a href="http://www.ccvhv.com">http://www.ccvhv.com</a>
<b>Fees:</b>	None.

**Payment Option(s):** No fee

**Application Process:** Call for interview.

**Documents required:** Proof of service.

**Agency: Coast Caregiver Resource Center**

**Description:** Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, legal consultations, group or individual counseling, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments are also available.

**Business Line:** (805) 569-8950

**Toll Free:** 888-488-6555, ext. 14

**Alyce Crawford:** 805-534-9234 Family Consultant San Luis Obispo County

**Address:** 2415 De La Vina St., Santa Barbara, CA 93101

**Website:** www.coastcrc.org

**Main Email:** info@coastcrc.org

**Program: Coast Caregiver Resource Center**

**Phone - Alyce Crawford - Services for San Luis Obispo County:** 805-534-9234

**Description:** Provides services for families and caregivers of brain impaired adults including family and caregiver education, problem-solving, information and referral, library, long-term planning, and financially assisted respite (in-home, out-of-home, and special). Client assessments also available.

**Eligibility:** Unpaid caregivers and adults with brain impairments. Services and eligibility vary according to grant funding.

**Phone - Intake number:** 805-962-3600 ext. 14

**Main Email:** info@coastcrc.org

**Toll Free:** 888-488-6555, x14

**Website:** [www.coastcrc.org](http://www.coastcrc.org)

**Fees:** Free.

**Payment Option(s):** No fee

**Application Process:** Call for intake.

**Documents required:** None.

**Hours Of Operation:** Mon-Thu 8:30 am-5 pm.

**Agency: Community Action Partnership of San Luis Obispo County (CAPSLO)**

**Description:** The Community Action Partnership of San Luis Obispo County is committed to eliminating the causes of poverty by empowering low-income individuals and families to achieve self-sufficiency through a wide array of community-based collaborations and programs.

**Business Line:** 805-544-4355

**Address:** 1030 Southwood Dr, San Luis Obispo, CA 93401

**Website:** [www.capslo.org](http://www.capslo.org)

**Main Email:** [hotline@capslo.org](mailto:hotline@capslo.org)

**Program: Adult Wellness and Prevention Screening**

**TDD:** 805-549-9219

**Description:** Adult Wellness and Prevention Screening program is a mobile health screening clinic out in the community that provides free preventative and maintenance health screening, education and referrals for adults over 50 years of age.

**Eligibility:** Men and women, ages 50 and over; no one turned away.

**Main Email:** [hmurphy@capslo.org](mailto:hmurphy@capslo.org)

**Website:** <http://www.capslo.org/programs/sec-health-services/adult-wellness-and-prevention-screening>

**Payment Option(s):** No fee

**Hours Of Operation:** Hours vary - call for details.

**Program: Child Care Resource Connection**

<b>Description:</b>	Assists parents in choosing a childcare provider. Offers education to child care providers. Helps low-income families to determine their eligibility for subsidized child care.
<b>Eligibility:</b>	No eligibility factors Child care referrals.  Subsidized child care programs varied eligibility requirements.  Call (805) 541-2272 to find out if you qualify for one of these programs.
<b>Main Email:</b>	hotline@capslo.org
<b>Website:</b>	<a href="http://www.capslo.org/programs/sec-cyf-services/menu-child-care-resource-connection">http://www.capslo.org/programs/sec-cyf-services/menu-child-care-resource-connection</a>
<b>Fees:</b>	No fee.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Call, walk-in or referral by Department of Social Services.
<b>Documents required:</b>	If documents are required, that will be known after making contact with the office.
<b>Hours Of Operation:</b>	Mon-Fri, 8 am - 5 pm.

**Program: Generation Next Teen Resource Center**

<b>Description:</b>	Beginning August 2013: The Generation Next site offers a peer driven drop in resource and referral site for teens. We serve to meet teens and encourage them to overcome obstacles that may arise through connecting them with services. Other offerings include Life Skills classes, onsite service learning and leadership opportunities, computers, a coffee and snack area and a multitude of community partners serving youth.
<b>Eligibility:</b>	For youth ages 12-18 years
<b>Website:</b>	<a href="http://www.capslo.org">www.capslo.org</a> or Generation Next Youth Leadership of Facebook
<b>Fees:</b>	None.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	None
<b>Documents required:</b>	None

**Hours Of Operation:** Mon - Fri 3:00 – 6:00 p.m.

**Program: Liberty Tattoo Removal Program**

<b>Description:</b>	Assists people with the removal of unwanted, anti-social and/or gang-related tattoos that inhibit employment or otherwise interfere with life. All clients need to be clean and sober.
<b>Eligibility:</b>	<ul style="list-style-type: none"> <li>-Must be clean and sober</li> <li>-Must do the community work service or make a donation</li> <li>-Must have appropriate tattoos</li> <li>-Must live in SLO County</li> </ul>
<b>Main Email:</b>	kjolicoeur@capslo.org
<b>Website:</b>	<a href="https://www.capslo.org/programs/sec-health-services/menu-lib-tat-removal">https://www.capslo.org/programs/sec-health-services/menu-lib-tat-removal</a>
<b>Fees:</b>	Volunteer hours required. (Payment in lieu of volunteer hours on a case by case basis).
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Call office for application. Screening done on the phone for appropriateness to program. Do accept parolees from Santa Maria.
<b>Documents required:</b>	Completed application, and signed community work service forms.
<b>Hours Of Operation:</b>	Hours vary, only open 32 hours per week.

**Program: State Child Development Programs**

<b>TDD:</b>	805-549-9219
<b>Description:</b>	Early childhood education, nutrition and health services for income-eligible children ages newborn to 5 years, as well as parent support, social services and child development services.
<b>Eligibility:</b>	Children newborn to 5 years may be enrolled. Need to qualify as low-income.
<b>Website:</b>	<a href="https://www.capslo.org/programs">https://www.capslo.org/programs</a>
<b>Fees:</b>	Depending on the program enrolled in, there may be no fees, or range from \$2.50 per day to \$7.50 per day.
<b>Payment Option(s):</b>	No fee

**Application Process:** Telephone main office or walk-in.

**Documents required:** Income/Health/Need Documentation.

**Hours Of Operation:** Main office, Mon-Fri 8 am - 5 pm.

**Program: Supportive Services for Veteran Families (SSVF)**

**Description:** Provides housing assistance and other basic needs to veterans and their families. Rapid re-housing, Homeless Prevention, and case management.

**Eligibility:** Be a Veteran (who served in the United States military who was discharged under conditions other than dishonorable), or member of a family which the head of household or the spouse of the head of household is a Veteran.

Annual income cannot exceed 50% of San Luis Obispo County area median income (AMI).

Be homeless or at imminent risk of becoming homeless.

Meet eligibility requirements.

**Main Email:** bellis@capslo.org

**Website:** <http://www.capslo.org/programs/ssvf>

**Fees:** No Fees.

**Application Process:** None.

**Documents required:** DD214.

**Hours Of Operation:** Monday through Friday from 8 am - 5 pm.

**Program: Teen Academic Parenting Program (TAPP)**

**Description:** Teen Academic Parenting Program (TAPP) advocates for of expectant and parenting teens and their children by providing: case management, parent support groups, and coordination of community resources to encourage self-sufficiency.

**Eligibility:** Females and males between 12 years and 21 years old.

**Main Email:** jbenham@capslo.org

**Website:** <http://www.capslo.org/programs/sec-health-services/menu-health-education/menu-tapp>

<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Referral and appointment required. May be referred by the Public Health Department, Social Services Department, school or other entity.
<b>Hours Of Operation:</b>	This program is in transition. Call 544-2484 for information regarding hours.  Monday and Thursday afternoons in San Luis Obispo, and Tuesday and Friday afternoons in Arroyo Grande.

**Program: The Center for Health & Prevention Clinics**

<b>Health Services Arroyo Grande Clinic:</b>	805-489-4026
<b>Description:</b>	Comprehensive reproductive healthcare, including all forms of contraception, emergency contraception, pregnancy testing and counseling, reproductive health exams, testing and treatment of sexually transmitted infections, HIV testing and counseling, Hep C testing and counseling, screening for breast/cervical/testicular cancers and menopausal services. Teen peer-provided hours offered.
<b>Eligibility:</b>	Teens, Women & Men up to age 64.
<b>Fax- Health Services Arroyo Grande:</b>	805-489-7013
<b>Health Services San Luis Obispo:</b>	805-544-2498
<b>Fax - Health Services San Luis Obispo:</b>	805-544-3649
<b>TDD:</b>	805-549-9219
<b>Main Email:</b>	thecenter@capslo.org
<b>Website:</b>	<a href="http://www.capslo.org/programs/sec-health-services/the-center-for-health-and-prevention">http://www.capslo.org/programs/sec-health-services/the-center-for-health-and-prevention</a>
<b>Fees:</b>	Accepts Medi-Cal, enrolls individuals in Medicaid's Family PACT and Cancer Detection programs. Private insurance not accepted. Sliding fee scale available.
<b>Payment Option(s):</b>	No fee; Sliding scale; Accepts Medi-Cal; Donation requested
<b>Application Process:</b>	Through program. Contact The Center for details.
<b>Documents required:</b>	All information collected is self-report. Verification of income, immigration status, etc. not required.
<b>Hours Of Operation:</b>	San Luis Obispo

Mon, Thu 8:30-6:00, Tues, Wed, Fri 8:30-5:30

Teen Clinic Hours Mon & Thurs 3-6 pm

Arroyo Grande

Mon, Wed, Thu, F 8:30-5:30

Teen Clinic Hours Tuesday 3-6pm and Friday 3-5:30

**Agency: Community Counseling Center (CCC) of San Luis Obispo County, Inc.**

**Description:** Community Counseling Center is a non-profit, community organization staffed by qualified, state-licensed, volunteer therapists or graduate level, supervised interns. To assist individuals and families during times of transition, confusion, depression or grief.

**Business Line:** 805-543-7969

**Address:** 1129 Marsh Street, San Luis Obispo, CA 93401

**Website:** www.cccslo.com

**Main Email:** director@cccslo.com

**Program: Community Counseling Center**

**Description:** Provide short term therapy to low-income, uninsured individuals, couples, families, teens, and children. For San Luis Obispo County residents whose circumstances are not appropriate for existing public mental health resources or who cannot afford private services.

**Eligibility:** Economically disadvantaged and under-insured residents of the Central Coast

Does not accept clients who are seeking court-ordered therapy, or address chronic mental health problems.

**Website:** www.cccslo.com

**Fees:** Sliding scale, Accepts Cencal. No insurance accepted.

**Payment Option(s):** Sliding scale; Accepts most insurance

**Application Process:** Call for appointment. Intake fees are \$15.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon-Fri 9am-5:30pm

**Agency: Community Health Centers of the Central Coast (CHC)**

**Description:** Community Health Centers of the Central Coast (CHC) is the largest non-profit network of health care providers on the Central Coast. With 29 licensed sites, clinics are located from San Miguel down the coast to Lompoc and as far east as New Cuyama. CHC provides access to quality, affordable medical, dental and behavioral services.

**Toll Free:** 866-614-4636

**Toll Free - Transportation Information:** 877-743-3242

**Address:** 150 Tejas Place, Nipomo, CA 93444

**Website:** www.communityhealthcenters.org

**Main Email:** smahr@chccc.org

**Program: Community Health Centers of the Central Coast**

**Fax - CHC Dental - Nipomo (Corporate Headquarters):** 805-931-2569

**Description:** Community Health Centers offer, fully accredited medical, dental and mental health services as well as health education and specialty services.

**Eligibility:** Varies by program.

**Phone - CHC Nipomo (Corporate Headquarters):** 805-929-3211

**Phone - CHC Nipomo - Dental:** 805-929-3254

**Phone - Paso Robles CHC:** 805-238-7250

**Phone - Arroyo Grande CHC Fair Oaks:** 805-270-1700

**Toll Free:** 877-743-3242

**Fees:** CHC's sliding fee scale offers discounts to individuals and families who qualify on the basis of limited income and/or family size. CHC accepts private pay, fully- or partially-insured, Medi-Cal and Medicare patients.

<b>Payment Option(s):</b>	Accepts Medi-Cal; Accepts Medicare
<b>Application Process:</b>	Vary by client.
<b>Documents required:</b>	Varies. Photo ID, insurance card, Medi-cal or Medicare card.
<b>Hours Of Operation:</b>	Varies by site. During hours when the clinics are closed, health care providers are readily available by telephone via 24-hour answering service to assist with emergency and critical care situations.

### **Agency: Dental Society, Central Coast**

<b>Description:</b>	Refers clients with special needs to local dentists in good standing who can provide the service. Offers a speaker's bureau, dental screening for schools, and peer review for complaints against dentists.
<b>Business Line:</b>	(805) 544-1113
<b>Address:</b>	Central Coast Dental Society, 1356 Marsh Street, San Luis Obispo, CA 93401
<b>Website:</b>	www.centralcoastds.org
<b>Main Email:</b>	CCDS@charter.net

### **Program: Dental Society - Central Coast**

<b>Description:</b>	Refers clients with special needs to local dentists in good standing who can provide the service. Offers a speaker's bureau, dental screening for schools, and peer review for complaints against dentists.
<b>Eligibility:</b>	No requirements.
<b>Main Email:</b>	CCDS@charter.net
<b>Website:</b>	http://www.centralcoastds.org/
<b>Fees:</b>	No fees.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Mon-Thu 8:30 am- 5 pm.

**Agency: Department of Rehabilitation**

**Description:** The California Department of Rehabilitation (DOR) is an employment and independent living resource for people with disabilities.

**Business Line:** 805-549-3361

**Address:** 3220 Higuera St., Unit 102, San Luis Obispo, CA 93401

**Website:** www.rehab.cahwnet.gov

**Main Email:** Dor@ca.gov

**Program: Department of Rehabilitation**

**Description:** The California Department of Rehabilitation (DOR) works in Partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living, and equality for individuals with disabilities.

**Eligibility:** Have a physical or mental impairment that substantially impedes his or her ability to secure employment and VR services are required to prepare for, secure, retain, or regain employment consistent with the applicant's unique strengths, resources, priorities, concerns, abilities, capabilities, interests, and informed choice. You must be able to benefit from the DOR services in terms of an employment outcome in an integrated setting.

**Main Email:** Dor@ca.gov

**Website:** dor.ca.gov

**Fees:** Must use similar benefits if available in the community. Some services can require share of cost depending on consumers' financial ability to pay.

**Payment Option(s):** No fee

**Application Process:** Contact local office to sign up for orientation. Anyone may apply on line at dor.ca.gov

**Documents required:** Must be a U.S. Citizen or national, or must have legal documentation to work in the U.S. Green cards are suitable.

**Hours Of Operation:** Mon-Fri 8 am - 5 pm.

**Agency: Department of Social Services (DSS)**

**Description:**

DSS partners with the community to enhance self-sufficiency while ensuring that safety and basic human needs are met for the people of San Luis Obispo County.

**Business Line:** (805) 781-1600

**Hotline:** (800) 838-1381

**24-Hour Line - 24 hr child abuse referrals (toll free):** 800-834-5437

**Address:** 3433 S. Higuera Street, San Luis Obispo, CA 93401

**Website:** www.slocounty.ca.gov/dss

**24-Hour Line - 781-KIDS - 24 hr child abuse referrals:** 805-781-5437

**Adult Services (Elder/Dependent Adult Reporting):** 805-781-1790

**Program: Medically Indigent Services Program (MISP)**

**DSS Main Office:** 805-781-1600

**Description:** Limited authorized medical care for county residents between 19 and 64 who are not eligible for Medi-Cal and have received an exemption from the Affordable Care Act Individual mandate to obtain health insurance.

**Eligibility:** Call the office for more information.

**Payment Option(s):** No fee; Call for fee information

**Application Process:** Contact office to apply.

**Documents required:** Contact office for detailed information.

**Hours Of Operation:** Mon-Fri 8 am-5 pm.

**Agency: Easter Seals Southern California**

**Description:** Offers direct services and assistance to individuals with physical, sensory and developmental disabilities. Education, outreach, and advocacy. Job training, volunteer opportunities, alternatives to institutionalized living and services ensuring people live independent lives. Assistance securing medical services and equipment.

**Business Line:** 714-834- 1111

**Address:** 1570 E. 17th Street, Santa Ana, CA 92705

**Website:** <http://www.easterseals.com/southernca/>

**Program: Easter Seals Southern California**

**Ventura Child Development Center:** 805-647-1141

**Description:** Offers direct services and assistance to individuals with physical, sensory and developmental disabilities.

**Eligibility:** Disabled individuals and their families.

**Website:** <http://www.easterseals.com/southernca/?referrer=http://www.easterseals.com/southernca/connect-locally/southern-california.html>

**Fees:** No fee.

**Payment Option(s):** No fee

**Application Process:** Call 714-834-1111

**Documents required:** Call for more information.

**Hours Of Operation:** Mon-Fri 8 am - 4 pm.

**Agency: Elks Lodge**

**Description:** The Elks, San Luis Obispo Lodge #322 provides occupational therapy, physical therapy and speech-language therapy services to children (birth to 18) in their homes. Provide preschool vision screening, monetary coverage to eligible children for pediatric vision services. Students with disabilities may apply for post-secondary school scholarships.

**Business Line:** 805-543-0322

**Address:** 222 Elks Lane, San Luis Obispo, CA 93401

**Website:** [www.elks.org](http://www.elks.org)

**Main Email:** [office@bpoeslo322.com](mailto:office@bpoeslo322.com)

**Program: Therapy Services for Children**

**Description:** Therapy services are provided to children in their homes at no cost. Preschool vision screening program for children in preschool, nursery

school, daycare centers and private schools. Monetary coverage available for eligible children for pediatric vision exams, treatment and glasses if denied by other resources.

<b>Eligibility:</b>	Must be under 18 years, and have a disability, speech or vision problem. Must be 2-5 years for vision screening.
<b>Fees:</b>	No Fee
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Call 559-255-4531 for more information or the SLO lodge at 805-543-0322
<b>Documents required:</b>	Referral from doctor.

### **Agency: Escuela Del Rio**

<b>Description:</b>	Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services. Functional life skills, communication skills, self-advocacy, independent living skills, and vocational skills training, integrated community services, integrated work training and experience, individual work placements.
<b>Business Line:</b>	805-466-4438
<b>Address:</b>	5940 Rosario Ave, Atascadero, CA 93423
<b>Website:</b>	www.escueladelrio.org
<b>Main Email:</b>	dargano@escueladelrio.org

### **Program: Escuela Del Rio**

<b>Description:</b>	Day training activity centers for developmentally disabled adults providing educational, vocational, and socialization services.
<b>Eligibility:</b>	Client must be at least 18 years old, diagnosed as developmentally disabled, and referred by Tri-Counties Regional Center.
<b>Main Email:</b>	dargano@escueladelrio.org
<b>Website:</b>	http://www.escueladelrio.org/
<b>Fees:</b>	Call for more information.
<b>Payment Option(s):</b>	Call for fee information

**Application Process:** Registration packet needs to be filled out after getting referred by Tri-Countries Regional Center.

**Documents required:** Call for more information.

**Hours Of Operation:** Program Hours: 9:15 am - 2:45 am.  
 Administration Office: Mon-Fri 8 am- 3:30 pm.

**Agency: First Presbyterian Church**

**Description:** Presbyterian Church in San Luis Obispo, CA. Offers an assistance program.

**Business Line:** 805-543-5451

**Address:** 981 Marsh Street, San Luis Obispo, CA 93401

**Website:** [www.fpcslo.org](http://www.fpcslo.org)

**Main Email:** [churchoffice@fpcslo.org](mailto:churchoffice@fpcslo.org)

**Program: Green Pastures**

**Description:** Provides charity assistance, such as food, utility assistance, sleeping bags, gas vouchers, bus/rail tickets, and auto repair/insurance/registration assistance.

**Eligibility:** Call office for details.

**Main Email:** [churchoffice@fpcslo.org](mailto:churchoffice@fpcslo.org)

**Website:** <http://www.fpcslo.org/green-pastures/>

**Fees:** No fee.

**Payment Option(s):** No fee

**Application Process:** At promptly 1:00 pm all people present may enter their name into a drawing and the first ten names drawn are guaranteed to be seen. If time allows, more than ten people are seen.

**Documents required:** Varies depending on services needed.

**Hours Of Operation:** Wednesdays from 1:00-3:45 pm.  
 Wed: Open-1:00PM; Closed-3:45 PM

**Agency: French Hospital Medical Center**

**Description:** French Hospital provides affordable healthcare services and works toward improving the quality of life.

**Business Line:** 805-543-5353

**French Hospital Physician Referral:** 805-270-2513

**Address:** 1911 Johnson Avenue, San Luis Obispo, CA 93401

**Website:** www.frenchmedicalcenter.org

**Program: Dignity Health Wellness Programs**

**Description:** Community Health Education. Free workshops on varied health topics.  
 Nutrition. Healthier Living. Diabetes.

**Eligibility:** Most have no eligibility requirements. Some serve those living with a specific condition. Call to confirm eligibility for specific workshops.

**Website:** <https://www.dignityhealth.org/central-coast/locations/frenchhospital/classes-and-events/community-education>

**Fees:** No fees.

**Application Process:** Call to find location and to RSVP to workshops.

**Documents required:** None.

**Hours Of Operation:** Location, Dates, and Times vary by workshop. Call for workshop information.

**Program: French Hospital Medical Center**

**Megan Maloney, Volunteer Coordinator:** 805-542-6498

**Description:** French Hospital Medical Center offers affordable health care services and works toward improving the quality of life.

**Eligibility:** No eligibility requirements.

**Website:** <https://www.dignityhealth.org/central-coast/locations/frenchhospital>

<b>Fees:</b>	Varies based on service and client ability to pay; Medi-Cal, Medicare and private insurance accepted.
<b>Payment Option(s):</b>	Fees vary; Accepts Medi-Cal; Accepts Medicare; Accepts most insurance
<b>Application Process:</b>	Telephone, walk-in, appointment or referral
<b>Documents required:</b>	Vary.
<b>Hours Of Operation:</b>	Open 24 hours.

### **Agency: Friends Outside Visiting Center**

<b>Description:</b>	Emergency assistance (clothing & food) for visitors of California Men's Colony. Crises intervention, information and referrals for visitors. Provide transportation to and from Greyhound Bus Depot, AMTRAK Train Station, San Luis Obispo County Airport, local motels. Child care for inmates' children on Saturdays and Sundays, 9 am - 3 pm.
<b>Business Line:</b>	805-543-3888
<b>Address:</b>	California Men's Colony, Highway 1, San Luis Obispo, CA 93405
<b>Website:</b>	<a href="http://www.friendsoutside.org">www.friendsoutside.org</a>

### **Program: Friends Outside Visiting Center**

<b>Description:</b>	Emergency assistance, crises intervention, information, referrals, transportation for visitors for visitors of California Men's Colony.
<b>Eligibility:</b>	Call for information.
<b>Website:</b>	<a href="http://www.friendsoutside.org">http://www.friendsoutside.org</a>
<b>Fees:</b>	None.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Telephone and walk-in.
<b>Documents required:</b>	Call for information.
<b>Hours Of Operation:</b>	Saturday and Sunday 8am-4pm  Visiting hours and on 4th of July, Thanksgiving, Christmas, and New Year's Day usually from 8:30am-3pm.

**Agency: Healing Through Reckoning and Responsibility (HTRR)**

**Description:** Brings Veterans and Civilians together in nonsectarian based workshops to heal the wounds of PTSD.

**Business Line:** 805-316-0212

**Address:** 925 Bluebell Way, San Luis Obispo, CA 93401

**Website:** <http://www.elderwarrior.com>

**Main Email:** [elderwarriormjc@gmail.com](mailto:elderwarriormjc@gmail.com)

**Program: Healing Through Reckoning and Responsibility**

**Description:** Provide retreat experiences promoting the healing of PTSD and to provide education and training of a healing ethos and practice to concerned members of the community.

**Eligibility:** Veterans, Active Duty Service Members and Civilians.

**Main Email:** [elderwarriormjc@gmail.com](mailto:elderwarriormjc@gmail.com)

**Website:** <http://www.elderwarrior.com>

**Fees:** Program provides scholarships for veterans and family members.

**Payment Option(s):** Fees vary; Call for fee information

**Application Process:** For a workshop application visit [elderwarriormjc@gmail.com](mailto:elderwarriormjc@gmail.com) or contact Mike Cicanto at 805-316-0212.

**Documents required:** Call for more information.

**Hours Of Operation:** Event locations, dates and times vary. Please call for more information.

**Agency: Health Agency, County Of San Luis Obispo**

**Description:** The Health Agency Services through the County of San Luis Obispo includes the Behavioral Health Department (Drug and Alcohol Services and Mental Health Services) and the Public Health Department, along with Animal Services and Public Guardian. Together, these units provide health-related assistance and services to county residents across a broad scope of programs.

**Business Line:** 805-781-5500

**Address:** 2180 Johnson Ave. Annex, San Luis Obispo, CA 93401

**Program: Behavioral Health Services**

<b>San Luis Obispo: Youth:</b>	805-781-4179
<b>Description:</b>	Offers mental health treatment services for SLO county's youth, adults, and senior citizens and help with family, personal, or psychiatric issues. Also has clinics located in the North County, South County, and in San Luis Obispo.
<b>South County: Adults:</b>	805-474-2154
<b>South County: Youth:</b>	805-473-7060
<b>North County: Youth &amp; Adults:</b>	805-461-6060
<b>Psychiatric Health Facility (Inpatient):</b>	805-781-4711
<b>Hotline:</b>	1-800-783-0607
<b>Toll Free:</b>	1-800-838-1381
<b>Fees:</b>	Call for information.
<b>Application Process:</b>	Call 1-800-838-1381 during business hours for how to get started.
<b>Documents required:</b>	Call for information.
<b>Hours Of Operation:</b>	All locations Monday - Friday 8:00 am - 5:00 pm.

**Program: Public Health Services**

<b>Office - Paso Robles Office:</b>	805-237-3050
<b>Description:</b>	The San Luis Obispo Public Health Department improves and maintains community health by identifying health issues, preventing disease and injury, influencing policy development, and promoting healthy behaviors through leadership, collaborative partnerships, education, direct services, surveillance, and case management and payment for eligible indigent medical care.
<b>Atascadero Office:</b>	805-461-6050
<b>Grover Beach Office:</b>	805-473-7050

**Morro Bay Office:** 805-772-6380

**Application Process:** Call for programs and services available.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon-Fri 8:30am-5pm

**Agency: Hearst Cancer Resource Center**

**Description:** The Hearst Cancer Resource Center (HCRC) is a free resource center in San Luis Obispo for those living with cancer and their families.

**Business Line:** 805-542-6234

**Address:** French Hospital Medical Center, 1941 Johnson Avenue, Suite 201 A, San Luis Obispo, CA 93401

**Website:** <http://www.dignityhealth.org/frenchhospital/services/cancer-center>

**Program: Hearst Cancer Resource Center**

**Description:** Free cancer education and support for patients and their families ranging from those newly diagnosed with cancer, in treatment, in recovery and survivors. Community education seminars and resources.

**Website:** <http://www.dignityhealth.org/frenchhospital/services/cancer-center>

**Fees:** No Fees.

**Payment Option(s):** No fee

**Application Process:** No Application Process.

**Documents required:** None.

**Hours Of Operation:** Open Monday - Friday 9:00am - 4:30pm

**Agency: HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County**

**Description:** Broad-based, self-appointed community group formed to make decisions and monitor funds allocated to San Luis Obispo County for services to people with HIV/AIDS and their families and funds allocated for AIDS education and prevention activities.

**Business Line:** 805-781-4878

**Address:** 2191 Johnson Avenue, San Luis Obispo, CA 93401

**Website:** <http://www.slocounty.ca.gov/health/publichealth/famhealth/phclinic.htm>

**Program: HIV Care Consortium of San Luis Obispo County**

**Office:** 805-781-5540

**Description:** Broad-based, self-appointed community group formed to make decisions and monitor funds allocated to San Luis Obispo County for services to people with HIV/AIDS and their families and funds allocated for AIDS education and prevention activities. Meets every other month. Call for information.

The following services are provided to people with HIV/AIDS: benefits counseling, dental services, professional counseling, health insurance continuation, transportation, housekeeping services, and emergency utility and rent subsidies. These services can be accessed by calling the AIDS Support Network at 781-3660.

**Eligibility:** Services are available to people who are HIV+ and their families who meet specific needs. Call for more information.

**Fees:** No fees.

**Payment Option(s):** No fee

**Application Process:** No information has been provided by Agency.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon-Fri 8am-5pm

**Agency: Independent Living Resource Center**

**Description:** ILRC provides a wide range of non-medical rehabilitative services to persons with disabilities, peer/benefits counseling, independent living skills, training, sign language interpretation, advocacy, employment and hiring services, information and referrals to other service provider organizations.

**Business Line:** 805-462-1162

**San Luis Obispo Video Phone:** 805-464-3203

**Address:** 1411 Marsh Street, Suite 109, San Luis Obispo, CA 93401

**Website:** [www.ilrc-trico.org](http://www.ilrc-trico.org)

**Santa Maria Office:** 805-925-0015 Voice or Text

**Santa Maria Video Phone:** 805-354-5948

**Santa Maria Fax:** 805-349-2416

**Main Email:** [info@ilrc-trico.org](mailto:info@ilrc-trico.org)

**Program: Independent Living Resource Center**

**Video Phone:** 805-464-3203

**Description:** ILRC provides a range of non-medical rehabilitative services to persons with disabilities, peer/benefits counseling, independent living skills, training, sign language interpretation, advocacy, employment and hiring services, information and referrals to other service provider organizations.

**Eligibility:** Anyone with a significant disability and desire to live independently

**Main Email:** [info@ilrc-trico.org](mailto:info@ilrc-trico.org)

**Website:** [www.ilrc-trico.org](http://www.ilrc-trico.org)

**Fees:** None.

**Payment Option(s):** No fee

**Application Process:** Applicants fill out an Independent Living Plan (ILP) with the help of an advocate.

**Documents required:** Depends upon the applicant's needs and requirements.

**Hours Of Operation:** Mon-Fri, 9 am - 12 noon; 1 pm - 5 pm.

**Agency: Latino Outreach Program**

**Description:** Mental health services and early intervention in Spanish (se habla Español).

**Toll Free:** 800-838-1381

**Address:** 1989 San Vicente, San Luis Obispo, CA 93401

**Website:** <http://www.slocounty.ca.gov/health/mentalhealthservices.htm>

**Program: Latino Outreach Program**

<b>Description:</b>	Mental health services and early intervention available in Spanish.
<b>Eligibility:</b>	Participants must meet medical necessity for Specialty Mental Health Services and want their services in Spanish.
<b>Toll Free:</b>	1-800-838-1381
<b>Website:</b>	<a href="http://www.slocounty.ca.gov/health/mentalhealthservices.htm">http://www.slocounty.ca.gov/health/mentalhealthservices.htm</a>
<b>Fees:</b>	<p>If full scope Medi-Cal, there is no fee for services.</p> <p>For share of cost Medi-Cal, a fee will be set on a sliding scale.</p> <p>For Educationally Related Mental Health Services "ERMHS", there is no cost for services.</p>
<b>Application Process:</b>	Please call (800) 838-1381 for more information or to schedule an appointment.
<b>Documents required:</b>	Medi-Cal card.
<b>Hours Of Operation:</b>	<p>This service is available throughout the year during regular business hours except during scheduled holidays.</p> <p>Mon - Fri: Open-8:00 AM; Closed-5:00 PM</p>

### **Agency: Lifeline Crisis Pregnancy Center**

<b>Description:</b>	A pro-life Christian ministry provides free pregnancy testing, supplies, material needs, pregnancy and post-abortion counseling, childbirth classes, education and presentations.
<b>Business Line:</b>	805-481-4987
<b>Address:</b>	1447 Grand Avenue, Grover Beach, CA 93433
<b>Website:</b>	<a href="http://lifelinepregnancycenter.org">lifelinepregnancycenter.org</a>
<b>Main Email:</b>	<a href="mailto:patriciaslifeline@gmail.com">patriciaslifeline@gmail.com</a>

### **Program: Lifeline Crisis Pregnancy Center**

<b>Description:</b>	A pro-life Christian ministry providing free pregnancy testing, supplies & material needs, pregnancy & post-abortion counseling, childbirth classes, education, presentations. Points system to use towards diapers, formula, clothes, etc.
<b>Main Email:</b>	<a href="mailto:patriciaslifeline@gmail.com">patriciaslifeline@gmail.com</a>

**Website:** lifelinepregnancycenter.org

**Payment Option(s):** Call for fee information

**Application Process:** No application process.

**Documents required:** None.

**Hours Of Operation:** Mon-Wed 10am-4pm  
Thurs 12pm-4pm

**Agency: Lifestyles Recovery Center, Inc.**

**Description:** The Lifestyles Recovery Center provides a safe place for people seeking recovery from substance abuse. Works with youth anger management/violence prevention, spiritual guidance, and HIV/AIDS prevention.

**Business Line:** 805-238-2290

**Address:** 715 24th Street, Unit P, Paso Robles, CA 93447

**Website:** www.lifestylesrecoverycenter.org

**Main Email:** Kllondon@hotmail.com

**Program: Lifestyles Recovery Center**

**Description:** Individual drug and alcohol counseling, HIV prevention workshops, self-esteem seminars, walk-in clinic and referral services. 12-step recovery meetings, anger management/violence prevention courses and drug/alcohol education classes.

**Website:** www.lifestylesrecoverycenter.org

**Application Process:** No information has been provided by Agency.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon-Fri 12 - 4 PM

**Agency: Lin Care**

**Description:** Lincare provides in-home respiratory care, infusion therapy and medical equipment.

**Business Line:** 805-543-2665

**Toll Free:** 800-999-6009  
**Santa Maria Lin Care:** 805-922-8466  
**Address:** 2945 McMillan Avenue, #144, San Luis Obispo, CA 93401  
**Website:** www.lincare.com  
**Santa Maria Lin Care** 805-349-0878  
**Fax:**

**Program: Lin Care**

**Description:** Lincare provides in-home respiratory care, infusion therapy, sleep therapy, and medical equipment.  
**Eligibility:** Physician's Referral.  
**Santa Maria Lin Care:** 805-922-8466  
**Santa Maria Lin Care** 805-349-0878  
**Fax:**  
**Toll Free:** 800-999-6009  
**Website:** https://www.lincare.com  
**Fees:** Varies by service.  
**Payment Option(s):** Call for fee information  
**Application Process:** Call for more information.  
**Documents required:** Physician's referral.  
**Hours Of Operation:** Monday - Friday 8 am - 5 pm.

**Agency: Marian Regional Medical Center**

**Description:** 226-bed Comprehensive award winning hospital with Level 3 Trauma Emergency Department, NICU, Mission Hope Cancer Center, several outpatient laboratories, imaging centers, home health, hospice and more.  
**Business Line:** 805-739-3000  
**Toll Free:** 805-739-3000  
**Address:** 1400 East Church St., Santa Maria, CA 93454

**Website:**

[www.marianmedicalcenter.org](http://www.marianmedicalcenter.org)

**Program: Dignity Health Home Health Services**

**Description:** Dignity Health Home Health staff members are part of an interdisciplinary team of skilled, compassionate professionals. Before joining the team, each staff member is screened and interviewed to ensure that their skills represent the most qualified nursing personnel available.

**Toll Free:** 800-549-9609

**Website:** [www.dignityhealth.org/centralcoast](http://www.dignityhealth.org/centralcoast)

**Payment Option(s):** Call for fee information

**Hours Of Operation:** Hours vary - call for details. On-call 24 hours per day.

**Agency: Med World, Inc.**

**Description:** Provides information, sales, and service on hospital beds, wheel chairs (both power and manual) oxygen concentrators, bariatric equipment, commodes, CPAP/BiPAPS, nebulizers, and shower chairs.

**Business Line:** 805-739-1700

**Address:** 2045 Preisker Lane, Suite H, Santa Maria, CA 93454

**Website:** [www.medworld.com](http://www.medworld.com)

**Main Email:** [info@medworld.com](mailto:info@medworld.com)

**Program: Med World**

**Description:** Provides information, sales, and service on hospital beds, wheel chairs, oxygen concentrators, bariatric equipment, commodes, CPAP/BiPAPS, nebulizers, and shower chairs.

**Eligibility:** Dependent on services needed.

**Main Email:** [info@medworld.com](mailto:info@medworld.com)

**Website:** <http://www.medworld.com/>

**Fees:** Fees Vary.

**Payment Option(s):** Fees vary; Membership fee

**Application Process:** None.

**Documents required:** Some services require prescriptions. Call for more information.

**Hours Of Operation:** Mon-Fri 8am-5pm.  
Sat 9am-12pm by appointment.

**Agency: Military Parents & Friends on the Central Coast**

**Description:** A support group for parents of members of the military.

**Business Line:** 805-234-5547

**Address** American Legion Hall, 1661 Mill St, San Luis Obispo, CA 93401

**Program: Military Parents on the Central Coast Support Group**

**Phone:** 805-549-9199

**Description:** A group for parents of members of the military. Parents offer support and information to one another. Meeting with other parents help them to relieve their anxiety by talking about their children to people who care.

**Phone:** 805-783-4418

**Application Process:** None.

**Documents required:** None.

**Hours Of Operation:** Meets the 1st Monday of every month at 6:30pm

**Agency: NCI Affiliates, Inc.**

**Description:** NCI Affiliates, Inc. nonprofit agency providing vocational training, community living services and programs for adults with intellectual and physical disabilities. Aimed at training and placing individuals into useful and productive jobs, assisting adults who wish to live independently within the community.

**Business Line:** 805-238-6630

**Corporate Office:** 805-238-3345

**Address:** 496 Linne Road, Paso Robles, CA 93446

**Website:** www.nciaffiliates.org

**Paso Thrift Store:** 805-237-7901  
**Atascadero Thrift Store:** 805-462-0500  
**Orange Dog Cafe:** 805-460-0252  
**E-waste:** 805-434-3811  
**Main Email:** info@nciaffiliates.org

**Program: Community Living Services**

**Description:** Provide assistance to individuals who wish to live in the community independently. These services promote a safe, self-sufficient and communal lifestyle.

**Eligibility:**

- You must be at least 18 years old.
- You must want to live independently.
- You must be enrolled with a fee-sponsoring agency such as Tri-Counties Regional Center.
- You must have a development disability diagnosed prior to the age of 18.

**Main Email:** info@nciaffiliates.org

**Website:** nciaffiliates.org

**Fees:** Tri-Counties Regional Center contracted rates.

**Payment Option(s):** Call for fee information

**Application Process:** Call for more information. Must be referred by Tri-Counties Regional Center.

**Documents required:** Regional Center will supply necessary documents.

**Hours Of Operation:** Hours are contracted through Tri-Counties Regional Center.

**Agency: New Life K9's**

**Description:** Provide trained service dogs to veterans.

**Business Line:** 805-544-5433

**Address:** 173 Buckley Rd, San Luis Obispo, CA 93401

**Website:** www.newlifek9s.org

newlife@newlifek9s.org

**Program: New Life K9s**

<b>Description:</b>	Provide professionally trained service dogs at no cost to veterans in order to prevent suicide, enrich relationships and reduce homelessness.
<b>Eligibility:</b>	Dogs are placed with veterans or first responders with PTSD only.
<b>Main Email:</b>	newlife@newlifek9s.org
<b>Website:</b>	www.newlifek9s.org
<b>Fees:</b>	No fee, but client is responsible for supporting the dog financially.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Application available online and is completed by primary care physician.
<b>Hours Of Operation:</b>	Tue - Sat: Open-9:00am; Closed-6:00pm

**Agency: Noor Foundation**

<b>Description:</b>	-Provides free, high quality health care to uninsured people in San Luis Obispo. -Provides medical, dental, and educational services to our patients. -Offers discount prescription information at local pharmacies.
<b>Business Line:</b>	805-439-1797
<b>Address:</b>	1428 Phillips Lane, Suite B-4, San Luis Obispo, CA 93401
<b>Website:</b>	slonoorfoundation.org
<b>Main Email:</b>	slonoorfoundation@gmail.com

**Program: SLO Noor Clinic**

<b>Dental Clinic:</b>	805-552-2240
<b>Description:</b>	Free Basic Primary Care. Patient education. Disease prevention, screening physical exams, laboratory testing, eye clinic, referrals, physical therapy, diabetes prevention.
<b>Eligibility:</b>	18 to 64 WITHOUT medical, dental or vision insurance.

**Main Email:** slonoorfoundation@gmail.com

**Website:** slonoorfoundation.org

**Fees:** No fee.

**Payment Option(s):** No fee

**Application Process:** Dental clinic requires an application. Call for information.

**Documents required:** Call for information.

**Hours Of Operation:** Primary Clinic: Mon-Fri 9 am - 5pm.  
 Vision Care Clinic: By appointment only.  
 Dental Clinic: By appointment only.

### **Agency: North County Abolitionists**

**Description:** North County Abolitionists expose and assist in the eradication of human trafficking. Provide information, presentations regarding human trafficking. Raise awareness. Advocate for services/rights for victims and provide practical care for survivors. Documentaries for the public as education. Training. Trauma Support Groups.

**Business Line:** 805-296-2317

**California Coalition to Abolish Slavery and Trafficking (CAST):** 1-888-539-2373

**Website:** <https://www.nocoabolitionists.org/>

**The National Human Trafficking Resource Center:** 1-888-373-7888

**Main Email:** pscarter@charter.net

### **Program: North County Abolitionists**

**California Coalition to Abolish Slavery and Trafficking (CAST):** 1-888-539-2373

**Description:** Provide information, presentations regarding human trafficking. Advocate for services/rights for victims and provide practical care for

survivors. Documentaries for the public as education. Training. Trauma Support Groups.

<b>Eligibility:</b>	No requirements.
<b>The National Human Trafficking Resource Center:</b>	1-888-373-7888
<b>Website:</b>	<a href="https://www.nocoabolitionists.org/">https://www.nocoabolitionists.org/</a>
<b>Fees:</b>	No fee.
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Telephone Line available 24/7.

### **Agency: Options Family of Services**

<b>Description:</b>	Provides behavior modification programs, independent living skills training, residential services, supported living, vocational evaluation and training programs for the developmentally disabled and for people recovering from TBI (traumatic brain injury).
<b>Business Line:</b>	805-772-6066
<b>Address:</b>	800 Quintana Road, Unit 2C, Morro Bay, CA 93443
<b>Website:</b>	<a href="http://www.optionsfs.org">www.optionsfs.org</a>
<b>Main Email:</b>	<a href="mailto:info@optionsfs.org">info@optionsfs.org</a>

### **Program: Options Family of Services**

<b>Description:</b>	Provides behavior modification programs, independent living skills training, residential services, vocational evaluation and training. Community integration, neurological/neuro-psychological consultation, and special education evaluations and advocacy for individuals with head injury, developmental disability, hearing loss, autism and other neurological impairments.
<b>Eligibility:</b>	<p>Funding source must be identified prior to acceptance.</p> <p>Disability must be associated with brain injury, developmental disability or similar neurological impairment.</p> <p>Eligible individuals must be able to benefit from services designed to increase appropriate social behaviors and adaptive living skills, and</p>

must have a desire to eventually live and work independently in the community.

Preference will be given to individuals with acute need.

Referral. Must be 18 years old and eligible for regional center.

<b>Main Email:</b>	info@optionsfs.org
<b>Website:</b>	www.optionsccnbc.org
<b>Fees:</b>	Fees vary. OPTIONS will accept funding through private insurance, third party payees, legal liens, and certain government agencies.
<b>Payment Option(s):</b>	No fee; Fees vary; Accepts Medi-Cal
<b>Application Process:</b>	Call 805-772-6066 for application process.
<b>Documents required:</b>	Call for details.
<b>Hours Of Operation:</b>	Office hours: Monday through Friday 8 am to 4:00 pm.

#### **Program: Orcutt Residential Services**

<b>Options Main Office:</b>	805-772-6066
<b>Description:</b>	Group home provides intensive instruction and intervention to reduce challenging behaviors and cognitive deficits in people with developmental disabilities and/or other neurological impairments
<b>Main Email:</b>	info@optionsfs.org
<b>Website:</b>	optionsfs.org
<b>Payment Option(s):</b>	Accepts Medi-Cal
<b>Application Process:</b>	must be referred by Regional Center
<b>Hours Of Operation:</b>	No office hours.

#### **Agency: Partners in Equestrian Therapy**

<b>Description:</b>	Riding program for Veterans, children and adults with special needs. The P.E.T. provides opportunity to increase physical skills, confidence and self-esteem through equestrian therapy (therapeutic horseback riding).
<b>Business Line:</b>	805-235-2787
<b>Address:</b>	9961 Santa Clara Road, Atascadero, CA 93422

**Website:** www.petslo.com

**Main Email:** petslo@gmail.com

### **Program: Partners in Equestrian Therapy**

**Description:** Partners in Equestrian Therapy provides therapeutic horseback riding for people with disabilities. We also offer a Veteran's Riding program for veterans and their families.

**Eligibility:** Call to determine eligibility.

**Main Email:** petslo@gmail.com

**Website:** www.petslo.com

**Fees:** \$25 half hour sessions, \$50 Hour sessions.

Payment collected at time of service, currently not accepting insurance.

**Payment Option(s):** Set program fee

**Application Process:** Rider Registration Packet must be submitted in advance.

**Documents required:** Therapeutic riders need a release form signed by their physician. Veteran and family riders sign a release form. (Forms provided by PET.)

**Hours Of Operation:** Tuesday, Thursday, and Saturday. Please call to make an appointment.

### **Agency: Partnership for the Children of San Luis Obispo County**

**Description:** Provides pediatric dentistry, focused on dental care for Medi-Cal insured children & uninsured children whose families do not qualify for subsidized insurance, but cannot afford private insurance costs. Services include preventive, restorative (including dental surgery) & emergency treatment, and oral health education focused on prevention.

**SLO Office:** 805-592-2445

**Address:** 717 Walnut Drive, Paso Robles, CA 93446

**Website:** www.tolosachildrendental.org

**Paso Robles Office:** 805-238-5334

**Main Email:** ptcinfo@tolosadental.org

**Program: Tolosa Children's Dental Center**

<b>Message - PTC:</b>	805-541-8666
<b>Description:</b>	Provides pediatric dentistry, focused on dental care for Medi-Cal insured children & uninsured children whose families do not qualify for subsidized insurance, but cannot afford private insurance costs. Services include preventive, restorative (including dental surgery) & emergency treatment, and oral health education focused on prevention.
<b>Eligibility:</b>	Age 12 and under or Foster Care Program children under the age of 18.
<b>Tolosa Dental:</b>	805-238-5334
<b>Noor Clinic:</b>	805-592-2445
<b>Main Email:</b>	ptcinfo@tolosadental.org
<b>Website:</b>	www.tolosachildrendental.org
<b>Fees:</b>	Medi-Cal program; sliding scale; private insurance
<b>Payment Option(s):</b>	Sliding scale; Accepts most insurance.
<b>Application Process:</b>	Clinic Hours: 8 am - 12 noon, 1 pm - 5 pm. Please call 805-238-5334 to schedule an appointment at the clinic.
<b>Documents required:</b>	2-3 months proof of income for sliding scale fee qualification; Insurance ID card.
<b>Hours Of Operation:</b>	Mon -Fri: Open-8:00 am; Closed-5:00 pm Closed for lunch from 12:00pm - 1:00pm

**Agency: Paso Cares**

<b>Description:</b>	Volunteers who together share a vision of providing food, clothing and shelter for our fellow citizens in need.
<b>Business Line:</b>	805-712-7067
<b>Address:</b>	No permanent physical address,
<b>Website:</b>	www.pasocares.org
<b>Main Email:</b>	pasocares@gmail.com

**Program: RV's for Veterans**

<b>Description:</b>	RV (Recreational Vehicle) donation program for homeless veterans in the San Luis Obispo area.
<b>Eligibility:</b>	Homeless Veteran in San Luis Obispo area.
<b>Payment Option(s):</b>	No fee; Call for fee information
<b>Application Process:</b>	Call for more information.
<b>Documents required:</b>	Call for more information.
<b>Hours Of Operation:</b>	Please call for more information.

### **Agency: People Helping People**

<b>Description:</b>	Medical Equipment Loan Program and food giveaway.
<b>Business Line:</b>	805-528-2626
<b>Address</b>	2180 Palisades Ave, Los Osos, CA 93402

### **Program: Medical Equipment Loan**

<b>Description:</b>	Over 200 pieces of medical equipment available for loan.
<b>Eligibility:</b>	No requirements.
<b>Fees:</b>	Deposit (if possible) for equipment.
<b>Payment Option(s):</b>	No fee.
<b>Application Process:</b>	Call for details.
<b>Documents required:</b>	ID
<b>Hours Of Operation:</b>	Monday - Friday 9 am - 1 pm.

### **Agency: Planned Parenthood of Santa Barbara, Ventura & San Luis Obispo Counties, Inc.**

<b>Description:</b>	Planned Parenthood California Central Coast provides affordable, high-quality reproductive health services (Pap tests and breast exams, pregnancy testing and counseling, tests for sexually transmitted infections), education (provides parents, professionals, teens and young adults with the sexual health information), and advocacy.
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**Business Line:** 805-898-3806  
**Toll Free:** 888-898-3806  
**Address:** 743 Pismo Street, San Luis Obispo, CA 93401  
**Website:** www.plannedparenthood.org  
**Main Email:** info@ppsbsvslo.org

**Program: Planned Parenthood**

**Description:** Provides comprehensive family planning services including complete reproductive health exams for males and females, birth control, testing and treatment for sexually transmitted infections, abortion services, mid-life services and emergency contraception. Also offers a variety of education and training programs designed to promote family planning and reproductive health.

**Main Email:** info@ppcentralcoast.org

**Toll Free:** 888-898-3806

**Website:** <https://www.plannedparenthood.org/planned-parenthood-california-central-coast>

**Fees:** Fees are determined on a sliding fee scale based on family size and income. State funding available for those who are eligible. Accepts Family Pact, Medi-Cal and most Insurance plans.

**Payment Option(s):** Sliding scale; Accepts Medi-Cal; Accepts most insurance

**Application Process:** Call or walk-in. No doctor referral is needed.

**Documents required:** Picture ID if applying for state funding. If patient has Medi-Cal or Insurance they should bring card and picture ID.

**Hours Of Operation:** Mon 9am-6pm  
Tues 11am-8pm  
Wed-Sat 8am-5pm

**Agency: Public Health Services**

**Description:** The Public Health Department, a division within the Health Agency, is responsible for protecting and improving the health of all San Luis Obispo County residents. Through disease surveillance, health education, direct services, and health policy development.

**Business Line:** (805) 781-5500

**24-Hour Recorded Information Line:** (805) 788-2903

**Address:** 2191 Johnson Avenue, San Luis Obispo, CA 93401

**Website:** <http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health.aspx>

### **Program: Prevention & Education**

**Description:** Public Health Department works within the community to promote healthy behaviors.

**Eligibility:** Open to the public.

**Website:** <http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/Prevention-Education.aspx>

**Hours Of Operation:** Monday - Friday  
8:30 am - 5 pm.

### **Program: Public Health**

**24-Hour Recorded Information Line:** (805) 788-2903

**Eligibility:** Available to the public.

**Website:** <http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health.aspx>

**Hours Of Operation:** Mon-Fri: 8:00 a.m. to 5:00 p.m.  
(excluding County Holidays)

### **Program: Women, Infants and Children Program (WIC)**

**Description:** Women, Infants and Children (WIC) is a nutrition education program that helps families eat well and stay healthy. WIC provides healthy foods, nutrition counseling and education, breastfeeding support, referrals to health care and other helpful services.

**Eligibility:**

Eligible women who are pregnant breastfeeding women for up to 1 year after delivery, women who recently had a baby up to 6 months after delivery (including miscarriages), infants, children under 5 years old.

To be eligible for WIC families need to have a low to medium income and live in San Luis Obispo County.

**Toll Free:**

(800) 660-3313

**Website:**

[http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/All-Public-Health-Services/Women,-Infants-and-Children-\(WIC\).aspx](http://www.slocounty.ca.gov/Departments/Health-Agency/Public-Health/All-Public-Health-Services/Women,-Infants-and-Children-(WIC).aspx)

**Fees:**

This service is provided free of charge.

**Application Process:**

Please call (805) 781-5570 or (800) 660-3313 to schedule an appointment.

**Documents required:**

Identification for the persons applying for WIC, such as a birth certificate, driver's license, crib card, military ID, photo ID, Social Security card, hospital record, or Medi-Cal card.

Proof of all family income (pay stubs or Medi-Cal card).

Proof of street address (mail, utility bill, rent/mortgage receipt).

All enrollment forms sent to you by WIC.

**Hours Of Operation:**

Monday - Friday 8 am - 5 pm.

**Agency: Regional Transit Authority (RTA)**

**Description:**

The SLO Regional Transit Authority provides safe, reliable and efficient transportation services within San Luis Obispo County. Connects cities throughout SLO County including Arroyo Grande, Morro Bay, Paso Robles, Pismo Beach, San Luis Obispo, Cambria, Los Osos, and San Miguel. Oversees South County Transit (SCT) which operates in the Five Cities area between Shell Beach, Pismo Beach, Grover Beach, Oceano and Arroyo Grande. San Luis Obispo County, from San Miguel to Santa Maria and everywhere in between.

**Business Line:**

805-781-4472

**Schedule Information:**

805-541-2228 RTA schedule information & lost/found

**Address:**

179 Cross Street, Suite A, San Luis Obispo, CA 93401

**Website:**

[www.slorta.org](http://www.slorta.org)

**Administration:**

805-781-4833

**Morro Bay Transit:**

805-772-2744

**South County Transit:**

805-541-2228

**RTA: ADA Paratransit -  
 Runabout:**

(805) 781-4833 To obtain an application or for specific answers about the application process.

**Main Email:**

info@slorta.org

### **Program: Dial-A-Ride Services**

**Office - Paso Robles Dial-A-Ride:**

805-239-8747

**Description:**

Dial-A-Ride Services offer riders curb-to-curb transportation within local communities. Provide rides within Nipomo, Morro Bay, Templeton, Shandon/Paso, Paso Robles, Atascadero and San Luis Obispo. Dial-A-Ride Services.

**Office - Atascadero Dial-A-Ride:**

805-466-7433

**Office -  
 Templeton/Shandon/Paso Dial-A-Ride:**

805-226-4242

**Office- Morro Bay Dial-A-Ride:**

805-772-2744

**Office- Nipomo Dial-A-Ride:**

805-929-2881

**Main Email:**

info@slorta.org

**Website:**

<http://www.slorta.org/services/dial-a-ride/>

**Fees:**

Fees vary among different cities. Call for information.

**Payment Option(s):**

Fees vary

**Application Process:**

Call to make a reservation and arrange for pick up and drop off.

Please call by 12:00 noon the day before your trip.

**Hours Of Operation:**

Atascadero: Mon-Fri, 7:30 am - 3:30 pm

Morro Bay: Mon-Fri, 6:30 am - 5:30 pm

Nipomo: Mon-Fri, 6:30 am - 6:30 pm

Paso Robles: Mon-Fri, 7 am - 1 pm

San Luis Obispo: Mon-Sat, 7 am - 6 pm

See website for hours.

### **Program: Paso Express**

<b>Description:</b>	The Paso Express provides transit and Dial-A-Ride service throughout the City of Paso Robles. Directional route service, connecting with RTA Route 9. Fixed route services at all dedicated stops around the city on Routes A and B.
<b>Eligibility:</b>	None. Available to the public.
<b>Main Email:</b>	info@slorta.org
<b>Website:</b>	<a href="http://www.slorta.org/schedules-fares/paso-express/">http://www.slorta.org/schedules-fares/paso-express/</a>
<b>Fees:</b>	Various, discounts available for K-12 students, people with disabilities, and seniors 65 and older.
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Monday–Friday / Lunes–Viernes  First trip starts at 6:45 am. Last full trip starts at 6:15 pm and service ends at 7:05 pm.  Saturday / Sabado  First trip starts at 7:45 am. Last full trip starts at 5:15 pm and service ends at 6:05 pm.  Sunday / Domingo  No service.

**Program: Regional Transit Authority (RTA)**

<b>Schedule Information:</b>	805-541-2228
<b>Description:</b>	Public Transportation.  Schedules are available at public places around the county. For a complete list of bus routes, call 805-541-2228 or visit their web site at <a href="http://www.slorta.org">www.slorta.org</a> .
<b>Main Email:</b>	info@slorta.org
<b>Website:</b>	<a href="http://www.slorta.org">http://www.slorta.org</a>
<b>Fees:</b>	Fares vary by zone traveled. Call for information. Usually exact change is required.
<b>Application Process:</b>	Passengers are recommended to arrive at their bus stop before the scheduled arrival time. Each bus is equipped with racks that can hold 6 bicycles.

**Hours Of Operation:**

Mon-Fri 8am-4:30pm.

### **Agency: Ride-On Transportation**

**Description:** Ride-On provides safe and affordable transportation to all residents of San Luis Obispo County, assist social service agencies to improve their transportation services with free consultation.

**Business Line:** 805-541-8751

**Ride Request:** 805-541-8747

**Address:** 3620 Sacramento Drive, Unit 201, San Luis Obispo, CA 93401

**Website:** [www.ride-on.org](http://www.ride-on.org)

**Main Email:** [contact@ride-on.org](mailto:contact@ride-on.org)

### **Program: Ride-On Transit Management Association (TMA)**

**Ride Requests:** 805-541-8747

**Description:** Ride-On TMA provides transportation services for the general public with vanpools, airport/Amtrak shuttles, Guaranteed Ride Home, Lunchtime Express, Visitor Shuttles, Special Event, and Medical Shuttles.

**Ride-On:** 805-541-8751

**Website:** <http://www.ride-on.org>

**Fees:** Call for a quote.

**Payment Option(s):** Call for fee information

**Application Process:** Speak with Bob Armstrong.

**Documents required:** Speak with Bob Armstrong.

**Hours Of Operation:** Call for appointment.

### **Program: Veteran's Express**

**Ride Requests:** 805-541-8747

<b>Description:</b>	Available to all veterans living in San Luis Obispo County. Provides rides from home to local VA clinic or to bus stop going to VA clinics outside the county.
<b>Eligibility:</b>	Veteran.
<b>Ride-On - Administration:</b>	805-541-8751
<b>Main Email:</b>	contact@ride-on.org
<b>Website:</b>	http://www.ride-on.org
<b>Fees:</b>	\$3.00 each way
<b>Payment Option(s):</b>	Call for fee information
<b>Application Process:</b>	Call for reservations at least 2-3 days in advance.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Operating hours are 24 hours per day, seven days per week.

### **Agency: RISE**

<b>Description:</b>	Provides emergency shelter, crisis intervention and counseling for all family members.
<b>Business Line:</b>	805-226-5400
<b>Toll Free:</b>	1-866-RISE (7473)
<b>Address:</b>	1030 Vine Street, Paso Robles, CA 93446
<b>Website:</b>	www.riseslo.org
<b>Main Email:</b>	contact@riseslo.org

### **Program: Counseling Program**

<b>Description:</b>	Individual and group counseling for those experiencing intimate partner or sexual violence. For adults and children, teens, members of the LGBT community. Bilingual. In San Luis Obispo, Paso Robles.
<b>Eligibility:</b>	Affected by intimate partner or sexual violence.
<b>Main Email:</b>	contact@RISEslo.org
<b>Toll Free:</b>	1-855-886- RISE (7473)

<b>Website:</b>	RISEslo.org
<b>Fees:</b>	Low cost to no cost.
<b>Payment Option(s):</b>	Sliding scale; Donation requested
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	San Luis Obispo: Mon-Fri 9am-5pm Paso Robles: Mon-Fri 9am-5pm

### **Program: RISE**

<b>Description:</b>	RISE provides crisis intervention and treatment services to survivors of sexual and intimate partner violence and their loved ones. Services: 24 hour crisis line, accompaniment and advocacy, case management, emergency shelter, legal support, counseling, and prevention education.
<b>Eligibility:</b>	Must be affected by sexual assault or intimate partner violence.
<b>Main Email:</b>	<a href="mailto:contact@riseslo.org">contact@riseslo.org</a>
<b>Toll Free:</b>	1-855-886-RISE (7473)
<b>Website:</b>	<a href="http://www.RISEslo.org">www.RISEslo.org</a>
<b>Fees:</b>	No fee, donation requested.
<b>Payment Option(s):</b>	No fee; Donation requested
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Paso Location: Mon-Fri, 9:00 am - 5 pm. Closed: noon-1pm for lunch. San Luis Location: Monday 9am-5pm Fri: Open-9:00 AM; Closed-5:00 PM

### **Program: Shelter Program**

<b>Description:</b>	Two 24-hour emergency shelters available to house individuals and their families, no matter gender, who need emergency assistance and a safe place to stay. All other RISE services are available to people staying in our shelters.
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<b>Eligibility:</b>	Those affected by intimate partner violence and sexual assault.
<b>Main Email:</b>	contact@RISEslo.org
<b>Toll Free:</b>	1-855-886- RISE (7473)
<b>Website:</b>	www.RISEslo.org
<b>Fees:</b>	No fee.
<b>Payment Option(s):</b>	No fee.
<b>Hours Of Operation:</b>	Mon-Fri 9am- 5pm

### **Agency: Saint Vincent De Paul Society**

<b>Description:</b>	Saint Vincent De Paul Society provides food vouchers, transportation, medication, eyeglasses, partial rent, utility assistance and identification cards.
<b>Business Line:</b>	805-544-7041
<b>Address</b>	Old Mission Parish Center, 751 Palm St., San Luis Obispo, CA 93401

### **Program: Saint Vincent De Paul Society**

<b>Description:</b>	Emergency gas assistance, food vouchers for families with young children, may provide utility assistance. Residents of San Luis Obispo.
<b>Eligibility:</b>	Call for eligibility requirements.
<b>Application Process:</b>	Cal to make an appointment.
<b>Documents required:</b>	Vary. Call for more information.
<b>Hours Of Operation:</b>	By appointment only. Tue - Thu: Open-2pm; Closed-3:30pm

### **Agency: San Luis Legal Assistance Foundation**

<b>Description:</b>	Free legal-aid services, assistance in self-representation, and conflict resolution for low and moderate income individuals, seniors and veterans. Direct legal representation, educating clients for self-representation, and facilitating conflict resolution.
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**Business Line:** (805) 543-5140

**Veterans Assistance Program:** 805- 541-2272 ext. 4730

**Address:** 3437 Empresa Drive, San Luis Obispo, CA 93401

**Website:** www.slolaf.org

**Legal Assistance for Victims Program:** 805-781-6418

**Main Email:** info@slolaf.org

**Program: Veterans Assistance Program**

**SLO Legal Assistance Foundation:** (805) 543-5140

**Description:** Free legal aid for veterans who qualify for services through CAPSLO's SSVF (Supportive Services for Veterans Families) program.

**Eligibility:** Veteran households who are homeless or at imminent risk of becoming homeless. Eligibility process handled through CAPSLO.

**Main Email:** info@slolaf.org

**Website:** <http://www.capslo.org/programs/ssvf>

**Payment Option(s):** No fee

**Application Process:** Call (805) 541-2272 ext. 4730 to be connected with a CAPSLO case worker who can help determine eligibility.

**Hours Of Operation:** Hours vary - call (805) 541-2272 ext. 4730 for details.

**Agency: San Luis Obispo County of Child Support Services Department**

**Description:** Assist to establish, modify or enforce child support and health insurance.

**Office - Ombudsperson:** 805-781-5729

**Address:** 1200 Monterey Street, San Luis Obispo, CA 93401

**Website:** [www.slocounty.ca.gov/css](http://www.slocounty.ca.gov/css)

**Office:** 805-781-5734

**Program: Child Support Services Department**

**Ombudsmen person:** 805-781-5729

**Description:** Assist to establish, modify or enforce child support and health insurance.

**Toll Free:** 866-901-3212

**Payment Option(s):** Call for fee information

**Hours Of Operation:** Walk In Hours: Mon-Fri, 8 am - 5 pm.  
 Telephone Hours: Mon-Fri, 1pm-5pm.

**Agency: SART (Suspected Abuse Response Team)**

**Description:** SART functions under the San Luis Obispo County Public Health Department, to provide forensic services for residents of SLO County, State agencies and other Counties.

**SART (Suspected Abuse Response Team):** 805-781-4878

**Address:** 2191 Johnson Ave, San Luis Obispo, CA 93401

**SART - General Inquiries:** 805-781-5500

**Urgent - SART - After Hours:** 805-781-4550

**Program: SART (Suspected Abuse Response Team)**

**Office - SART (Suspected Abuse Response Team):** 805-781-4878

**Description:** Our mission is to ensure that victims of assault (not necessarily sexual) receive compassionate care and professional treatment that will support their emotional, mental and physical health to the fullest extent possible. The program brings together specifically trained forensic doctors and nurses with Law Enforcement agencies, Child Welfare Services and advocates in a multidisciplinary team approach to provide compassionate, comprehensive and culturally-sensitive treatment for sexual assault survivors.

**Eligibility:** SART exams are done only at the request of Law Enforcement or Child Welfare Services. The exam becomes part of the criminal investigation.

**Urgent - SART - After Hours:** 805-781-4550

**Application Process:** No information has been provided by Agency.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon - Fri 8am-12pm, 1pm-5pm  
 After hours call: 805-781-4550  
 or call the rape-crisis hotline at 805-545-8888

**Agency: Services Affirming Family Empowerment (SAFE) South County**

**Description:** Services Affirming Family Enrichment (SAFE) provides a variety of services, including information and referral, coordinates community resources to keep children safe, healthy, at home, in school, and out of trouble.

**Business Line:** 805-474-2105

**Oceano Family Resource Center:** 805-474-3690

**Address:** 1086 Grand Ave., Arroyo Grande, CA 93420

**Nipomo Family Resource Center:** 805-474-2105

**AGHS Student Support Center:** 805-474-3200 x2195

**Main Email:** msquellati@capslo.org

**Program: Family Resource Center**

**Oceano Resource Center:** (805) 474-3690

**Description:** Offer families easy access to social services programs. Direct Services and Case Management, individual and family counseling, parent education and basic needs assistance.

**Eligibility:** Family must live in southern San Luis Obispo County (Avila - Nipomo). Families with children ages 0-18.

**Nimpo Resource Center:** (805) 474-2105

**AGHS Student Support Center:** (805) 474-3200 x2195

**Main Email:** msquellati@capslo.org

<b>Payment Option(s):</b>	Fees vary; Accepts Medi-Cal
<b>Application Process:</b>	Parents or teachers may call the number closest to them for information.
<b>Hours Of Operation:</b>	Mon-Fri 8 am - 5 pm.

**Agency: Sierra Vista Regional Medical Center**

<b>Description:</b>	Sierra Vista Regional Medical Center is a Level III Trauma Center, full-service emergency room, hospital. Services: Only specialized pediatric unit in the county, heart care, pregnancy, orthopedics, respiratory therapy, digestive disorders, nursing care and specialists who provide intensive and transitional care, trauma, and more.
<b>Business Line:</b>	805-546-7600
<b>Administration:</b>	805-546-7686
<b>Address:</b>	1010 Murray Avenue, San Luis Obispo, CA 93405
<b>Website:</b>	<a href="http://www.sierravistaregional.com">www.sierravistaregional.com</a>
<b>Billing &amp; Insurance:</b>	866-904-6871
<b>Adult Services/Children's Services:</b>	(855) 874-8446
<b>Birth Center/Cancer Center:</b>	(855) 874-8446
<b>Orthopedics/Rehabilitation Services:</b>	(855) 874-8446

**Program: Sierra Vista Regional Medical Center**

<b>Description:</b>	Sierra Vista Regional Medical Center is a Level III Trauma Center, full-service emergency room, hospital.
<b>Eligibility:</b>	No eligibility requirements.
<b>Website:</b>	<a href="https://www.sierravistaregional.com">https://www.sierravistaregional.com</a>
<b>Payment Option(s):</b>	Fees vary
<b>Hours Of Operation:</b>	Open 24 hours

**Agency: SLO Hep C Project**

**Description:**

The San Luis Obispo County Hepatitis C Task Force is dedicated to educational outreach, public awareness, and the on-going study of community needs regarding the impact of Hepatitis C. Provides bilingual services, health counseling, public/private benefits counseling, referrals to local physicians, mental health counseling referrals, and nutritional counseling.

**Business Line:**

805-543-4372

**Address:**

1320 Nipomo Street, San Luis Obispo, CA 93401

**Website:**

www.slohepc.org

**Main Email:**

dkilburn@asn.org

**Program: SLO Hep C Project**

**Description:**

SLO Hep C project services include health counseling, benefits counseling, financial assistance, assistance from volunteers for daily needs and walk-in Hep C antibody testing. Informational forums for clients and interested community members.

**Eligibility:**

Anyone living with Hepatitis C, family and friends. No requirements for walk-in testing.

**Toll Free:**

805-543-4372

**Website:**

http://www.slohepc.org/

**Fees:**

No fees.

**Payment Option(s):**

No fee

**Application Process:**

For appointments with counselors, call 805-543-4372.

**Documents required:**

Photo ID, confirmation of chronic Hep C lab testing or note from doctor

**Hours Of Operation:**

Mon-Thu, 9 am - 5 pm; Fri, 9 am - 3 pm.

**Agency: Soul of the Wounded Healer**

**Description:**

**Business Line:**

805-470-9290

**Address:**

No information has been provided by Agency.

**Website:**

www.soulofthewoundedhealer.com

**Main Email:**

edward@soulofthewoundedhealer.com

**Program: Soul of the Wounded Healer**

**Description:**

**Eligibility:** No information has been provided by Agency.

**Toll Free:** 805-470-9290

**Website:** [www.soulofthewoundedhealer.com](http://www.soulofthewoundedhealer.com)

**Fees:** No information has been provided by Agency.

**Payment Option(s):** No information has been provided by Agency.

**Application Process:** No information has been provided by Agency.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Call for information.

**Agency: Transcendental Meditation San Luis Obispo County**

**Description:** Transcendental Meditation program offers the Transcendental Meditation technique for inner peace and wellness. Resilient Warrior Program available to military community.

**Business Line:** 805-471-9100

**Toll Free:** 1-888-LEARN TM

**Hotline:** 1-888-LEARN TM

**Address:** Teaching location varies on individual needs., Teachers serve all of San Luis Obispo County, CA

**Website:** <http://www.tm.org/transcendental-meditation-san-luis-obispo>

**Program: Resilient Warrior Program**

**Description:** Transcendental Meditation-based approach to relieving symptoms of PTSD, major depression, and developing resilience to stress in Veterans and military community.

**Eligibility:** Accessible to Veterans, civilian and active military.

**Hotline:** 1-888-LEARN TM

<b>Toll Free:</b>	1-888-LEARN TM
<b>Fees:</b>	Veterans participating In Resilient Warrior Program are eligible for partial to full scholarship depending on level of need.
<b>Application Process:</b>	Attending first introductory presentation on Transcendental Meditation-based Resilient Warrior Program and completing confidential online pre-survey. Veterans should call to arrange appointment.
<b>Documents required:</b>	None. Based on honor system.
<b>Hours Of Operation:</b>	Hours by appointment only.

### **Agency: Transitions-Mental Health Association**

<b>Description:</b>	Transitions-Mental Health Association is a nonprofit organization dedicated to eliminating stigma and promoting recovery and wellness for people with mental illness through work, housing, community and family support services. Housing, employment, case management and life-skills support to teens and adults with mental illness, support, resources and education for their loved ones.
<b>Business Line:</b>	805-540-6500
<b>Hotline:</b>	800-783-0607
<b>Address:</b>	784 High Street, San Luis Obispo, CA 93401
<b>Website:</b>	www.t-mha.org
<b>Main Email:</b>	info@t-mha.org

### **Program: Family Services - Youth Family Partners**

<b>Rolando Rojas, SLO &amp; South SLO County:</b>	805-458-6388
<b>Description:</b>	Direct, immediate support for parents, siblings, foster parents, grandparents and guardians who have children with mental health issues. The Youth Family Partner helps families maneuver through financial, legal, school system and healthcare challenges while providing them with a resource for further support, education and respite.
<b>Eligibility:</b>	Families, guardians, and caregivers with a minor child who has special mental health needs.  Call for more information.
<b>Patty Ramirez, SLO &amp; North SLO County:</b>	805-458-2596

**Laura Gaisie, SLO &  
North SLO Coast:**

805-503-0009

**Main Email:**

info@t-mha.org

**Website:**

www.t-mha.org

**Fees:**

No Fees.

**Payment Option(s):**

No fee.

**Application Process:**

Call for more information.

**Documents required:**

Call for more information.

**Hours Of Operation:**

Days and hours vary; call for more information.

### **Program: Mental Health Advocacy and Education**

**Description:**

Helps adults with mental health challenges lead fuller, healthier lives. Classes, presentations, support groups. Mental Health Advocates available to meet one-on-one. Behavioral Health Navigators. Health Integration Project. Transition Assistance and Relapse Prevention. Peer Advisory & Advocacy Team. MH Advocates are peers who have lived with mental illness themselves.

**Eligibility:**

All programs are available to all adults.

**Main Email:**

info@t-mha.org

**Website:**

www.t-mha.org

**Fees:**

No Fee.

**Payment Option(s):**

No fee

**Application Process:**

Call 805-540-6576 or email jvieira@t-mha.org.

**Documents required:**

None.

**Hours Of Operation:**

Mon-Fri, 8am-5pm.

### **Program: SLO Hotline**

**Description:**

Provides confidential mental health support, crisis and suicide prevention helpline. Also available to answer non-emergency calls from anyone in need of emotional or mental health information or referrals.

<b>Eligibility:</b>	Available to anyone in suicidal or mental health crisis or emotional distress or in need of non-emergency emotional support or mental health referrals.
<b>Main Email:</b>	info@t-mha.org
<b>Hotline:</b>	805-783-0607
<b>Toll Free:</b>	800-783-0607
<b>Website:</b>	www.t-mha.org
<b>Payment Option(s):</b>	No fee.
<b>Application Process:</b>	None.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Available 24 hours per day, 7 days per week.

**Program: TMHA Wellness Centers**

<b>Description:</b>	SLO Wellness Centers offer person-centered, recovery-based supports designed for life enrichment, personal development, peer support, community resources, recovery education, social skill development, and various wellness workshops.
<b>Eligibility:</b>	Call for more information.
<b>Hope House- SLO:</b>	805-541-6813
<b>Life House- ATASC:</b>	805-464-0512
<b>Safe Haven- Arroyo Grande:</b>	805-489-9659
<b>Main Email:</b>	info@t-mha.org
<b>Toll Free:</b>	800-783-0607
<b>Website:</b>	www.t-mha.org
<b>Fees:</b>	No Fees.
<b>Payment Option(s):</b>	No fee.
<b>Application Process:</b>	Walk In.
<b>Documents required:</b>	Member Information Packet & Oath of Confidentiality are to be filled out upon arrival to the Center.
<b>Hours Of Operation:</b>	Hours vary by center. Call location or visit website for site schedules.

**Agency: Twin Cities Community Hospital**

**Description:** Twin Cities hospital delivers acute care services of the communities in the San Luis Obispo County region. Specialize in maternity care, emergency services, surgery and joint replacement, array of medical, surgical and outpatient services.

**Business Line:** 805-434-3500

**Billing & Insurance:** 1-866-904-6871

**Address:** 1100 Las Tablas Road, Templeton, CA 93465

**Website:** www.twincitieshospital.com

**Medical Record Fax:** (805) 434-4586 twi-requestmyrecords@tenethealth.com

**Program: Twin Cities Community Hospital**

**Description:** Twin Cities acute care hospital delivers personalized, quality care, and advances to the communities in the San Luis Obispo County region. Maternity care, emergency services, surgery and joint replacement, array of medical, surgical and outpatient services.

**Eligibility:** No eligibility requirements.

**Website:** https://www.twincitieshospital.com/

**Fees:** Varies based on service.

**Payment Option(s):** Fees vary

**Application Process:** Contact agency for more information.

**Hours Of Operation:** Open 24 hours.

**Agency: United Cerebral Palsy of San Luis Obispo County**

**Description:** United Cerebral Palsy of San Luis Obispo County is dedicated to advancing the independence of people with developmental disabilities throughout the county. Weekend and evening transportation in SLO county, out-of-county weekend trips, Saturday outings and week-long summer camp. In-home respite workshops and family events. Assists parents with education information for their special needs children.

**Business Line:** 805-543-2039

**North County Office:** 805-237-8333

**Address:** 3620 Sacramento Street, Unit 201, San Luis Obispo, CA 93401

**Website:** www.ucp-slo.org

**Volunteer Phone:** 805-541-8751

**Family Services:** 805-543-7102

**Family Advocacy:** 805-781-6265

**Main Email:** veronica@ucp-slo.org

**Program: Adult Inclusion**

**Description:** Adult Inclusion Program offers Community Interaction Program (CIP) transportation and tours in the evenings and weekends. Camp Kelley Creek, week-long residential camp for adults in SLO county.

**Eligibility:** Any adult with developmental disabilities can participate in these programs. Call the main office at 805-543-2039 for more information.

**Website:** <http://ucp-slo.org/>

**Fees:** Varies, call for more details 805-543-2039.

**Application Process:** Call the office for information at 805-543-2039.

**Documents required:** State ID, passport, or birth certificate.

**Hours Of Operation:** Mon-Fri, 8 am - 5 pm

**Program: Central Coast Assistive Technology Center**

**Description:** Provides comprehensive resources to individuals with disabilities regarding assistive technology. Professional consultation, assessment and referral services concerning assistive technology to individuals with disabilities, families and service providers.

**Eligibility:** Individuals with disabilities. Call for more information.

**Main Email:** slomortola@aol.com

**Website:** [www.ccatc.org](http://www.ccatc.org)

**Fees:** Mo charges for most services.

**Payment Option(s):** Sliding scale.

**Application Process:** Call for more information.

**Documents required:** Call for more information.

**Hours Of Operation:** Call for an appointment.

### **Agency: VA Central California Health Care System**

**Description:** Provides medical, mental health and specialty care to Veterans. Veterans and family members living in San Luis Obispo County may be eligible for services.

**Business Line:** 559-228-6933

**Toll Free:** 888-826-2838

**Address:** 2615 E. Clinton Avenue, Fresno, CA 93703

**Website:** [www.fresno.va.gov](http://www.fresno.va.gov)

### **Program: VA Fresno Medical Center**

**Description:** The Fresno Medical Center is a General Medicine and Surgery teaching hospital providing medical, mental health and specialty care to Veterans. Veterans and family members living in San Luis Obispo County may be eligible for services.

**Eligibility:** Veterans and family members.

**Toll Free:** 888-826-2838

**Website:** [fresno.asp](http://fresno.asp)

**Application Process:** Call for an appointment and for more information.

**Documents required:** Call for more information.

**Hours Of Operation:** Clinic Hours:  
 Monday-Friday, 8:00 am - 4:30 pm, excluding holidays  
 Hospital Visiting Hours:  
 Unrestricted, unless the clinical area has safety restrictions  
 Emergency Room Hours:  
 24/7

Cafeteria Hours:

Monday-Friday, 7:30 am - 2:30 pm

**Agency: VA Greater Los Angeles Healthcare System**

**Description:** VA Greater Los Angeles Healthcare System one of largest health care facilities within the Department of Veterans Affairs. Offering services to Veterans residing in Southern California. Ambulatory care centers, tertiary care facility and community outpatient clinics. Serves Veterans in: Los Angeles, Ventura, Kern, Santa Barbara, and San Luis Obispo Counties.

**Business Line:** (310) 478-3711

**Sepulveda Ambulatory Care Center:** (818) 891-7711

**Address:** 11301 Wilshire Blvd, Los Angeles, CA 90073

**Website:** <https://www.losangeles.va.gov/>

**Los Angeles Ambulatory Care Center:** (213) 253-2677

**Telephone Care Line:** 1-877-252-4866 Medical advice/questions about your medication.

**Pharmacy Representative:** 1-800- 952-4852 To speak to pharmacy representative.

**Medical Records:** (310) 268-4119 Requests for medical records.

**Program: VA Los Angeles Ambulatory Care Center**

**Description:** VA Los Angeles Ambulatory Care Center offers healthcare services for Veterans.

**Eligibility:** Veterans.

**Fees:** Part of Veteran Services.

**Documents required:** Military Government Issued ID.

**Hours Of Operation:** Monday through Friday 8 am - 4 pm.

**Program: VA Sepulveda Ambulatory Care Center**

**Description:** VA Sepulveda Ambulatory Care Center offers healthcare services to Veterans.

**Eligibility:** Veterans.

**Fees:** Part of Veterans Services.

**Documents required:** Government Military Issued ID.

**Hours Of Operation:** Monday through Friday 8 am - 4 pm.

**Program: West Los Angeles Medical Center**

**Description:** The West Los Angeles Healthcare Center offers healthcare services for Veterans.

**Eligibility:** Veterans.

**Fees:** Part of Veterans Services.

**Documents required:** Government Military Issued ID.

**Hours Of Operation:** Monday through Friday 8 am - 4 pm.

**Agency: VA Outpatient Clinic, San Luis Obispo**

**Description:** Provides veterans' patient care and benefits.

**Business Line:** 805-543-1233

**Hotline:** Veterans Crisis Line

**VA Telephone Advice Nurse:** 1-877-252-4866 Veteran patients and their caregivers can talk to a VA Registered Nurse.

**Address:** 1288 Morro Street, Suite 200, San Luis Obispo, CA 93401

**Website:** <https://www.myhealth.va.gov/>

**VA Pharmacy Refills:** 1-800-952-4825 Veteran Patients can call to refill their VA medication prescriptions.

**Veterans Crisis Line:** 838255 Text Messaging

**Phone5:** www.veteranscrisisline.net

**Program: Choice Program**

<b>Description:</b>	If you are already enrolled in VA health care, the Choice Program allows you to receive health care within your community.
<b>Eligibility:</b>	<p>To be eligible for the program, you must be enrolled in VA health care and must also meet at least one of the following criteria:</p> <ul style="list-style-type: none"> <li>- You are told by your local VA medical facility that you will need to wait more than 30 days for an appointment.</li> <li>- Your residence is more than a 40 mile driving distance from the closest VA medical facility with a fulltime primary care physician.</li> <li>- You need to travel by air, boat, or ferry to the VA medical facility closest to your house.</li> <li>- You face an unusual or excessive burden in traveling to the closest VA medical facility based on a geographic challenge, environmental factor, medical condition, or other specific clinical decisions. Staff at your local VA medical facility will work with you to determine if you are eligible for any of these reasons.</li> <li>- You reside in a State or a United States Territory without a full-service VA medical facility that provides hospital care, emergency services and surgical care, and reside more than 20 miles from such a VA medical facility.</li> </ul>
<b>Toll Free:</b>	1-866-606-8198
<b>Website:</b>	<a href="https://www.va.gov/opa/choiceact/">https://www.va.gov/opa/choiceact/</a>
<b>Fees:</b>	No fees for Veterans.
<b>Application Process:</b>	Call the VCP Call Center at 866-606-8198 or visit the Veterans Choice Program website to verify eligibility and set up an appointment.
<b>Documents required:</b>	Call for more information.
<b>Hours Of Operation:</b>	Call for more information.

### **Program: VA Outpatient Clinic - SLO**

<b>VA Telephone Advice Nurse:</b>	1-877-252-4866
<b>Description:</b>	Health clinic for veterans.
<b>Eligibility:</b>	Must be a veteran.
<b>VA Pharmacy Refills:</b>	1-800-952-4825
<b>Choice Program:</b>	1-866-606-8198
<b>Veterans Crisis Line:</b>	838255

**Phone5:** [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

**Toll Free:** 1-800-273-TALK (8255) and Press 1

**Payment Option(s):** Call for fee information.

**Application Process:** 1010-EZ, available online or in the office.

**Documents required:** DD214.

### **Agency: Vandenberg Air Force Base**

**Description:** Vandenberg Air Force Base is headquarters for the 30th Space Wing. Manages Department of Defense space and missile testing, and placing satellites into polar orbit from the West Coast, using expendable boosters.

**Business Line:** (805) 606-1110

**Base Straight Talk Line:** (805) 606-8263

**Address:** 747 Nebraska Ave, Vandenberg AFB, CA 93437

**Website:** <http://www.vandenberg.af.mil>

**Commanders Action Line:** (805) 606-7850

**30th Space Wing Public Affairs:** (805) 606-3595

**Space and Missile Heritage Center:** (805) 605-8300

### **Program: Vandenberg Air Force Base**

**Description:** Military Base. Headquarters for the 30th Space Wing.

**Eligibility:** Active and Inactive Military. Civilians.

**Website:** <http://www.vandenberg.af.mil/Home/Welcome/>

**Hours Of Operation:** Call for department hours.

### **Agency: Vet Center**

**Description:** Offers individual and group counseling to Combat veterans on readjustment issues. Vet centers are authorized to provide services to any combat veteran, and parents, spouses and children of Armed Forces personnel who died while in service to their

country, Combat Service Support who provided direct emergency medical, mental health, mortuary or unmanned aerial support services to personnel involved in combat operations or hostilities, and any who suffered sexual assault or harassment during their service in the military.

**Business Line:** 805-782-9101  
**Toll Free:** 877-927-8387  
**Address:** 1070 Southwood Drive, San Luis Obispo, CA 93401  
**Website:** www.vetcenter.va.gov

### **Program: Vet Center**

**Description:** Offers individual and group counseling to Combat veterans on readjustment issues. Also parents, spouses and children of Armed Forces personnel who died while in service to their country, those Combat Service Support who provided direct emergency medical, mental health, mortuary or unmanned aerial support services to personnel involved in combat operations or hostilities, and any who suffered sexual assault or harassment during their service.

**Eligibility:** Call for exact information.

**Website:** www.vetcenter.va.gov

**Payment Option(s):** Call for fee information.

**Application Process:** Call Vet Center for information.

**Documents required:** DD214.

**Hours Of Operation:** Mon-Fri, 8am-5:30pm.  
 1st Sat of month 8am-4:30pm.

### **Program: Vet Center Call Center**

**Description:** 24/7 confidential call center when combat Veterans and their families can talk about their military experiences or any other issue they are facing in their readjustment to civilian life.

**Eligibility:** Combat Veterans and their families.

**Toll Free:** 1-877-WAR-VETS(927-8387)

**Website:** https://www.vetcenter.va.gov/media/call-center-psa.asp

**Fees:** Benefit is prepaid though Veteran's military service.

**Application Process:** None.

**Documents required:** None.

**Hours Of Operation:** Available 24/7.

### **Agency: Veterans Falconry Initiative**

**Description:** Veteran community providing a source for getting Vets involved in falconry as a therapy source by providing training, access, and experience working with raptors.

**Business Line:** 805-704-4823

**Address:** 9161 Sullivan Ct, Atascadero, CA 93422

**Website:** <https://www.facebook.com/VetFalconry>

**Main Email:** [vetfalconry@gmail.com](mailto:vetfalconry@gmail.com)

### **Program: Vet Falconry**

**Description:** Veterans involved in falconry as a therapy source by providing training, access, and experience working with raptors.

**Eligibility:** Veteran

**Main Email:** [vetfalconry@gmail.com](mailto:vetfalconry@gmail.com)

**Website:** <https://www.facebook.com/pg/VetFalconry>

**Fees:** No Fees.

**Application Process:** None.

**Documents required:** None.

**Hours Of Operation:** Dates, location, and hours vary. Please call for details.

### **Agency: Veterans Services Office**

**Description:** Veterans Services Department provides assistance to the men and women who serve in the Armed Forces of America, their dependents, survivors, and the general public, in obtaining benefits such as compensation, pension, veterans home, vocational rehabilitation, veterans and dependents education, VA Hospital, and Cal-Vet home loans, from the U.S. Department of Veterans Affairs, and other programs for veterans and their families.

**Business Line:** 805-781-5766

**Hotline:** 1-800-273-8255 and Press 1

**Veteran Crisis Line:** 838255 Text message

**Address:** Veterans Memorial Building, 801 Grand Avenue, San Luis Obispo, CA 93408

**Website:** [www.slocounty.ca.gov/veteran.htm](http://www.slocounty.ca.gov/veteran.htm)

**VA Telephone Advice Nurse:** 1-877-252-4866 Veteran patients and their caregivers can talk to a VA Registered Nurse.

**Phone4:** [www.veteranscrisisline.net](http://www.veteranscrisisline.net)

### **Program: VA Outpatient Clinic**

**Parent Facility: Los Angeles VAMC (GLA):** 310-478-3711

**Description:** Veterans Affairs Outpatient Clinic is a VHA Medical Center providing health care to Veterans.

General care health evaluation and counseling, disease prevention, nutrition counseling. Mental health evaluation and assistance. Management and screening of chronic conditions. Reproductive health care. Rehabilitation, home care, and long-term care referrals. Patient Advocates available.

**Eligibility:** To be eligible for VA health care benefit programs one must have served in the active military, naval or air service and separated under any condition other than dishonorable.

**Santa Maria VA Outpatient Clinic:** 805-354-6000

**VA Telephone Advice Nurse:** 1-877-252-4866

**Hotline:** 1-800-273-8255 and Press 1

**Website:** [http://www.slocounty.ca.gov/veteran/health\\_and\\_wellbeing/va\\_outpatient\\_clinic\\_locations.htm](http://www.slocounty.ca.gov/veteran/health_and_wellbeing/va_outpatient_clinic_locations.htm)

**Payment Option(s):** No fee; Fees vary; Call for fee information

**Application Process:** Application for health care benefits, VA Form 10-10EZ.

**Hours Of Operation:** Monday through Friday, 8 am to 4:30 pm.

### **Program: Veterans Crisis Line**

<b>Text message:</b>	838255
<b>Description:</b>	The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text.
<b>Eligibility:</b>	Veterans in crisis and their families and friends
<b>Toll Free:</b>	1-800-273-8255
<b>Website:</b>	<a href="https://www.veteranscrisisline.net/">https://www.veteranscrisisline.net/</a>
<b>Application Process:</b>	Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	24 hours a day, 7 days a week, 365 days a year.

#### **Program: Veterans Services Office**

<b>Description:</b>	The San Luis Obispo County Department of Veterans Services was created to help local veterans and their families obtain veterans' benefits from federal, state and local agencies, including the U. S. Department of Veterans Affairs.
<b>Eligibility:</b>	Veterans and their dependents and survivors.
<b>Fees:</b>	No fee.
<b>Payment Option(s):</b>	No fee.
<b>Application Process:</b>	Call 805-781-5766 for more information.  Appointments are always required.
<b>Documents required:</b>	DD214.
<b>Hours Of Operation:</b>	Mon-Fri 9 am - 5 pm in San Luis Obispo. For Paso Robles and Arroyo Grande offices, call for an appointment.

#### **Agency: VFW National Home for Children**

<b>Description:</b>	The VFW National Home for Children serves as a living memorial to America's veterans by helping our nation's veteran and military families. Through our Helpline and our on-campus programs, we help families and children through times of crisis, both on our beautiful campus and in their own communities nationwide.
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**Business Line:** 517-663-1521  
**Toll Free:** 800-313-4200  
**Hotline:** 800-313-4200  
**Address:** 3573 S. Waverly Rd., Eaton Rapids, MI  
**Website:** www.vfwnationalhome.org  
**Main Email:** help@vfwnationalhome.org

### **Program: Helpline**

**Description:** Our Helpline is staffed by caring professionals who understand the unique challenges faced by today's military and veteran families. This free service offers information, creates connections and gives hope to struggling families, wherever they are. It can also serve as a future resident's first step to moving to the National Home.

**Eligibility:** Veterans, current active duty military, National Guard Members and their families.

**Main Email:** help@vfwnationalhome.org

**Hotline:** 800-313-4200

**Website:** www.vfwnationalhome.org

**Fees:** Free

**Payment Option(s):** No fee

**Application Process:** Please call or email the Helpline, 800.313.4200 or help@vfwnationalhome.org.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Mon-Fri 8am-4:30pm Eastern Time (5am-1:30pm Pacific Time)

### **Agency: Vietnam Vet Family Support**

**Description:** Phone support for families of Vietnam veterans.

**Sharlot Sunshine:** 805-528-4954

**Address:** Phone only resource, San Luis Obispo, CA

**Program: Vietnam Vet Family Support**

**Sharlot Sunshine:** 805-528-4954

**Description:** Phone support for families of Vietnam veterans.

**Application Process:** None.

**Documents required:** None.

**Hours Of Operation:** Call for information.

**Agency: Visiting Angels Living Assistance Services**

**Description:** Provides Seniors and adults the needed assistance to continue living at home.

**Business Line:** 805-546-2080

**Address:** 1317 Broad St #B, San Luis Obispo, CA 93401

**Website:** <http://www.visitingangels.com>

**Program: Senior Home Care Services**

**Description:** Provides Seniors and adults the needed assistance to continue living at home.

**Eligibility:** Seniors and adults.

**Website:** <https://www.visitingangels.com>

**Fees:** Fees vary by level of service.

**Application Process:** Call for more information.

**Documents required:** Call for more information.

**Hours Of Operation:** Business hours: Monday - Friday 8:00am - 5:00pm.  
24/7 Multiple Shift Care available.

**Agency: Visiting Nurse & Hospice Care**

**Description:** Consists of multiple sites throughout Santa Barbara and San Luis Obispo Counties who loan out medical equipment (such as walkers, wheelchairs, commodes, canes,

crutches, toilet and shower chairs) free of charge to people in temporary need of the equipment. Contact individual sites for more information.

**Business Line:** 805-965-5555  
**Address:** CA  
**Website:** <http://www.vnhcsb.org/>  
**Main Email:** INFO@VNHCSB.ORG

### **Program: Home Health**

**Lompoc:** 805-735-4444

**Description:** Visiting Nurse & Hospice Care provides Home Health Care to individuals who are recovering from illness, accident or injury. Patient services include post-surgical rehabilitation, wound care, patient and family education, diabetes management, and home safety assessment.

**Santa Ynez:** 805-693-5555

**Website:** <http://www.vnhcsb.org/skilled-nursing/>

**Fees:** Rehabilitation services provided under the direction of your doctor may be paid for by Medicare or other health insurance. Please find more information under Payment for Services.

Skilled nursing services provided under the direction of your doctor may be paid for by Medicare or other health insurance. Please find more information under Payment for Services.

### **Program: Hospice Services**

**Lompoc:** 805-735-4444

**Description:** Hospice care provides comfort and quality of life for people of all ages who face life-limiting illness and medical treatment that no longer offers a cure. Visiting Nurse & Hospice Care offers hospice care that is family-centered and takes place in a patient's home or at Serenity House, our inpatient hospice house, an option if needs cannot be met at home. Together the hospice team and each patient's doctor provide expert medical care, pain and symptom relief, and emotional and spiritual support to the patient and the family.

**Eligibility:** Hospice is available for many life-limiting conditions, such as cancer, Alzheimer's disease, heart failure, or even just old age.

**Santa Ynez:** 805-693-5555

**Website:** <http://www.vnhcsb.org/hospice-care/>

**Fees:**

Hospice Care is a benefit under Medicare, Medi-Cal and most private insurances. Please visit <http://www.vnhcsb.org/hospice-care/> for more information.

**Agency: Vista del Mar Hospital (VDMH)**

<b>Description:</b>	Vista del Mar Hospital (VDMH) provides inpatient care for military service members and their families. Inpatient adult, adolescent stabilization, safety and adult partial hospitalization. Inpatient Trauma Treatment Program, Women's Military Support Program. Active duty military, veterans diagnosed with PTSD, Acute Stress Disorder and/or other co-occurring conditions.
<b>Business Line:</b>	(805) 653-6434
<b>Toll Free:</b>	(800) 776-0040
<b>Military Liaison:</b>	805-653-6434 x209 Monday through Friday, 0900-1700 hours
<b>Address:</b>	801 Seneca Street, Ventura, CA 93001
<b>Website:</b>	<a href="http://www.vistadelmarhospital.com">http://www.vistadelmarhospital.com</a>
<b>After-hour admissions:</b>	805-889-4459

**Program: Detox and Dual Diagnosis Program**

<b>Military Liaison:</b>	805-653-6434 x209
<b>Description:</b>	Stabilization treatment for service members struggling with mental health issues compounded by chemical dependency. Medically supervised detoxification, group therapy focused on psychoeducation, relapse prevention, and a 12-step program.
<b>Eligibility:</b>	Veterans, military service members and their families.
<b>After-hour admissions:</b>	805-889-4459
<b>Toll Free:</b>	877-518-1110
<b>Website:</b>	<a href="http://www.vistadelmarhospital.com/Military%20Support">http://www.vistadelmarhospital.com/Military%20Support</a>
<b>Fees:</b>	Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.
<b>Application Process:</b>	Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

**Documents required:**

Please contact Assessment and Referral Department at 805-653-6434 for more information.

**Hours Of Operation:**

Hospital is open 24 hours a day, 7 days a week.

**Program: Military Mental Health Care for Dependents**

**Military Liaison:**

805-653-6434 x209

**Description:**

VDMH offers support to military families (spouses and dependents) with short, intensive inpatient hospitalization, detox/dual diagnosis and partial hospitalization programs to military spouses and adult dependents.

**After-hour admissions:**

805-889-4459

**Toll Free:**

877-518-1110

**Website:**

<http://www.vistadelmarhospital.com/Military%20Support>

**Hours Of Operation:**

Hospital is open 24 hours a day, 7 days a week.

**Program: Partial Hospitalization Program**

**Military Liaison:**

805-653-6434 x209

**Description:**

For service members that are in need of short-term outpatient treatment or those that are stepping down from inpatient care, Partial Hospitalization Program offers day treatment at Ventura hospital for psychiatric conditions or dual-diagnosis issues.

**Eligibility:**

For service members that are in need of short-term outpatient treatment or those that are stepping down from inpatient care

**After-hour admissions:**

805-889-4459

**Toll Free:**

877-518-1110

**Website:**

<http://www.vistadelmarhospital.com/Military%20Support>

**Fees:**

Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.

**Payment Option(s):**

Fees vary; Call for fee information

**Application Process:**

Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

**Documents required:**

Please contact Assessment and Referral Department at 805-653-6434 for more information.

**Hours Of Operation:**

Offered weekdays from 9:00 am – 3:00 pm.

**Program: Trauma Treatment Program for Veterans with PTSD**

**Military Liaison:**

805-653-6434 x209

**Description:**

30-day inpatient mental health program that follows an evidence-based curriculum for treating PTSD, Acute Stress Disorder and Combat Operational Stress, as well as co-occurring substance abuse disorders and mood disorders for the Management of PTSD.

**Eligibility:**

Active duty military and veterans diagnosed with PTSD, Acute Stress Disorder and/or other co-occurring conditions.

**After-hour admissions:**

805-889-4459

**Toll Free:**

877-518-1110

**Website:**

<http://www.vistadelmarhospital.com/Military%20Support>

**Fees:**

Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.

**Payment Option(s):**

Fees vary; Call for fee information

**Application Process:**

Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.

**Documents required:**

Please contact Assessment and Referral Department at 805-653-6434 for more information.

**Hours Of Operation:**

Hospital is open 24 hours a day, 7 days a week.

**Program: Women's Military Mental Health Program**

**Military Liaison:**

805-653-6434 x209

**Description:**

Gender-sensitive inpatient program focuses on the treatment of female service members suffering from traumatic stress reactions related to combat exposure, Military Sexual Trauma (MST), sexual assault, childhood abuse (physical or sexual) or domestic violence.

**Eligibility:**

Female service members.

<b>After-hour admissions:</b>	805-889-4459
<b>Toll Free:</b>	877-518-1110
<b>Website:</b>	<a href="http://www.vistadelmarhospital.com/Military%20Support">http://www.vistadelmarhospital.com/Military%20Support</a>
<b>Fees:</b>	Vista del Mar Hospital accepts most insurance. If a patient presents with an insurance that is out of network, will try to work with that insurance company to approve the hospital stay.
<b>Payment Option(s):</b>	Fees vary
<b>Application Process:</b>	Please contact Assessment and Referral Department at 805-653-6434 for free and confidential assessment.
<b>Documents required:</b>	Please contact Assessment and Referral Department at 805-653-6434 for more information.
<b>Hours Of Operation:</b>	Hospital is open 24 hours a day, 7 days a week.

### **Agency: Wallace Home Medical Supplies**

<b>Description:</b>	Full retail store carrying Lift Chairs, Oxygen Therapy, Manual and Power Wheelchairs, Scooters, Aids To Daily Living (ADL), Bath Safety, Canes, Cervical Pillows and Bed Supplies, Compression Stockings, Hospital Beds, Nebulizers, Podiatry Products, Orthopedic Braces and Splints, TENS Units, Wound Care, Walkers (Standard, 3 Wheel, and 4 Wheel). Deliver.
<b>Business Line:</b>	805-238-3935
<b>Address:</b>	549 10th St, Paso Robles, CA 93446
<b>Website:</b>	<a href="http://www.wallacehms.com">www.wallacehms.com</a>
<b>Main Email:</b>	<a href="mailto:trago@wallacehms.com">trago@wallacehms.com</a>

### **Program: Wallace Home Medical Supplies**

<b>Paso Robles:</b>	805-238-3935
<b>Description:</b>	Full retail store carrying Lift Chairs, Oxygen Therapy, Manual and Power Wheelchairs, Scooters, Aids To Daily Living (ADL), Bath Safety, Canes, Cervical Pillows and Bed Supplies, Compression Stockings, Hospital Beds, Nebulizers, Podiatry Products, Orthopedic Braces and Splints, TENS Units, Wound Care, Walkers (Standard, 3 Wheel, 4 Wheel)
<b>San Luis Obispo:</b>	805-543-5966

**Main Email:** trago@wallacehms.com

**Website:** wallacehms.com

### **Agency: Waypoint**

**Description:** Waypoint Coaching and Consulting partners with individuals and organizations to facilitate the change process toward the desired future. Services for returning veterans, readjustment coaching, career coaching, and vet garden.

**Business Line:** 805-464-7692

**Website:** <http://www.waypointcoach.com>

**Main Email:** deb@waypointcoach.com

### **Program: Readjustment and Career Coaching**

**Description:** Offers recently returning veterans, transition coaching into civilian life. Move forward in sorting out a new direction in life, work or school. Educate employers about returning veterans' strengths, needs.

**Eligibility:** Returning veteran.

**Main Email:** deb@waypointcoach.com

**Website:** <http://www.waypointcoach.com>

**Fees:** No fees.

**Application Process:** Call Vet Phone: 805.464.7692 for more information.

**Hours Of Operation:** Hours by appointment.

### **Program: Vet Garden**

**Andrew Rodriguez,  
Vet Center:** 805-782-9101

**Description:** Garden beds dedicated specifically to returning veterans at SLO Creek Farms apple orchard/organic garden.

**Eligibility:** Returning veterans.

**Website:** <http://www.waypointcoach.com/vet-garden/>

<b>Fees:</b>	No Fees.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	Contact Andrew Rodriguez, Vet Center, 805-782-9101 to get more information.
<b>Hours Of Operation:</b>	SLO Creek Farms Organic Community Garden Open Seven days a week from 11:00am to 5:00pm, April through December.

### **Agency: Wilshire Community Services**

<b>Description:</b>	Wilshire Community Services non-profit division of Wilshire Health & Community Services. Supports individuals and families facing difficult circumstances and life transitions. Provide positive life changes for healing, connection, resolution and renewal. Programs and services, clients experience new connections, trusted listening, and conflict resolution forum.
<b>Business Line:</b>	805-547-7025
<b>Address:</b>	285 South Street, Suite J, San Luis Obispo, CA 93401
<b>Website:</b>	www.wilshirehcs.org
<b>Main Email:</b>	wcsinfo@wilshirehcs.org

### **Program: Senior Peer Counseling**

<b>Description:</b>	Provides free, in-home counseling to seniors age 60 and older.
<b>Eligibility:</b>	Restricted to persons 60 years and older.
<b>Main Email:</b>	seniorpeer@wilshirehcs.org
<b>Website:</b>	www.seniorpeercounseling.org
<b>Fees:</b>	No Fee.
<b>Payment Option(s):</b>	No fee
<b>Application Process:</b>	In-home intake, call for appointment.
<b>Documents required:</b>	None.
<b>Hours Of Operation:</b>	Mon-Fri, 8 am - 5 pm.

### **Agency: Wilshire Home Health**

**Description:** Provides skilled care to patients in all areas of the county on a part-time, intermittent basis. Patient care is provided by licensed professionals. Hospital, home evaluations. Subset of Wilshire Health and Community Services.

**Business Line:** 805-782-8600

**Paso Robles Office:** 805-238-0538

**Address:** 277 South Street, Ste W, San Luis Obispo, CA 93401

**Website:** www.wilshirehomehealthcc.org

**Santa Maria Office:** 805-925-8694

**Main Email:** whhinfo@wilshirehcs.org

**Program: Wilshire Home Health Program**

**Paso Robles Office:** 805-238-0538

**Description:** Provides skilled care to patients on a part-time, intermittent basis. Hospital and home evaluations.

**Eligibility:** Patients must be under a physician's care and require a skilled service.

**Santa Maria Office:** 805-925-8694

**Main Email:** whhinfo@wilshirehcs.org

**Website:** www.wilshirehomehealthcc.org

**Fees:** Services are covered by Medicare, Medi-Cal, private insurance, private funds or charity if the appropriate criteria are met.

**Payment Option(s):** Accepts Medi-Cal; Accepts Medicare; Accepts most insurance

**Application Process:** Doctor's Referral.

**Documents required:** None.

**Hours Of Operation:** Mon-Fri, 8 am - 5 pm.  
 On call 24/7.

**Agency: Wilshire Hospice**

**Description:** Hospice provides support and care in the last phases of incurable disease and illness so that people may live as fully and as comfortable as possible.

**Business Line:** 805-782-8608

**Address:** 277 South Street, Suite R, San Luis Obispo, CA 93401  
**Website:** www.wilshirehospicecc.org  
**Main Email:** whocinfo@wilshirehcs.org

**Program: Hospice Care**

**Description:** Hospice care, family-centered and team of licensed professionals and trained volunteers. Focus on the dying patient's needs. Keeping the patient in the environment of choice, as pain and symptom-free and lucid as desired, loved ones nearby.

**Eligibility:** Terminally ill and given 6 months or less to live.

**Main Email:** whocinfo@wilshirehcs.org

**Website:** www.wilshirefoundation.org

**Fees:** Medicare or Medical accepted, call for more info.

**Payment Option(s):** Call for fee information

**Application Process:** Referral from doctor or call Wilshire to request doctor's referral, a nurse will perform an in-home assessment.

**Documents required:** Signed consent form.

**Hours Of Operation:** Office Hours: Mon-Fri, 8am-5pm.  
Services are available 24 hours a day, 365 days a year.

**Agency: Women's Shelter Program of San Luis Obispo County**

**Description:** The Women's Shelter Program of SLO County (WSP) is committed to alleviating domestic violence and abuse. WSP programs: emergency shelter, counseling, case management, child abuse treatment and legal services. Serves both women AND men.

**Business Line:** 805-781-6401

**Hotline:** 805-781-6400

**Counseling Services:** (805) 473-6507

**Address:** 51 Zaca Lane, Suite 150, San Luis Obispo, CA 93401

**Website:** www.wsp slo.org

**Main Email:** info@wsp slo.org

**Program: WSP Center for Alternatives to Domestic Violence (CADV)**

<b>Description:</b>	Offers individual counseling for family members affected by intimate partner violence and child abuse: women, children, teens, and men. Individual counseling sessions are available during daytime, evening and weekend hours.
<b>Eligibility:</b>	Men, women, and children, including Victims of Crime (VOC).  Individuals seeking counseling do not need to be residents at our Safe house/shelter.
<b>Main Email:</b>	info@wspsoo.org
<b>Hotline:</b>	805-781-6400
<b>Website:</b>	www.womensshelterslo.org
<b>Fees:</b>	Sliding-scale fee, based on ability to pay.
<b>Payment Option(s):</b>	Fees vary
<b>Application Process:</b>	Call 805-473-6507 to schedule an assessment.
<b>Hours Of Operation:</b>	Main office: Mon-Fri 9am-5pm.  After Hours crisis intervention available by dialing 781-6400.

**Program: WSP Emergency Shelter**

<b>Description:</b>	Safe House is a confidential shelter that provides safety, support and referrals to victims of intimate partner violence and their children. The program consists of safe shelter, legal assistance, advocacy, and counseling services.
<b>Eligibility:</b>	Victim of intimate partner violence (IPV)
<b>Main Email:</b>	info@wspsoo.org
<b>Hotline:</b>	805-781-6400
<b>Website:</b>	http://www.womensshelterslo.org
<b>Fees:</b>	Free.
<b>Payment Option(s):</b>	No fee
<b>Documents required:</b>	For parents with children, custody paperwork may be requested.

**Hours Of Operation:**

No office hours. Call Agency for assistance.

**Agency: YMCA**

**Description:** The YMCA is a local non-profit organization offering fun, healthy and educational programs for children, families and adults throughout San Luis Obispo County. Volunteers, business leaders, program participants and other community neighbors guide the Y in its service to our community. Focused on building strong kids, strong families and strong communities, YMCA programs appeal to all ages, from the young to the young at heart, and are available regardless of race, creed, nationality or disability.

**Main YMCA Office in SLO:** 805-543-8235

**Address:** SLO County YMCA, 1020 Southwood Dr, San Luis Obispo, CA 93401

**Website:** [www.sloymca.org](http://www.sloymca.org)

**Main Email:** [info@sloymca.org](mailto:info@sloymca.org)

**Program: YMCA of San Luis Obispo County**

**Main YMCA Office in SLO:** 805-543-8235

**Description:** Offers a variety of healthy and educational programs for children, families and adults throughout San Luis Obispo County.

**Eligibility:** No information has been provided by Agency.

**Application Process:** Call the main office at 805-543-8235 for information on the many programs offered for all ages around the county.

**Documents required:** No information has been provided by Agency.

**Hours Of Operation:** Call for information.

## **DIRECTORY OF PROGRAMS BY NAME**

(Agencies are alphabetical by name in the preceding list)

### **PROGRAM NAME**

### **AGENCY NAME**

Intensive Outpatient Program	Balance Treatment Center
ACI Medical	ACI Medical
ActiveLink Lifeline Central Coast	ActiveLink Lifestyles Inc. (Central Coast)
Adaptive Driving Systems	Adaptive Driving Systems
Adult Inclusion	United Cerebral Palsy of San Luis Obispo County
Adult Wellness and Prevention Screening	Community Action Partnership of San Luis Obispo County (CAPSLO)
American Heart Association Central Coast	American Heart Association Central Coast
American Red Cross - San Luis Obispo County Chapter	American Red Cross - San Luis Obispo Chapter
Arroyo Grande Community Hospital	Arroyo Grande Community Hospital
Arthritis Resources	Arthritis Foundation Central Coast
Behavioral Health Services	Health Agency, County Of San Luis Obispo
Cal Poly Campus Health & Wellbeing	Cal Poly State University
Cal Poly Counseling Services	Cal Poly State University
California AgrAbility Program	UC Davis
California West Nile Virus Website	California West Nile Virus Website
Camp San Luis Obispo	Camp San Luis Obispo
Central Coast Assistive Technology Center	United Cerebral Palsy of San Luis Obispo County
Child Care Resource Connection	Community Action Partnership of San Luis Obispo County (CAPSLO)
Child Support Services Department	San Luis Obispo County of Child Support Services Department
Choice Program	VA Outpatient Clinic
Coast Caregiver Resource Center	Coast Caregiver Resource Center
Coast Healthy Start	Coast Healthy Start



HIV Care Consortium of San Luis Obispo County	VFW National Home for Children
Home Health	HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County
Homeless Services	Visiting Nurse & Hospice Care
Hospice Care	5Cities Homeless Coalition
Hospice Services	Wilshire Hospice
Immigration & Citizenship Services	Visiting Nurse & Hospice Care
Independent Living Resource Center	Catholic Charities
Kidney Foundation Support Group	Independent Living Resource Center
Latino Outreach Program	Central Coast Kidney Foundation
Learn to Surf Clinics	Latino Outreach Program
Liberty Tattoo Removal Program	AmpSurf - Association of Amputee Surfers
Lifeline Crisis Pregnancy Center	Community Action Partnership of San Luis Obispo County (CAPSLO)
Lifestyles Recovery Center	Lifeline Crisis Pregnancy Center
Lin Care	Lifestyles Recovery Center, Inc.
Little Swimmers/Water Warriors	Lin Care
Living Positive	Jack's Helping Hand, Inc.
Lupus International	Access Support Network
Med World	Lupus International
Medical Equipment Loan	Med World, Inc.
Medically Indigent Services Program (MISP)	People Helping People
Mental Health Advocacy and Education	Department of Social Services (DSS)
Mentor Program	Transitions-Mental Health Association
Military Mental Health Care for Dependents	Central Coast Veteran's Helping Veterans
Military Parents on the Central Coast Support Group	Vista del Mar Hospital (VDMH)
Mobile Solutions	Military Parents & Friends on the Central Coast
National Domestic Violence Hotline	Braille Institute
New Life K9s	California Partnership to End Domestic Violence
	New Life K9's

North County Abolitionists

North County Abolitionists

Operation Surf/Operation Surf 4 Veterans

Amazing Surf Adventures

Options Family of Services

Options Family of Services

Orcutt Residential Services

Options Family of Services

Partial Hospitalization Program

Vista del Mar Hospital (VDMH)

Partners in Equestrian Therapy

Partners in Equestrian Therapy

Paso Express

Regional Transit Authority (RTA)

Peers Understanding Listening Supporting Educating

Cal Poly State University

Planned Parenthood

Planned Parenthood of Santa Barbara, Ventura & San Luis Obispo Counties, Inc.

Prevention & Education

Public Health Services

Public Health

Public Health Services

Public Health Services

Health Agency, County Of San Luis Obispo

Readjustment and Career Coaching

Waypoint

Regional Transit Authority (RTA)

Regional Transit Authority (RTA)

Resilient Warrior Program

Transcendental Meditation San Luis Obispo County

Ride-On Transit Management Association (TMA)

Ride-On Transportation

RISE

RISE

RV's for Veterans

Paso Cares

Saint Vincent De Paul Society

Saint Vincent De Paul Society

San Luis Obispo Counseling Service at Cal Poly

Cal Poly State University

SART (Suspected Abuse Response Team)

SART (Suspected Abuse Response Team)

Senior Home Care Services

Visiting Angels Living Assistance Services

Senior Peer Counseling

Wilshire Community Services

Shelter Program

RISE

Sierra Vista Regional Medical Center

Sierra Vista Regional Medical Center

SLO Hep C Project

SLO Hep C Project

SLO Hotline

Transitions-Mental Health Association

SLO Noor Clinic

Noor Foundation

State Child Development Programs

Community Action Partnership of San Luis Obispo  
 County (CAPSLO)

Supportive Services for Veteran Families (SSVF)

Community Action Partnership of San Luis Obispo  
 County (CAPSLO)

Teen Academic Parenting Program (TAPP)

Community Action Partnership of San Luis Obispo  
 County (CAPSLO)

The Center for Health & Prevention Clinics

Community Action Partnership of San Luis Obispo  
 County (CAPSLO)

Therapy Services for Children

Elks Lodge

TMHA Wellness Centers

Transitions-Mental Health Association

Tolosa Children's Dental Center

Partnership for the Children of San Luis Obispo County

Trauma Treatment Program for Veterans with PTSD

Vista del Mar Hospital (VDMH)

Twin Cities Community Hospital

Twin Cities Community Hospital

University of California Cooperative Extension

University of California Cooperative Extension

VA Fresno Medical Center

VA Central California Health Care System

VA Los Angeles Ambulatory Care Center

VA Greater Los Angeles Healthcare System

VA Outpatient Clinic

Veterans Services Office

VA Outpatient Clinic - SLO

VA Outpatient Clinic

VA Sepulveda Ambulatory Care Center

VA Greater Los Angeles Healthcare System

Vanderberg Air Force Base

Vanderberg Air Force Base

Vet Center

Vet Center

Vet Center Call Center

Vet Center

Vet Falconry

Veterans Falconry Initiative

Vet Garden

Waypoint

Veteran Crisis Line

Veterans Services Office

Veterans Assistance Program

San Luis Legal Assistance Foundation

Veteran's Express

Ride-On Transportation

Veterans Outreach

Behavioral Health Services

Veterans Services Office

Veterans Services Office

Vietnam Vet Family Support

Vietnam Vet Family Support

Vision Testing Program

Vision Testing Program

Wallace Home Medical Supplies

Wallace Home Medical Supplies

West Los Angeles Medical Center

VA Greater Los Angeles Healthcare System

Wilshire Home Health Program

Wilshire Home Health

Women, Infants and Children Program (WIC)

Public Health Services

Women's Military Mental Health Program

Vista del Mar Hospital (VDMH)

WSP Center for Alternatives to Domestic Violence  
 (CADV)

Women's Shelter Program of San Luis Obispo County

WSP Child Abuse Treatment Program (CHAT)

Women's Shelter Program of San Luis Obispo County

WSP Emergency Shelter

Women's Shelter Program of San Luis Obispo County

YMCA of San Luis Obispo County

YMCA

Soul of the Wounded Healer

**DIRECTORY OF SERVICES**

(Agencies are alphabetical by name in the preceding list.)

5Cities Homeless Coalition - PROGRAM: Homeless Services

Access Support Network - PROGRAM: Living Positive

Achievement House, Inc. - PROGRAM: Community Living Services

ACI Medical - PROGRAM: ACI Medical

ActiveLink Lifestyles Inc. (Central Coast) - PROGRAM: ActiveLink Lifeline Central Coast

Adaptive Driving Systems - PROGRAM: Adaptive Driving Systems

Amazing Surf Adventures - PROGRAM: Operation Surf/Operation Surf 4 Veterans

American Heart Association Central Coast - PROGRAM: American Heart Association Central Coast

American Red Cross - San Luis Obispo Chapter - PROGRAM: American Red Cross - San Luis Obispo County Chapter

AmpSurf - Association of Amputee Surfers - PROGRAM: Learn to Surf Clinics

Arroyo Grande Community Hospital - PROGRAM: Arroyo Grande Community Hospital

Arroyo Grande Community Hospital - PROGRAM: Community Education

Arthritis Foundation Central Coast - PROGRAM: Arthritis Resources

Balance Treatment Center - PROGRAM: Intensive Outpatient Program

Behavioral Health Services - PROGRAM: Veterans Outreach

Braille Institute - PROGRAM: Mobile Solutions

Cal Poly State University - PROGRAM: Cal Poly Campus Health & Wellbeing

Cal Poly State University - PROGRAM: Cal Poly Counseling Services

Cal Poly State University - PROGRAM: Peers Understanding Listening Supporting Educating

Cal Poly State University - PROGRAM: San Luis Obispo Counseling Service at Cal Poly

California Partnership to End Domestic Violence - PROGRAM: National Domestic Violence Hotline

California West Nile Virus Website - PROGRAM: California West Nile Virus Website

Camp San Luis Obispo - PROGRAM: Camp San Luis Obispo

Cancer Support Community California Central Coast - PROGRAM: Doctor is In

Cancer Support Community California Central Coast - PROGRAM: Educational Seminars

Catholic Charities - PROGRAM: Family Supportive Services

Catholic Charities - PROGRAM: Immigration & Citizenship Services

Central Coast Kidney Foundation - PROGRAM: Kidney Foundation Support Group

Central Coast Veteran's Helping Veterans - PROGRAM: Mentor Program

Coast Caregiver Resource Center - PROGRAM: Coast Caregiver Resource Center

Coast Healthy Start - PROGRAM: Coast Healthy Start

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Adult Wellness and Prevention Screening

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Child Care Resource Connection

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Generation Next Teen Resource Center

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Liberty Tattoo Removal Program

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: State Child Development Programs

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Supportive Services for Veteran Families (SSVF)

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: Teen Academic Parenting Program (TAPP)

Community Action Partnership of San Luis Obispo County (CAPSLO) - PROGRAM: The Center for Health & Prevention Clinics

Community Counseling Center (CCC) of San Luis Obispo County, Inc. - PROGRAM: Community Counseling Center

Community Health Centers of the Central Coast (CHC) - PROGRAM: Community Health Centers of the Central Coast

Dental Society, Central Coast - PROGRAM: Dental Society - Central Coast

Department of Rehabilitation - PROGRAM: Department of Rehabilitation

Department of Social Services (DSS) - PROGRAM: Medically Indigent Services Program (MISP)

Easter Seals Southern California - PROGRAM: Easter Seals Southern California

Elks Lodge - PROGRAM: Therapy Services for Children

Escuela Del Rio - PROGRAM: Escuela Del Rio

First Presbyterian Church - PROGRAM: Green Pastures

French Hospital Medical Center - PROGRAM: Community CPR Course

French Hospital Medical Center - PROGRAM: Dignity Health Wellness Programs

French Hospital Medical Center - PROGRAM: French Hospital Medical Center

Friday Night Live - PROGRAM: Friday Night Live

Friends Outside Visiting Center - PROGRAM: Friends Outside Visiting Center

Healing Through Reckoning and Responsibility (HTRR) - PROGRAM: Healing Through Reckoning and Responsibility

Health Agency, County Of San Luis Obispo - PROGRAM: Behavioral Health Services

Health Agency, County Of San Luis Obispo - PROGRAM: Public Health Services

Hearst Cancer Resource Center - PROGRAM: Hearst Cancer Resource Center

HIV Prevention, Advocacy and Care Consortium of San Luis Obispo County - PROGRAM: HIV Care Consortium of San Luis Obispo County

Independent Living Resource Center - PROGRAM: Independent Living Resource Center

Jack's Helping Hand, Inc. - PROGRAM: Little Swimmers/Water Warriors

Latino Outreach Program - PROGRAM: Latino Outreach Program

Lifeline Crisis Pregnancy Center - PROGRAM: Lifeline Crisis Pregnancy Center

Lifestyles Recovery Center, Inc. - PROGRAM: Lifestyles Recovery Center

Lin Care - PROGRAM: Lin Care

Lupus International - PROGRAM: Lupus International

Marian Regional Medical Center - PROGRAM: Dignity Health Home Health Services

Med World, Inc. - PROGRAM: Med World

Military Parents & Friends on the Central Coast - PROGRAM: Military Parents on the Central Coast Support Group

NCI Affiliates, Inc. - PROGRAM: Community Living Services

New Life K9's - PROGRAM: New Life K9s

Noor Foundation - PROGRAM: SLO Noor Clinic

North County Abolitionists - PROGRAM: North County Abolitionists

Options Family of Services - PROGRAM: Options Family of Services

Options Family of Services - PROGRAM: Orcutt Residential Services

Partners in Equestrian Therapy - PROGRAM: Partners in Equestrian Therapy

Partnership for the Children of San Luis Obispo County - PROGRAM: Tolosa Children's Dental Center

Paso Cares - PROGRAM: RV's for Veterans

People Helping People - PROGRAM: Medical Equipment Loan

Planned Parenthood of Santa Barbara, Ventura & San Luis Obispo Counties, Inc. - PROGRAM: Planned Parenthood

Public Health Services - PROGRAM: Prevention & Education

Public Health Services - PROGRAM: Public Health

Public Health Services - PROGRAM: Women, Infants and Children Program (WIC)

Regional Transit Authority (RTA) - PROGRAM: Dial-A-Ride Services

Regional Transit Authority (RTA) - PROGRAM: Paso Express

Regional Transit Authority (RTA) - PROGRAM: Regional Transit Authority (RTA)

Ride-On Transportation - PROGRAM: Ride-On Transit Management Association (TMA)

Ride-On Transportation - PROGRAM: Veteran's Express

RISE - PROGRAM: Counseling Program

RISE - PROGRAM: RISE

RISE - PROGRAM: Shelter Program

Saint Vincent De Paul Society - PROGRAM: Saint Vincent De Paul Society

San Luis Legal Assistance Foundation - PROGRAM: Veterans Assistance Program

San Luis Obispo County of Child Support Services Department - PROGRAM: Child Support Services Department

SART (Suspected Abuse Response Team) - PROGRAM: SART (Suspected Abuse Response Team)

Services Affirming Family Empowerment (SAFE) South County - PROGRAM: Family Resource Center

Sierra Vista Regional Medical Center - PROGRAM: Sierra Vista Regional Medical Center

SLO Hep C Project - PROGRAM: SLO Hep C Project

Transcendental Meditation San Luis Obispo County - PROGRAM: Resilient Warrior Program

Transitions-Mental Health Association - PROGRAM: Family Services - Youth Family Partners

Transitions-Mental Health Association - PROGRAM: Mental Health Advocacy and Education

Transitions-Mental Health Association - PROGRAM: SLO Hotline

Transitions-Mental Health Association - PROGRAM: TMHA Wellness Centers

Twin Cities Community Hospital - PROGRAM: Twin Cities Community Hospital

UC Davis - PROGRAM: California AgrAbility Program

United Cerebral Palsy of San Luis Obispo County - PROGRAM: Adult Inclusion

United Cerebral Palsy of San Luis Obispo County - PROGRAM: Central Coast Assistive Technology Center

University of California Cooperative Extension - PROGRAM: University of California Cooperative Extension

VA Central California Health Care System - PROGRAM: VA Fresno Medical Center

VA Greater Los Angeles Healthcare System - PROGRAM: VA Los Angeles Ambulatory Care Center

VA Greater Los Angeles Healthcare System - PROGRAM: VA Sepulveda Ambulatory Care Center

VA Greater Los Angeles Healthcare System - PROGRAM: West Los Angeles Medical Center

VA Outpatient Clinic - PROGRAM: Choice Program

VA Outpatient Clinic - PROGRAM: VA Outpatient Clinic - SLO

Vanderberg Air Force Base - PROGRAM: Vanderberg Air Force Base

Vet Center - PROGRAM: Vet Center

Vet Center - PROGRAM: Vet Center Call Center

Veterans Falconry Initiative - PROGRAM: Vet Falconry

Veterans Services Office - PROGRAM: VA Outpatient Clinic

Veterans Services Office - PROGRAM: Veteran Crisis Line

Veterans Services Office - PROGRAM: Veterans Services Office

VFW National Home for Children - PROGRAM: Helpline

Vietnam Vet Family Support - PROGRAM: Vietnam Vet Family Support

Vision Testing Program - PROGRAM: Vision Testing Program

Visiting Angels Living Assistance Services - PROGRAM: Senior Home Care Services

Visiting Nurse & Hospice Care - PROGRAM: Home Health

Visiting Nurse & Hospice Care - PROGRAM: Hospice Services

Vista del Mar Hospital (VDMH) - PROGRAM: Detox and Dual Diagnosis Program

Vista del Mar Hospital (VDMH) - PROGRAM: Military Mental Health Care for Dependents

Vista del Mar Hospital (VDMH) - PROGRAM: Partial Hospitalization Program

Vista del Mar Hospital (VDMH) - PROGRAM: Trauma Treatment Program for Veterans with PTSD

Vista del Mar Hospital (VDMH) - PROGRAM: Women's Military Mental Health Program

Wallace Home Medical Supplies - PROGRAM: Wallace Home Medical Supplies

Waypoint - PROGRAM: Readjustment and Career Coaching

Waypoint - PROGRAM: Vet Garden

Wilshire Community Services - PROGRAM: Senior Peer Counseling

Wilshire Home Health - PROGRAM: Wilshire Home Health Program

Wilshire Hospice - PROGRAM: Hospice Care

Women's Shelter Program of San Luis Obispo County - PROGRAM: WSP Center for Alternatives to Domestic Violence (CADV)

Women's Shelter Program of San Luis Obispo County - PROGRAM: WSP Child Abuse Treatment Program (CHAT)

Women's Shelter Program of San Luis Obispo County - PROGRAM: WSP Emergency Shelter

YMCA - PROGRAM: YMCA of San Luis Obispo County